

ATHLETIC INFORMATION 2019-20

Please contact Michael Brudos, Longfellow/LDI Athletic Director, at 608-789-7670 mbrudos@lacrossesd.org, or Amanda Turner, Longfellow/LDI AA, at 608-789-3503 with any questions.

1. ONLINE REGISTRATION FOR ATHLETICS

- **All students MUST register online for all sports after July 1st each school year.**
- Go to our school district website: www.lacrosseschools.org/longfellow-middle. A link is located on the front page for the **Athletic Online Registration**. Please follow the steps outlined on the website.

2. SPORT PHYSICALS.

- For the 2019-20 school year, physicals must be dated **ON or AFTER April 1, 2018**. A link to the physical form may be picked up in the school office and is located on the Longfellow-LDI website: www.lacrosseschools.org/longfellow-middle.
- Sport physicals are good for two years.
- **IMPORTANT: Students may NOT practice or participate in a sport until the online registration is complete AND a physical is on file.**
- Contact Mr. Brudos or Ms. Turner if cost is an issue for your family to get a sport physical.

3. LONGFELLOW/LDI SCHOOL WEBSITE & ACTIVITIES CALENDAR

- Longfellow/LDI website: www.lacrosseschools.org/longfellow-middle.
- Longfellow/LDI Activity Calendar.
To view the meet schedules, click on Longfellow-LDI Activity Calendar button to **VIEW SCHEDULES** and scroll down for the sport you are looking for.

Sports at Longfellow/LDI 2019-20

All La Crosse School District middle schools will begin practice after September 1st this year. Students must register online for all sports. See more information and the links below.

Fall

- Football – 7th & 8th Grade
- Girls Tennis – Girls 6th, 7th and 8th Grade
- Cross Country – 6th, 7th and 8th Grade
- Volleyball - 7th & 8th Grade
- Golf - Boys & Girls - 6th, 7th and 8th Grade

Winter

- Girls BasketBall - Girls 7th & 8th Grade
- Boys Basketball - Boys 7th & 8th Grade
- Wrestling- Girls and Boys - 6th, 7th and 8th Grade

Spring

- Boys & Girls Track - 6th, 7th & 8th Grade
- Boys Tennis - Boys 6th, 7th and 8th Grade

SPORT	COACH	CONTACT INFO	DES	WHEN
ATHLETIC DIRECTOR	Michael Brudos, AD	mbrudos@lacrossesd.org 608-789-	All sports	
Cross Country	Mr. Morschhauser , Head Coach Mrs.Popp, Head Coach Cody Harris, Head Coach	jmorschh@lacrossesd.org 608-789-3541	6-8 th grade	Fall Sport
Volleyball	Ms. Schlegel ,Head Coach Mr. Mossholder Ms. Vradenburg Ms. Kutzke	kschlege@lacrossesd.org 608-789-3520	7-8 th grade	Fall Sport
Girls' Tennis	Ms. Sarah Blanton	sblanton@lacrossesd.org	6-8 th grade	Fall Sport
Football	Mr. Barth, Head Coach Mr. Curtis Mr. Haugh Mr. Beeken	abarth@lacrossesd.org 608-789-3558	7-8 th grade	Fall Sport
Basketball-Girls	Mr. Curtis Mr. Niehausen Ms. Schlegel Ms. Zimmerman	608-789-7670	7-8 th grade	Winter Sport
Basketball-Boys	Mr. Brudos Mr. Curtis Mr. Mossholder Mr. Culver	608-789-7670 mbrudos@lacrossesd.org	7-8 th grade	Winter Sport
Wrestling	Mr. Lorenz	Lorenz.billy@gmail.com	7th & 8th grade	Winter Sport
Track and Field	Mr. Morschhauser, Head Coach-Boys Mr. Mossholder Head Coach - Girls Mr. Harris Ms. Zimmerman	jmorschh@lacrossesd.org 608-789-3541 jmosshol@lacrossesd.org 608- 789-3564	6-8 th grade	Spring Sport
Boys' Tennis	To Be Determined		6-8 th grade	Spring Sport
Golf	Mr. Bennett Laxton	blaxton@lacrossesd.org 608.789.3098	6-8th grade	Fall Sport

FALL SPORTS - FIRST MEETING AND PRACTICE INFO

September 3	Fall Sports 1st Meeting and Practice 3:00 – 4:30 pm Football – Field Volleyball – Small Gym Cross Country – Rotunda Girls Tennis - Rotunda Golf – TBD	3:00 – 4:30 pm *Note: Registration for all sports are now done online. See Longfellow/LDI Website for the address and directions. All forms must be submitted BEFORE a student is allowed to practice.
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