



Emerson Edition

March 27, 2024

Visit our website at www.lacrosseschools.org/emerson

EMERSON ELEMENTARY
2101 Campbell Road

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Telephone (608) 789-7990

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News from the Principal

Hello Emerson Friends and Family,

I hope all are doing well as we transition into the spring season. Things begin to happen very fast as we approach June. Our 3rd, 4th, & 5th graders have begun state Forward testing, which continues through the end of April. The intruder drill (information coming via email) will happen Friday, April 5. Our severe weather drill will happen later in April.

Emerson has some fun activities coming up next month. Our annual Art Show and PTO Chicken Que will take place April 11th. On Tuesday, April 16th we will host a family/community night at the Myrick Park main shelter. Dinner will be served to families and students/families that register will receive a variety of books to promote literacy through the summer. Storyteller Michael Scott will be there to entertain the masses.

Enjoy spring break and rest up for the home stretch. Stay well.

Eric Check, Principal

Reminder

Spring Break
Thur. March 28 thru Tues,
April 2nd

**Walking School Bus
Resumes**
Weds. April 10th

Art Show/Chicken Que
Thurs. April 11th

Family Literacy Night
Tues. April 16th
5-6:30

PTO Meeting
Tues. April 16th
(After Family Literacy Night)

No School
Fri. April 19th

**Don't miss
SPORTS
opportunities!**



VIRTUAL BACK PACK

This is where you can find out about different events, programs, and opportunities for your child(ren) in the community.

<https://www.lacrosseschools.org/parents/virtual-backpack/>



Click [here](#) to access Emerson's breakfast & lunch menus, meal prices, & nutritional information.

Food Pantry at Emerson

The Emerson Food Pantry is available for families in need.

If you would like to receive a bag or donate to the food pantry, please contact

Michelle Torgerson
Emerson School Counselor
mtorgers@lacrossesd.org



Emerson Parent Teacher Organization

Questions? lacrosseemersoneagles@gmail.com

PTO goals:

- To support the education of children at Emerson Elementary
- Foster relationships
- Raise and distribute funds for initiatives that enhance student learning and safety

What PTO does:

- Raise and allocate funds for student and staff needs
- Meet once/month to discuss current issues and initiatives

Join Us!

Sign up for emails

Facebook Group

Upcoming Meetings:

Tuesday, April 16th
(after Family Literacy Night)

Tuesday, May 21st

Thank you, Emerson community for funding:

- Busing for field trips
- Annual teacher reimbursements
- Mini grants to support student learning
- Teacher and staff appreciation gifts
- Meals for teachers during conferences
- End of the year celebrations

- Scan codes and raise funds today:
https://youtu.be/ZfUGb_3JzZg



Be Respectful

Be Responsible

Be Safe

Emerson Elementary Walking Wednesdays

The Emerson PTO is happy to announce the start of our 23-24 Walking School Bus. All Emerson students (K-5) are welcome to join us as we safely and actively make our way to school. And yes, there will be trinkets and prizes!

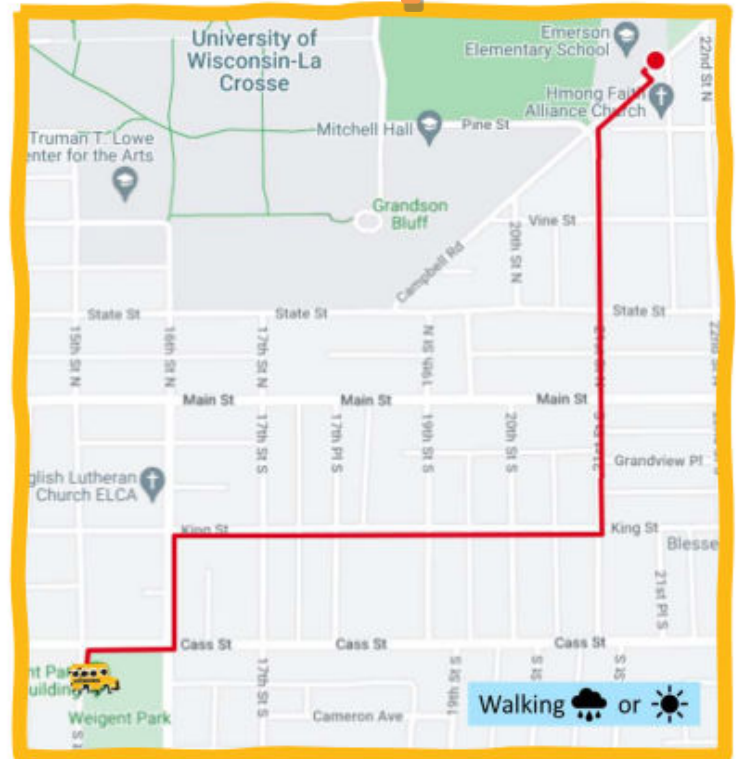
When: 7:35 AM (Every Wednesday for the rest of the school year!)

Where: Meet at the Weigent Park Shelter

Resumes April 10th!!!

Parent(s)/Guardian(s) –
Please review the pedestrian safety tips with your child(ren):

-  Wear bright colors so drivers can see you
-  Always walk on the sidewalks if you can
-  Remember to look both ways before crossing the street
-  Always cross at intersections (corners) and in crosswalks
-  NEVER cross between parked cars



- | | | |
|---|---|--------|
| ↑ | 1. Head north on 15th St S toward Cass St | 233 ft |
| → | 2. Turn right onto Cass St | 387 ft |
| ← | 3. Turn left onto 16th St S | 0.1 mi |
| → | 4. Turn right onto King St | 0.4 mi |
| ← | 5. Turn left onto 21st St S | 0.3 mi |
| → | 6. Turn right onto Campbell Rd | 499 ft |

Follow us on Facebook ([Emerson Elementary PTO \(La Crosse, WI\)](#)) for any updates or changes.

Questions? lacrosseemersoneagles@gmail.com

MUSIC

Hello! What a month we've had! 4th and 5th graders have been making projects with Garageband and it has been really fun!! 3rd grade got to go on their 600th field trip this year to see the La Crosse Symphony Orchestra perform superhero theme songs, and we just completed our videos to submit to the orchestra to see if either classroom can win tickets to a future performance! The younger grades have been playing music games, moving to new music, and are just finishing up reading the amazing new book, "Beautiful Noise; The Music of John Cage" by Lisa Rogers. This has inspired us to make our own 'aleatoric music' (or music of chance) and the results have been incredible!

A couple other pieces of news!

1. **First Annual Ho-Chunk Nation Powwow is at the La Crosse Center THIS SATURDAY!** It is totally free and open to the public, and it is a great opportunity to experience firsthand what Native American music is all about!
2. **A great singer/songwriter from our area, Peter Mayer, is performing at the Franciscan Spirituality Center on April 19th.** He is family-friendly and is a real treat to see live! There are other amazing performances taking place all over the city as well, so continue to keep an eye on the Weber Center page or the Viterbo performing arts page and the like for updates!
3. **Finally, the 3rd, 4th and 5th grade students have once again been asked to perform the national anthem for the WIAA State Track meet on May 31st!** I am soooooo excited for the students to have this opportunity!

In case you have not heard, our **concert date and times are Monday, May 20th, 2024**

Kindergarten and 1st grade are at 6 PM

2nd and 3rd grade are at 6:30

4th and 5th grade are at 7 PM

At Riverside Park

****If it rains, the concerts will be held at Central High School!****

Please make sure that your student can attend. The concert is a great summary of what everyone is working on in music throughout the year. It is the best setting for students to demonstrate their abilities and get performing experience. Please contact me with questions or if your student will be unable to attend.

Thank you for your time and as always, feel free to contact me at cstiemke@lacrossesd.org or 608-789-6930. You can also see updates, media, and access fun music links at our website at <https://sites.google.com/lacrossesd.org/emersoneschoolmusic/home>. Have a great day!

-Mr. Stiemke-





Please Join us for:



Emerson Elementary's Family Literacy Night

Tuesday, April 16th, 2024

5:00-6:30 PM

Myrick Park Main Shelter

RSVP by April 9th!

Entertainment
by Mr. Stiemke

Hot Dog
Dinner
Provided!

Come to the PTO Meeting from 6:30-7:00 in the shelter



Storytelling by
Michael Scott

RSVP
YES
to this
QR
CODE

OR- Send back this RSVP back to child's teacher

1. Student(s) Name(s) & Teacher(s):

*	_____	*	_____
*	_____	*	_____
*	_____	*	_____

2. How many people in all will be joining us? _____

3. How many people will be having the hot dog dinner? _____

THANK YOU so much for filling out your RSVP!

We can't wait to see you on

Tuesday, April 16th from 5:00-6:30

Bring a blanket or chairs for your family to watch the storyteller.

Myrick Park Main Shelter

Please be sure that your children are supervised. Emerson Staff will be serving dinner.



Upcoming Announcements & Events

Missing an Item?

LOST & FOUND



Our Lost & Found bins are currently overflowing. Please stop by before or after school to check for any missing items.

Unclaimed items at the end of the month may be donated or tossed.

Be sure to stop by to claim and missing items from the Lost & Found.

March 28 thru April 2—Spring Break

There will be no school on these days. Enjoy the time with family and friends. Take an opportunity to get outdoors and recharge!



March 15th—Read-a-thon Fundraiser Update

Thank you for all of your donations! We raised \$5,052 for the PTO and had a great day of reading!



Yearbooks!

Thank you to our generous PTO for offering to purchase yearbooks for all of our Emerson students.



Our yearbook order has been submitted. We will distribute them towards the end of the school year.

Upcoming Announcements & Events

Pennies for Pediatrics Update

We raised \$1000 for Gunderson Pediatrics and the Buck family! Mrs. Joley delivered all of the gifts and got a big hug from both girls! We gave the family a \$100 gift card to Walmart along with 10 \$10 Moka gift cards for the hospital families to use. We also gave \$700 in toys for the play room!

It was a great experience for our families at Emerson!



Summer School

Registration is now open for both Foundation and Enrichment courses for Summer programming. Please log into Skyward to register your child. Contact our main office or the Summer



MARK YOUR CALENDARS FOR THE 2024 EMERSON ELEMENTARY YOUTH ART MONTH ART SHOW

APRIL 11TH

5:00-7:00 PM

in the Emerson Elementary LMC

Don't forget to stop by the PTO Chicken Que for some dinner!





WELCOME

Spring

Cold weather is STILL here!

Be sure to send warm outdoor gear with your child each day!

Parents Health Guide



STUDENT HEALTH GUIDELINES

When should your child stay home because of illness?

FEVER: greater than 100 degrees.

VOMITING: return 24 hours after vomiting

DIARRHEA: return 24 hours after diarrhea

RASH: rash that is open and draining or a rash with a fever

STREP THROAT, IMPETIGO: return after 24 hours of treatment with antibiotic

SCABIES, RINGWORM: must be treated before returning to school

CHICKEN POX: child may return to school 5-7 days after onset of rash, with all sores dry and scabbed over

Please notify your child's school if your child is absent due to illness or injury.

If your child has a serious illness or injury that affects school participation, please notify your school principal or school nurse so a plan can be implemented to meet your child's needs.

District Illness Guidance:

As we begin the school year, we will have students who come to school not feeling their best. We encourage students who aren't feeling well to stay home until they are feeling well enough to learn. The district illness recommendations for students can be found in the Parent's Health Guide. Anyone testing positive for COVID may return to school when they are feeling well enough to do so. Masking is an individual decision acceptable at any time in our district.

Illness or Injury at School:

Students who become ill or injured at school will be seen in the health room by trained staff. If your child is unable to return to class, a parent will be contacted. For your child's comfort please make

Be Respectful

Be Responsible

Be Safe

Double-Click Page to Access Links



SCHOOL DISTRICT OF LA CROSSE 2024-2025 4K Preschool Registration

****New Student Online Enrollment for the 2024-25 school year
will open on January 3rd, 2024****

Students **must be 4 years old on or before September 1, 2024** to enroll into 4K Preschool.

4K Preschool Registration is a **2-step process**:

1. New Student Online Enrollment (opens **January 3rd, 2024**)
2. 4K Preschool Site Selection (opens **March 18th, 2024**). Families will receive emailed information on the site selection process after the New Student Online Enrollment (Step 1) has been completed.



Step 1— New Student Online Enrollment opens on January 3rd, 2024 to enroll your 4-year-old for the 2024-2025 school year.



- Visit our 4K Preschool Enrollment page at <https://www.lacrosseschools.org/enrollment/preschool/> or scan the QR code and select whether you're an existing family or a new family to the district.
 - **Existing Family in District:** You will log in using your Skyward family account information and click the New Student Online Enrollment on the top left.
 - **New Family in District:** If you are new to the school district, follow the prompts to create an account and complete the New Student Online Enrollment process in Skyward.
- You may upload or email a picture of the student's birth certificate and your proof of address to the New Student Online Enrollment application or email to preschool@lacrossesd.org. These documents must be submitted to secure your site selection on March 18th.
- **Note: If you want to participate in 4K site selection when it opens on March 18th, your student's 4K enrollment must be completed by March 1st. Applications submitted after March 18th will be processed as soon as possible.**

Families are welcome to come into Hogan Administrative Center (807 East Avenue South La Crosse, Wisconsin - Monday-Friday 7:30am-3:30pm) to complete the enrollment process on a computer if needed.

4K Preschool Office
preschool@lacrossesd.org
608-789-7006



LEARN



Spinach

facts

- Spanish translation, spinach: *Las espinacas*; Swiss chard: *Las acelgas*
- Hmong translation: *Zaub Ntsuab*
- Greens are a category of leafy vegetables. Beet greens, spinach, and Swiss chard are greens that belong to the same family of plants.
- Bright Lights is a popular variety of Swiss chard with colorful and bright stems.
- Contrary to the name, Swiss chard did not come from Switzerland. Swiss chard originates from a wild version of the beet that naturally grew in the Mediterranean and it was named by a Swiss botanist.
- Spinach was the first frozen vegetable sold in North America.



Bright Lights
Swiss Chard

EAT



nutrition & seasonality

- **Key nutrients:**
 - Calcium - Builds strong bones and teeth.
 - Vitamin A - Keeps skin and bones healthy, resists and fights infection, and maintains good eyesight.
 - Vitamin C - Helps wounds heal, is important for the immune system, and is an antioxidant, which protects cells from damage.
 - Potassium - Helps maintain normal blood pressure.
 - Vitamin K - Needed for blood clotting, preventing excessive bleeding.
- Fresh greens grown in Wisconsin are available from May through October.

TASTE



Nutritious,
Delicious,
Wisconsin!

taste testing

Taste test a few varieties of "super green" leafy vegetables. "Super green" refers to dark green vegetables that contain extra amounts of key nutrients like vitamins A and C, potassium, and dietary fiber. These dark green vegetables are important to eat often to grow and stay healthy. Try a variety of "super green" vegetables including spinach, Swiss chard, kale, collard greens, romaine lettuce, watercress, bok choy, and mustard greens. Encourage kids to use their five senses to observe, smell, feel, listen, and taste the "super green" leafy vegetables. Ask which ones they like best.



— Adapted from: Got Veggies? A Youth Garden-Based Nutrition Education Curriculum

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April 2024

Breakfast is served with white milk.
Breakfast choice #2 is always cereal.
Lunch includes fruit, veggie, & choice of milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>NO SCHOOL!</p> <p>day 1</p>	<p>NO SCHOOL!</p> <p>day 2</p>	<p>day 3</p> <p>BREAKFAST</p> <p>#1 Egg, Bacon & Cheese Sandwich</p> <p>LUNCH</p> <p>#1 Lasagna Roll-up</p> <p>#2 Yogurt & Cheese Stick</p>	<p>day 4</p> <p>BREAKFAST</p> <p>#1 Muffin</p> <p>LUNCH</p> <p>#1 Garlic Cheese Bread</p> <p>#2 EZ Jammer & Cheese Stick</p>	<p>day 5</p> <p>BREAKFAST</p> <p>#1 Breakfast Pizza</p> <p>LUNCH</p> <p>#1 Sloppy Joe Sandwich</p> <p>#2 Friday Sub/Wrap Choice</p>
<p>day 8</p> <p>BREAKFAST</p> <p>#1 Cinnamon French Toast</p> <p>LUNCH</p> <p>#1 Grilled Chicken Burger</p> <p>#2 Yogurt & Cheese Stick</p>	<p>day 9</p> <p>BREAKFAST</p> <p>#1 Chicken Patty on a Biscuit</p> <p>LUNCH</p> <p>#1 Beef Taco</p> <p>#2 EZ Jammer & Cheese Stick</p>	<p>day 10</p> <p>BREAKFAST</p> <p>#1 Scrambled Eggs</p> <p>LUNCH</p> <p>#1 BBQ Pork Sandwich</p> <p>#2 Yogurt & Cheese Stick</p>	<p>day 11</p> <p>BREAKFAST</p> <p>#1 Breakfast Burrito</p> <p>LUNCH</p> <p>#1 Personal Cheese Pizza</p> <p>#2 EZ Jammer & Cheese Stick</p>	<p>day 12</p> <p>BREAKFAST</p> <p>#1 Cinnamon Roll</p> <p>LUNCH</p> <p>#1 Fish Filet</p> <p>#2 Friday Sub/Wrap Choice</p>
<p>day 15</p> <p>BREAKFAST</p> <p>#1 Mini Bagel + Cream Cheese</p> <p>LUNCH</p> <p>#1 Orange Chicken</p> <p>#2 Yogurt & Cheese Stick</p>	<p>day 16</p> <p>BREAKFAST</p> <p>#1 Pancakes</p> <p>LUNCH</p> <p>#1 Walking Taco</p> <p>#2 EZ Jammer & Cheese Stick</p>	<p>day 17</p> <p>BREAKFAST</p> <p>#1 Egg, Bacon & Cheese Sandwich</p> <p>LUNCH</p> <p>#1 Breaded Ravioli</p> <p>#2 Yogurt & Cheese Stick</p>	<p>day 18</p> <p>BREAKFAST</p> <p>#1 Muffin</p> <p>LUNCH</p> <p>#1 Cheese Pizza Wedge</p> <p>#2 EZ Jammer & Cheese Stick</p>	<p>day 19</p> <p>NO SCHOOL!</p>
<p>day 22</p> <p>BREAKFAST</p> <p>#1 Cinnamon French Toast</p> <p>LUNCH</p> <p>#1 Chicken Patty Sandwich</p> <p>#2 Yogurt & Cheese Stick</p>	<p>day 23</p> <p>BREAKFAST</p> <p>#1 Chicken Patty on a Biscuit</p> <p>LUNCH</p> <p>#1 Pork Street Taco</p> <p>#2 EZ Jammer & Cheese Stick</p>	<p>day 24</p> <p>BREAKFAST</p> <p>#1 Scrambled Eggs</p> <p>LUNCH</p> <p>#1 Meatball Sub</p> <p>#2 Yogurt & Cheese Stick</p>	<p>day 25</p> <p>BREAKFAST</p> <p>#1 Breakfast Burrito</p> <p>LUNCH</p> <p>#1 Pepperoni Pizza</p> <p>#2 EZ Jammer & Cheese Stick</p>	<p>day 26</p> <p>BREAKFAST</p> <p>#1 Cinnamon Roll</p> <p>LUNCH</p> <p>#1 Bacon Cheeseburger</p> <p>#2 Friday Sub/Wrap Choice</p>
<p>day 29</p> <p>BREAKFAST</p> <p>#1 Mini Bagel + Cream Cheese</p> <p>LUNCH</p> <p>#1 Chicken Tenders</p> <p>#2 Yogurt & Cheese Stick</p>	<p>day 30</p> <p>BREAKFAST</p> <p>#1 Pancakes</p> <p>LUNCH</p> <p>#1 Beef & Cheese Burrito</p> <p>#2 EZ Jammer & Cheese Stick</p>			