

#### HINTGEN ELEMENTARY

March 2024

# Dream—Believe—Achieve—Discover Empower Every Child, Every Day

#### MESSAGE FROM THE PRINCIPAL

Greetings Hintgen Families,

The groundhog was right! We are being teased with springlike temperatures this week! With the melting of snow, the sound of birds and dripping water have been heard on numerous days and staff and students are excited to get outdoors! As you continue to monitor the weather, I encourage you to ensure that your child is dressed appropriately to head outside. With the muddy ground, students will still be expected to wear boots at recess. In addition we know that March weather can change on a dime, so please ensure your child is ready for whatever mother nature brings us!

As we embark on March, there are many opportunities for continued and sustained learning in the classroom, as well as communication with you as families. During Parent Teacher Conferences, we will work with you to ensure that your child is on track for the remainder of the year. I encourage you to keep up the home routines of checking folders, completing homework and encouraging reading at home, even as the weather starts to warm up. We will engage in our annual severe weather awareness drills this month. Please watch for the note coming home that details our plans to practice the annual tornado drill. Also in March we will begin to engage in our state assessment testing that impacts students in grades 3, 4 and 5. Within the newsletter you will see a bit more about this, and when you attend your child's conference you will also learn more about this if it is new to your family. Your son/daughter's teacher will send home a copy of the assessment schedule so that you can plan to ensure your child is well rested on the day of their testing.

As always if you should have any questions, or ideas on ways to continue to make Hintgen a great place to be, please do not hesitate to contact me either via email at acliver@lacrossesd.org or via phone at 608.789.7767. Happy March!

Your partner in education, Amy Oliver Principal







#### Wednesday February 28th-Monday, March 4th

Scholastic Book Fair—Hintgen LMC

# C It's Confe

#### Monday, March 4

No School

Family/Teacher Conferences 12:00-7:55 Book Fair—LMC

#### Wednesday, March 6

3rd Gr Field Trip—Youth Symphony Viterbo—AM

#### Tuesday, March 12

PTO Meeting-Virtual via Zoom 5:30 PM



Schoolwide PBIS Celebration—Rivoli Movie Theatre

#### Tuesday, March 19

7:00 PM—5th Gr Orchestra—All City Strings Concert—La Crosse Center

#### Wednesday, March 27

Official End of 3rd Quarter

#### Thursday & Friday, March 28 & 29 & April 1 & 2

No School Spring Break

#### STUDENT COUNCIL BAKE SALE

Monday March 4th 4:00-7:00 PM During Parent Teacher Conferences Donations Only



Help the Hintgen Student Council raise money for playground equipment!

#### **UPCOMING MUSIC CONCERTS**

The Orchestra & Music concerts for 2023-24 are listed below, please mark your calendars:



Tuesday, March 19th—7:00 p.m. All City Strings

La Crosse Center

Thursday, May 2nd—Time TBD

Gr Kdg/1st/2nd Music Concert—Hintgen Gym

Thursday, May 9th—Time TBD

Gr 3rd/4th/5th Music Concert—Hintgen Gym

**Tuesday, May 28th**—6:00 p.m. Gr 4/5—Spring Orchestra Concert, Hintgen Cafeteria

# PRESCHOOL REGISTRATION 24-25 SCHOOL YEAR

Have you enrolled your child in Preschool for the 2024-25 school year? Registration is for students who will be four years old by Sept. 1, 2024. New student Online enrollment is open now.



Visit <u>4K Preschool Enrollment</u> page or scan this OR code



- Existing Family in District: <u>Click Here</u> You will log in using your Skyward family account information and click the New Student Online Enrollment on the top left.
- New Family in District: If you are new to the school district, <u>Click Here</u>. Follow the prompts to create an account and complete the New Student Online Enrollment process in Skyward.

Your student's 4K enrollment must be completed by March 1st to be able to choose your preschool site online starting on March 18th. See attached flyer for more information. Early registration is recommended as placement is based on a first come first serve basis and spots are limited at each location.

#### KINDERGARTEN 2024-25

If you are planning on sending your child to Kindergarten at Hintgen next school year, please call the Hintgen office to confirm at 608-789-7767.



It is the policy of the School District of La Crosse, pursuant to s.118.13 Wisconsin Statues and P19 that no person on the basis of sex, race, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional, or learning disability, may be denied admission to any public school in this district or be denied participation in, be denied the benefits of, or be discriminated against in any curricular, co/extra-curricular, services, recreational, or other program or activity.

#### 5TH GRADE ALL-CITY ORCHESTRA FESTIVAL

The All-City Orchestra Festival Concert is coming up soon! The date is now March 19th and this concert will begin at 7pm at the La Crosse Center. Students need to arrive at 6pm and be in their seats by 6:30. This concert is free and open to the public! It will be a great concert filled with fun music at all the different levels (5th through 12th grade)!! If your student is interested in joining orchestra in the future or has been in orchestra in the past, this would be a great concert to go to because the audience will see the journey that our students go through from 5th grade until the time they graduate from High School. Hope to see you there!

### PARENT/TEACHER CONFERENCES



#### FEBRUARY 29TH & MARCH 4TH

Parent teacher conferences are coming up on February 29th & March 4th. Conferences are a time to bridge the home/school connection and ensure that we are working towards common goals for your child(ren). **Conferences will be in-person**. More information on how to sign up will be coming soon. We look forward to connecting with you to share your child's progress, success and discuss plans for helping them to wrap up their year. If you should have any questions or concerns, I invite you to call or email me—608-789-6800, aoliver@lacrossesd.org.

# CLASSROOM TEACHER REQUESTS 2024-25

It seems hard to believe, but spring is just around the corner and it is the time of year where we begin to plan for next year's class placements. Every teacher in our building is a highly qualified



educator, but as a parent you have the opportunity to request a teacher if you have an identified need for your son/daughter. Per board policy, any request for a teacher needs to be written and submitted to the office by May 1<sup>st</sup> in order to be considered for next year. Within your request please detail your reason as to why this placement will ensure a successful year for your child. If you should have any questions, please feel free to contact Amy Oliver.



The PTO meets monthly on the **2ND TUESDAY OF THE MONTH**. **All of our meetings will be virtual and you can access the link below to join us**.

Meetings start at 5:30 pm. Here is the standing link to join us:

We would like to invite you to join our Hintgen PTO.

#### Hintgen PTO Google Meet Link

Please consider joining us at a meeting, or helping out in any capacity as we are always looking for additional parent supports. There are many ways you can be a PTO member. Please contact our PTO reps, Dawn Ortiz (608)792-8713) or Melissa Heberlein (608-385-3070) or email them at ptohintgen@gmail.com. They can help you if you have any questions or want to know ways to become involved. Please see the dates listed below as the PTO meetings for the 2023-24 school year:

March 12 April 9 May 14

Check out Hintgen PTO on Facebook!

Hintgen PTO Facebook Page

#### HINTGEN LOGO WEAR SALE



See the attached order form for Hintgen Logo Wear! Orders are due on Friday March 22nd. Checks can be made to Hintgen PTO.

#### PTO UPCOMING EVENTS

Please watch for more information on these upcoming events sponsored by the Hintgen PTO:

- SchoolStore—shop online at the Family Book Store for wrapping paper, magazines etc and Hintgen PTO receives 50% from each purchase. Or shop at major retailers and PTO will receive a percent of sales. Signup today at SchoolStore.net! (See attached flyer) Info was also sent home in student backpacks.
- ♦ Culver's Night—May 7th



# SCHOLASTIC BOOK FAIR COMING TO HINTGEN!

#### FEBRUARY 28TH-MARCH 4TH

Get ready! The Scholastic Book Fair is coming our way (YAY!). Choosing their own books

empowers kids and inspires them to become Bolder, Prouder, and Stronger Readers. AND—as always—every book they buy earns rewards for our school.

Here's what you need to know about the Fair. It will be open **February 28th-March 4th**, even during parent teacher conferences! Just stop by the school library! Students can shop each morning before 8:30.

You can pay <u>cash</u>, <u>check</u>, <u>card or eWallet</u>—your child's digital payment account. Before the Fair, set up eWallet for worry-free, cash-free purchases.

Anyone can contribute! Share each child's eWallet so friends and family can add funds and give your kids more books to enjoy.

If you can't make it to the Fair, then shop at our school's Online Book Fair. All orders ship directly to your home, and shipping is free for book orders over \$25. Your online orders will also benefit our school.

https://www.scholastic.com/bf/hintgen



#### CELEBRATE YOUTH ART MONTH



Artwork has been selected for the Hintgen Elementary Art Show. Students with

selected artwork will receive a letter of notification and their artwork will be on display at the State Office Building (note new location).

## Hintgen & State Road Elementary Schools of Fish Art Show

#### **Art Show Dates:**

Monday March 18th—Friday, March 22nd 8:30AM-4:30PM

Where: La Crosse State Office Building
3550 Mormon Coulee Road

Reception: Friday, March 22nd 3:00-4:30 pm

#### MONTHLY READING LOGS

A reminder that at the end of each month, students are encouraged to bring back their home/school reading logs and turn them into

their teacher. When they do so, they will have an opportunity to visit our Book Vending Machine and receive a free book, as well as a coupon to go to Pizza Ranch! Only



when kids read at school and at home can they continue to make reading progress and feel successful as a reader!

#### PRE-REGISTRATION FOR SUMMER SCHOOL

**Summer School Dates** 

July 8th-August 2nd (Monday-Friday)



-PRESCHOOL PALS--KINDERCAPERS--READING & MATH-

We will have **ONLINE** Pre-Registration for Summer School at:

La Crosse School District Summer School Webpage

#### **Registration Dates:**

PRE REGISTRATION FOUNDATION COURSES

READING/MATH, KINDERCAPERS, PRESCHOOL PALS:

February 28th-March 15th

ALL SUMMER SCHOOL COURSE REGISTRATION
INCLUDING MUSIC LESSONS/CAMPS,
READING/MATH, KINDERCAPERS, PRESCHOOL PALS:

March 22- April 12

A link to the Summer school course list is available online at the bottom of the Summer School webpage or by following this link:

https://www.lacrosseschools.org/programsservices/summer-school/summer-school-courses/

Summer School Dates: July 8th-August 2nd
(Monday-Friday)

If you have additional questions please give the Summer School office a call at 608-789-8955.



#### FORWARD EXAM UPDATE

The Wisconsin Forward Exam and Dynamic Learning Maps (DLM) are Wisconsin Student Assessment System required



assessments. The 2024 assessment window opens mid-March and runs through early

May. The Forward Exam is designed to gauge how well students are doing in relation to the Wisconsin Academic Standards. These standards outline what students should know and be able to do to be college and career ready. The Forward Exam is administered online at:

- Grades 3-8 in English Language Arts (ELA) and mathematics
- Grades 4 and 8 in science and,
- Grades 4, 8, and 10 in social studies

This year there have been some slight adjustments to the statewide assessment. Expect communication to come from your son/daughter's classroom teacher in March about their testing dates. Please plan around these dates as attendance is crucial once the testing begins. The test is untimed and crosses multiple days.

# POSITIVE BEHAVIOR INTERVENTIONS AND SUPPORTS (PBIS)

During the month of March we will have our Quarter 3 PBIS
Schoolwide Celebration! We will be heading to the Rivoli Movie
Theatre to watch a movie together as a school. Field trip permission slips will be coming home shortly, leading up to our event. It will be another school wide community opportunity for all!





# 5TH ANNUAL READ YOUR HEART OUT EVENT

#### THANK YOU!

Thank you to the over 35 community members who came into our building to read to our students on Friday February 23rd for our 5th annual read Your Heart Out event. It was wonderful to see our families, and community members join us - reading books with culturally responsive characters and celebrating black culture. A special thanks to Sophia Krongmadee for designing our annual RYHO t-shirt that all students received. Thank you to Gundersen Lutheran Medical Foundation for donating toward the cost of the t-shirts. Also a special thanks to Festival Foods for the donation of our cake to celebrate our 5th year and to Mia's Kitchen for the yummy local food!



#### STUDENT STRENGTHS AND DIFFICULITIES QUESTIONARE

The physical and mental health of young people plays a key role in their ability to succeed in school. The School District of La Crosse is committed to working with you, not only in the academic education of your child, but also to ensure that students reach their full potential outside of the classroom.

It is in this spirit that we are offering you the opportunity to complete a mental health screening tool for your child. The Strengths and Difficulties Questionnaire (SDQ) is a validated tool to identify potential mental health concerns with students. The screening program is free, voluntary, and confidential and can be completed by parents or guardians electronically at home. Should you prefer or need to complete this on paper, please contact your child's teacher or school.

It is our hope that the screening will reassure you that your child is developing as expected or just experiencing typical "growing pains." However, the SDQ may identify a concern in the early stages, offering us and you the ability to secure additional assistance for your child, if you so desire.

You can expect to receive an email each semester with a link to complete the SDQ for your student. Participation is voluntary and all screening results will be kept confidential and stored separately from academic records. There are three steps to the screening procedure:

Step 1: Parents and guardians can follow a link that was emailed to them (or a paper copy if requested) to complete a 15-minute, computer-based survey questionnaire answering questions about their child's emotions, behaviors, attention concerns, relationships and pro-social behaviors

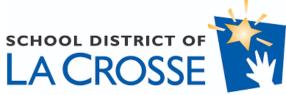
**Step 2:** School staff will analyze the survey data and develop plans to address school-wide, classroom, and student level concerns.

**Step 3:** For any students whose answers reveal elevated risk, school staff will contact those parents/guardians to discuss those concerns and determine if additional support or mental health services are needed.

All families at Hintgen received an email from the district on February 29th with a QR code/link to complete the screening. Additionally, if families would like to stop in at Hintgen, we can help you complete the screener.

#### SCHOOL DISTRICT OF LA CROSSE SCHOOL BOARD UPDATE:

As you are aware, the School District of La Crosse has been exploring elementary school consolidation. The district went through a Facilities Advisory Committee from April to November, and there were public comment sessions in November. From there, a long range facilities plan has been



shared with our School Board. Please see the below communication from the district regarding the most recent board meeting and next steps. I encourage you to stay informed, and current on the information shared. As a reminder, the School Board meetings are also open to the public and live streamed so that you can listen and learn.

#### Please see the latest communication below from the school district regarding this process:

"In a pivotal decision during <u>Monday night's meeting</u>, the School District of La Crosse's Board of Education reaffirmed its commitment to shaping a positive and hopeful future. As part of the ongoing effort to enact the district's long-range facility plan, the Board chose to advance a capital referendum, consolidating Emerson and Spence Elementary Schools into a state-of-the-art facility at the Hogan Administrative Center site.

This visionary strategy will provide great benefits to our children, families, staff, and the community, as well as create fiscal stability through lower operational and maintenance costs. With the passage of a November referendum, the consolidation will create a school where over 80% of students reside within one mile, promoting walkability, accessibility, and maintaining a strong connection to neighborhoods. The Hogan site also ensures a positive investment of resources into our students and staff, without disrupting the active learning of students during construction.

To ensure a smooth transition, the Board will engage the community in collaborative discussions to benefit students and staff but also enhance the well-being of neighborhoods and the broader community. Recognizing the need for a cohesive approach, the Board aims to bring students, staff, and the cultural essence of the affected buildings together, creating a supportive community around the new school for the best possible educational environment. Before the referendum reaches voters, the Board will pass a resolution specifying the details of the ballot, ensuring transparency and accountability.

Reflecting on the success of the Northside Elementary School project, the Board is enthusiastic about the opportunity to create optimal learning environments, provide the best opportunities for children, and ensure a sustainable future for the district.

Expressing gratitude for years of passionate community feedback the Board encourages continued community engagement to shape a positive future that prioritizes what is best for our kids.

For more detailed information about the district's strategic planning process, please visit <a href="www.lacrosseschools.org">www.lacrosseschools.org</a>."

# Hintgen's Read Across America Week 2024

Dress Up	onday, March 4th	Wear <u>mismatched socks</u> to celebrate differences.		Wear bright clothes or tie-dye to	celebrate books brightening our world!	Wear your favorite athletic clothing	or sports gear to celebrate sports around the world!	Wear your jammies or coziest	clothes to snuggle up with a good book.	
Theme	No School - Conferences, Monday, March 4th	Celebrating everyone's uniqueness and differences!	"Share our similarities, celebrate our differences." M. Scott Peck	Books brighten our world!!	"Today a reader, tomorrow a leader." Margaret Fuller	Team up to reading!!	"Reading is a discount ticket to everywhere." Mary Schmich	Dreaming of a good book!!	You can't read all day if you don't start in the morning!	
Дау	No S	Tuesday,		Wednesday, March	6th	Thursday,	March 7th	Friday,	March 8th	*Read-a-thon*



We want to see all of the cool things you do away from school.

- 1. Take a picture of something you did or something that makes you proud.
- Scan the QR code below to add one picture a month to our school photo album.
- 3. Wait for our all school morning meeting to see your picture and what your friends are proud of too!

# **MARCH MEMORIES**





#### **Golden Paw Award Winners**

MERFELD, MARY MARSHALL, AMARI MOORE, LA'ROZZ NEWMAN, RONNIE, JR SHAW, AZAYLIA TYLER, LAURYN MCCOY, JERMESHIA STONEDAHL, STEVEN LOR, ALINA JOHNSON, KADRION KAMMEL, EVERETT LOR. LILY MIDDLEMAN, TAVEN FORSCHLER, OLIVIA HUTSCHENREUTER, ASHER LOR, ALISHA NKAUJ NAG SPIRES, MALLEN WANG, VERNA

March's Core Value is...

Self-Discipline

How do you show self discipline?



# Hintgen Tiger Pride

# HARVEST OF THE MONTH NEWSLETTER MARCH 2024





Select - Choose sweet potatoes that are firm and smooth.

**Store** - Store in a cool, dark place for 3-5 weeks.

Prepare - Rinse under cool, running water and scrub to remove dirt.

#### Sweet Potatoes are the Harvest of the Month!

#### Add sweet potatoes to your favorite family meals:

- Slice, toss with oil and seasonings, and bake to make sweet potato fries.
- Mash with butter and cinnamon for a sweet side dish.
- Bake whole and top with black beans & salsa or maple syrup & toasted pecans.

Make meals and memories together. It's a lesson kids will use for life.

#### Did you know?

Sometimes people call sweet potatoes yams, but yams and sweet potatoes are different vegetables! Sweet potatoes are root vegetables that came from the tropical regions of Central and South America. Yams are large, starchy roots from Africa and Asia.



Nutritious, Delicious, Wisconsin! #WIHarvestofthemonth

This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. The University of Wisconsin-Madison Division of Extension is an EEO/AA institution committed to diversity among its employees and in its programs.

#### Recipe of the month

#### **Chocolate Sweet Potato Pudding**

Serves 4

#### Ingredients:

- 2 medium mashed sweet potatoes
- 1/4 cup cocoa powder
- 3 Tablespoons sweetner (sugar, brown sugar, maple syrup, honey)
- 1 teaspoons vanilla extract
- 1/4-1/2 cup liquid (milk, water)

Place all ingredients in a blender or food processor and blend until smooth. Chill and serve.

Per serving: 117 calories, 1g fat, 2g protein, 27g carbohydrate, 2g fiber, 37mg sodium

Source: laxf2s.org



LA CROSSE COUNTY Health Department











#### **Hello Parents!**

This year we are partnering with SchoolStore to raise funds to help purchase the essential tools our students and teachers need to succeed.

Enclosed are two sheets for you to keep:

- · Sheet 1: Details about SchoolStore and how to participate.
- · Sheet 2: Details about how your child can win prizes.

After reviewing the enclosed information, please go to <u>www.schoolstore.net</u> to get signed up. Your child will receive a prize just for participating! (No purchase necessary).

Bring this envelope back tomorrow and WIN a Stuffed Animal Slap Band Mystery Prize.

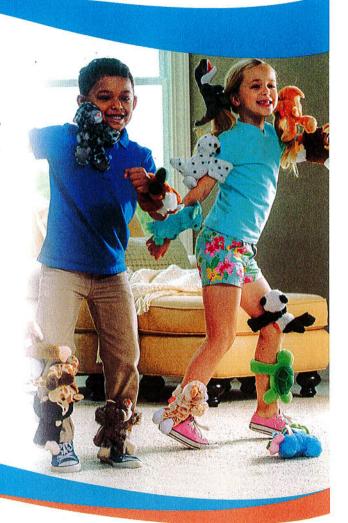
- 1. Go to www.schoolstore.net and sign up.
- 2. Fill in your Student's Prize Code from your confirmation email in the blank below.

Student Name:

Student Prize Code:

Student Homeroom Teacher:

3. Teachers will collect envelopes and your child will automatically receive the prize.



#### SchoolStore

SchoolStore provides you with the easiest and safest way for your school to raise money and help teachers get the classroom supplies they need! With SchoolStore, everything occurs online - including sending emails to family and friends and tracking prizes on the prize gauge.



SSC/HUGGER/24

#### Hintgen Elementary School La Crosse, WI School ID: 31049

Hello Parents,

This year, we are partnering with SchoolStore to raise funds for essential tools our students and teachers need to succeed. Participation is easy through our 100% online email campaign, and your child can earn points towards great prizes.

#### Here's what you need to do:

- Scan the QR code or go to <u>SchoolStore.net</u> and sign up using our School ID: 31049
- Send the provided emails inviting family, friends, and co-workers
  to support your student. Every email sent helps your student's
  school meet its fundraising goal, so if you have a phone contact,
  asking to use their email can help boost your student's SchoolStore
  program.



3. Return the Envelope with the Student Prize Code for your child to get their awesome participation prize.

#### Here are three ways your family, friends, and co-workers can help our school.

- Support your child's classroom with a 100% tax-deductible donation by purchasing a Caring For Classrooms gift card for your child's teacher to acquire classroom supplies and equipment.
- 2. Shop online at The Family Book Store for wrapping paper, magazines, popcorn, cookbooks, and more. Our school receives up to 50% from each purchase.
- Shop online with over 400 major merchants like Walmart, Kohls, Best Buy, Disney, and more. Our school earns a percentage of these sales also.

With only a few minutes of your time, SchoolStore offers a **safe** and **easy** way for our teachers and school to raise money for materials that enhance your child's education.

Thank you so very much for your participation, Hintgen Elementary School

\*Please confirm that your supporter's emails are correct. Your student only gets credit for valid emails.



# Hintgen Logo Order Form

Checks made out to: Hintgen PTO

Orders Due: Friday March 22nd

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Email (optional) Student Name Teacher Phone Grade

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		Price	S	Σ	7	×	2XL	3XE	S	N	7	X	Amount
·   II	8000 (Adult) 8000B (Youth) T-shirt – Orange Solid	\$12.00				٩	Add \$3	Add \$6					
	8000 (Adult) 8000B (Youth) T-shirt - Royal Blue Solid	\$12.00				٩	Add \$3	Add \$6					
	CD101 (Adult) CD101Y (Youth) T-shirt – Orange Tye Dye	\$18.00				٩	Add \$6	Add \$7				A	
124	CD101 (Adult) CD101Y (Youth) T-shirt – Royal Blue Tye Dye	\$18.00				4	Add \$6	Add \$7				NA	

Item	Description	Unit	Adu	Adult Sizes – List Qty	ist Qty		You	Youth Sizes – List Qty	s – List	Qty	Total Amount
		Price	S M	L XL	2XL	3XL	S	Σ	_	ж	
T I	18500 (Adult) 18500B (Youth) Orange Hooded sweatshirt with pocket	\$27.00	ě		Add \$8	Add \$12					
THE STATE OF THE S	18500 (Adult) 18500B (Youth) Royal Blue Hooded sweatshirt with pocket	\$27.00			Add \$8	Add \$12					
TE.	NE1000 New Era Structured Stretch Cotton Cap Orange - Embroidered	\$20.00	Cap Sizes: S/M M/L L/XL Please Write Size and Quantities below:	Size and Quantitie	/L L/XL \uantitie	s below:					
H	STC28 Sport Tek Stripe Pom-Pom Beanie Royal Blue - Embroidered	\$15.00	One Size Fit All – List Quantity:	All – List Q	luantity:						
т .	137682 Under Armor Ladies ½ zip Royal Blue - Embroidered	\$55.00			Add \$6	NA	A N	A N	AN	AM	
H	1376844 Under Armor Men's ¼ zip Royal Blue - Embroidered	\$55.00			Add \$6	A	A	A N	AN	NA	
										Total	



# ENGLISH CLASSES FOR PARENTS

come to improve/learn english ask any school related questions

EVERY THURSDAY FROM 6-8:30 P.M. LOGAN HIGH SCHOOL, ROOM 123



Learn about educational opportunities offered at the centers.

Make connections with Western's La Crosse campus.

February 28 | 6:30 p.m. - 8:00 p.m. Schuh Mullen Homes BGC

March 20 | 6:30 p.m. - 8:00 p.m. Huber Homes BGC

For more information on GED/HSED or college prep, contact:

Learner Support and Transition Division
608.785.9535

Western Technical College

westerntc.edu



#### When **Tuesday Nights**

Duration: 8 Weeks Dates: April 2nd, 2024 through May 21st, 2024

Time: 5pm to 8pm

These classes will be held in person at LCDHS in the basement auditorium.

PLEASE RSVP by March 26th, 2024

\$25.00 for NON-La Crosse county residents.

Send RSVP to Madeline **Bond at La Crosse County Human Services** Phone No. (608) 792-4928

Email: mbond@lacrossecounty.org

I need the referral form emailed to me as an attachment

Certificates provided for attendance.

LIMITED SPACE PLEASE **RESERVE ASAP** 

# Building Positive Relationships with Children Who Have Experienced Trauma

Training Objectives for your child or children you work with:

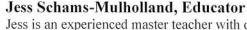
- 1) Take care of yourself.
- 2) Recognize the impact trauma has had on your child.
- 3) Help your child feel safe.
- 4) Help your child to understand and manage overwhelming emotions.
- 5) Help your child to understand and modify problem behaviors.
- 6) Respect and support positive, stable, and enduring relationships in the life of your child.
- 7) Help your child develop a strength-based understanding of his or her life story.
- 8) Be an advocate for your child.
- 9) Promote and Support trauma-focused assessment and treatment for your child.

#### Presenters

#### Nicole Milliren, Therapist

Nicole is a clinical therapist who has worked in human services since 1994 and has been training throughout the state of Wisconsin since 2010. Nicole has certifications in Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Proficiency in Motivational Interviewing, Circle of Security TM certifications in assessment, therapy, training, and consultation. Nicole is passionate about helping shift relationship patterns for parents/children, couples, agencies, and communities. Nicole has a focus for working with

foster and adoptive families through the challenges along their journey. Nicole has gotten most of her trauma understanding and practice through being a foster and adoptive parent along with being a birth parent.



Jess is an experienced master teacher with over 15 years in the field of education. She currently serves as the Trauma Informed Coordinator for her local school district, where she is deeply dedicated to the wellbeing and development of children. One of Jess's primary passions lies in raising awareness about adverse childhood experiences (ACEs) and their potential long-term effects on individuals. She firmly believes in change and is committed to educating parents, caregivers, and social

the power of knowledge to create positive services workers about the significance of ACEs in shaping a child's well-being. Beyond her professional accomplishments, she is a devoted parent, having served as both a foster parent in the past and currently as an adoptive parent. In her spare time, she enjoys reading, camping with her family, and volunteering for local youth organizations.

Name:	

Grade:	

Each student will receive a token for the Book Vending Machine and a Pizza Ranch coupon for a Free Children's Buffet for their Read at Home program when they turn in their reading log.



2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*					1	2
					Day 6	a E
3	4	5	6	7	8	9
720	NO SCHOOL	Day 1	Day 2	Day 3	Day 4	
10	11	12	13	14	15	16
	Day 5	Day 6	Day 1	Day 2	Day 3	
17	18	19	20	21	22	23
	Day 4	Day 5	Day 6	Day 1	Day 2	
24	25	26	27	28	29	30
	Day 3	Day 4	Day 5	NO SCHOOL	NO SCHOOL	
31						
		a		20 W	Va	

As you read after school, keep track of the number of minutes that you read.

Write the number of minutes in the correct day.

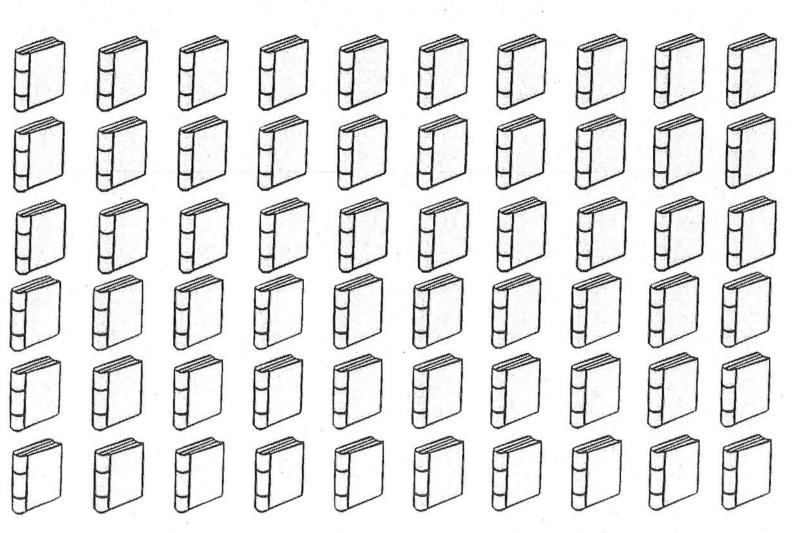
Goal is 20 minutes a night!

Name:		
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Paper or Digital - YOU PICK See the back for information on a digital reading log!

# March Reading Log

My goal is to read 60 books this month!



Reading tips and suggestions for the month:

Set a routine for book time
Family member can read library books (use fun voices for the characters)

# Why Can't I Skip My 20 Minutes of Reading Tonight?

Student "A" reads 20 minutes each day

3600 minutes in a school year

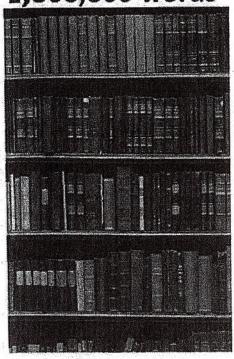
Student "B" reads 5 minutes each day

900 minutes in a school year

Student "C" reads 1 minute each day

180 minutes in a school year

1,800,000 words



90th percentile

282,000 words



50th percentile

8,000 words



10th percentile

By the end of 6<sup>th</sup> grade Student "A" will have read the equivalent of 60 whole school days. Student "B" will have read only 12 school days. Which student would you expect to have a better vocabulary? Which student would you expect to be more successful in school...and in life?

(Nagy & Herman, 1987)