



GET INVOLVED

Community Education

Provide education/awareness regarding abuse, healthy relationships and our services. Presentations are adapted for all ages and group types. If your group/organization would like more information, please call.

Volunteering

Available for individuals and groups. We are always looking for interpreters. We have 3 volunteer trainings every year and encourage community members to attend.

Donating

New or "like new" and seasonal are welcome to be dropped off at our Outreach Centers. General hours are: 9am -4pm, Mon-Fri. Monetary donations are always appreciated and can be sent to: P.O. Box 2031, La Crosse, WI 54602

Fundraising

Events are held throughout the year to raise money to support programming. We welcome individuals and groups who wish to fundraise on our behalf or hold drives for needed items.



www.nhagainstabuse.org

La Crosse

Office: 608-791-2610

24/7 Crisis Line: 608-791-2600 | 1-888-231-0066

P.O. Box 2031 | 1223 Main St.
La Crosse, WI 54602

Whitehall

Office: 715-538-2810

24/7 Crisis Line: 1-800-706-8586

P.O. Box 518 | 18544 Scranton St.
Whitehall, WI 54773

All Locations are Accessible & TTY Available
Interpreters Available Upon Request
ALL Services are FREE and Confidential



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Get Support



new
horizons
SHELTER & OUTREACH CENTERS

advocating against domestic & sexual abuse

ADVOCACY

Our Goal of Advocacy is to assist survivors through the healing process by:

- Providing an empowering atmosphere where they can share their experiences and know they are not alone
- Supporting them in making their own choices that will be beneficial to their healing process
- Advocate for survivor's choices to be heard and implemented
- Providing materials and information to survivors so they can make informed choices concerning medical needs, legal issues, safety and their healing process
- Working to break the cycle of domestic and sexual abuse by educating the community as we strive to promote great social change
- Providing a safe and confidential place for those who have been sexually, physically, psychologically and/or emotionally abused

Our Average Yearly Impact

- 1,800 Persons Supported.
- 250 Person in Shelter for 6,800 Nights.
- 145 Persons Supported from Trempealeau County.
- 8,000 Volunteer Hours.
- 3,120 Crisis Calls in both La Crosse & Trempealeau Counties.

GET SUPPORT

Shelter

Temporary housing for adults and youth who are in need of safety. Located in La Crosse, WI.

24 Hour Crisis Line

A caring ear, information, referrals, advocacy and emergency assistance during a crisis or to talk with someone. We also contact survivors of domestic and sexual abuse when referred by law enforcement and when the abuser is released from jail.

Outreach Centers

In La Crosse and Whitehall, separate from the shelter in La Crosse. Both centers provide advocacy services, along with limited clothing, food and household items available in crisis. Walk-ins are welcome.

General hours: 9am-4pm, Mon-Fri.

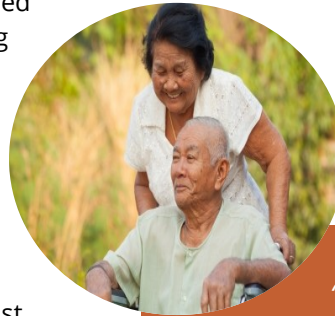
Advocacy

Individual advocacy to assist survivors in making their self-determined choices and finding their own solutions. We provide assistance and referrals to community resources.

Advocates can assist while navigating through social service systems, i.e. legal, medical, and health and human services, etc.

Counseling

Provide therapy for survivors while healing from the trauma of abuse.



Legal Advocacy

We are not attorneys and cannot give advice. We can provide you with information and referrals on: orders of protection, divorce process, custody, criminal court and immigration. We can prepare you for what to expect in court and if available, attend court with you.



Youth & Family Advocacy

Advocacy for youth, non-offending parents, and families. A safe space for children and youth to talk about their experiences and explore options and solutions through their healing process. We coordinate with schools and other community resources that address youth's needs.

Support Groups

Several groups held weekly for adults and/or youth in La Crosse and Trempealeau Counties.

"This place makes you realize you are stronger than you thought."

"I felt very safe, and respected, as well as valued as a person and an individual."

"The staff here...honestly care about every woman/person who arrives at shelter and try very hard to help you find out what you truly want and need to move forward and to heal from all types of abuse."

"I am so thankful I wish I could express it in more ways. I don't think I'd be here today if I did not seek this support."