

**Monday**

Cereal offered every day for breakfast as choice 2.

Menu is subject to change.

**Tuesday**

**Wednesday**

Day 2 **Jan 20**

**Breakfast-** wg snack bread  
Juice & fruit  
**Lunch Choice 1-**Colby Omelet  
Mini Panckaes  
**Choice 2-** Yogurt  
  
Cheese Stick  
Appleways Oatmeal Bar  
Potato Babycakes  
Fruit of the Day  
Chocolate Fat Free Milk  
Lowfat White Milk

**Thursday**

Day 3 **Jan 21**

**Breakfast-**Mini Cinni  
Juice & fruit  
**Lunch Choice 1-** Pepperoni Pizza  
**Choice 2-** Yogurt  
  
Cheese Stick  
WG Snack Crackers  
Baked Beans  
Fruit of the Day  
Mini Rice Krispies Treat  
Chocolate Fat Free Milk  
Lowfat White Milk

**Friday**

Day 4 **Jan 22**

**Breakfast-**Frudel  
Juice & fruit  
**Choice 1-**Chicken Fajita Melt  
**Choice 2-**Yogurt  
  
Cheese Stick  
WG Snack  
Carrot Coins  
Fruit of the Day Chocolate Fat  
Free Milk Lowfat White Milk

Day 5 **Jan 25**

**Breakfast-**Breakfast Bread  
Juice & Fruit  
**Choice 1-**Grilled Chicken Burger  
Ketchup Packet  
**Choice 2-** Yogurt  
  
Cheese Stick  
WG Snack  
Fresh Veggies  
Fruit of the Day  
WG Cookie  
Chocolate Fat Free Milk  
Lowfat White Milk

Day 6 **Jan 26**

**Breakfast-**Apple Bar & Cheese  
stick  
Juice & fruit  
**Choice 1-**Lasagna Rollup  
  
Garlic Toast  
**Choice 2-** Yogurt  
Cheese Stick  
WG Snack  
Green Beans  
Fruit of the Day  
Chocolate Fat Free Milk  
Lowfat White Milk

Day 1 **Jan 27**

**Breakfast-**WG Snack bread  
Juice & fruit  
**Choice 1-**Beef Nachos  
**Choice 2-** Yogurt  
  
Cheese Stick  
Appleways Oatmeal Bar  
WG Tortilla Chips  
Cowboy Corn Salsa Fresh  
Veggie  
Fruit of the Day  
Chocolate Fat Free Milk  
Lowfat White Milk

Day 2 **Jan 28**

**Breakfast-**mini bagel w/ cream  
cheese  
Juice & fruit  
**Choice 1-**Cheese Pizza  
**Choice 2-** Yogurt  
  
Cheese Stick  
WG Snack  
Green Peas  
Fruit of the Day  
Chocolate Fat Free Milk  
Lowfat White Milk

Day 3 **Jan 29**

**Breakfast-**Mini Pancakes  
Juice & fruit  
**Choice 1-**Cheeseburger  
Burger Fixins  
**Choice 2-**Assorted Yogurt (4 oz)  
  
Cheese Stick  
WG Snack  
Oven Fries  
Fruit of the Day Chocolate  
Fat Free Milk Lowfat White  
Milk