

Mental Health FIRST AID

from NATIONAL COUNCIL FOR MENTAL WELLBEING

YOUTH MENTAL HEALTH FIRST AID

• A COURSE FOR PARENTS, CAREGIVERS, ANYONE WHO SUPPORTS YOUTH TO LEARN HOW TO IDENTIFY SIGNS OF MENTAL HEALTH AND SUBSTANCE USE CHALLENGES AMONG YOUTH AGES 12-18



TUESDAY, JUNE 11TH, 8:30-4:00PM

- REGISTRATION REQUIRED
- FOLLOW LINK OR SCAN QR TO REGISTER:
 HTTPS://FORMS.GLE/LEYSRSWAQPTOVF6F9

SCAN TO REGISTER





FREE & IN-PERSON

Sponsored by Better Together in La Crosse County Boys & Girls Clubs of La Crosse School District of La Crosse La Crosse Area YMCA