

JANUARY 2019

Lunch / Northside/Coulee Montessori

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	No School	1 Walking Taco Cheese Quesadilla Yogurt Lunch Salsa Seasoned Refried Beans Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit Tostito Scoops Chocolate Fat Free Milk Lowfat White Milk	2 Chicken Alfredo Homemade Sausage Pizza Yogurt Lunch Steamed Broccoli Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit WG Seasoned Breadstick Chocolate Fat Free Milk Lowfat White Milk	3 Fish Sticks Hot Dog /Bun Yogurt Lunch Roasted Veggies Fresh Veggie Bar Sidekick Assorted Fresh Fruit Assorted Canned Fruit WG Snack Crackers Chocolate Fat Free Milk Lowfat White Milk Hot Dog Fixins
7 Meatball Sub Popcorn Chicken Yogurt Lunch Roasted Veggies Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit WG Snack Crackers Chocolate Fat Free Milk Lowfat White Milk Chicken Nugget Sauces	8 Pork Street Taco Toasted Cheese Sandwich Yogurt Lunch Salsa Fiesta Black Beans Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit Assorted Graham Snacks Chocolate Fat Free Milk Lowfat White Milk Tomato Soup	9 Colby Omelet <i>served with</i> Buttermilk Pancakes EZ Jammer Yogurt Lunch Potato Babycakes Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit Assorted Graham Snacks Apple Oatmeal Bar Chocolate Fat Free Milk Lowfat White Milk Syrup	10 Chicken Patty Sandwich Homemade Pepperoni Pizza Yogurt Lunch Baked Beans Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit WG Snack Crackers Mini Rice Krispies Treat Chocolate Fat Free Milk Lowfat White Milk Chicken Nugget Sauces	11 Chicken Potato Bowl Cheese Filled Breadstick Yogurt Lunch Corn Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit Seasoned Breadstick Chocolate Fat Free Milk Lowfat White Milk Marinara Sauce
14 Texas BBQ Pork on WG Bun Garlic Cheese Bread Yogurt Lunch Roasted Veggies Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit WG Snack Crackers Chocolate Fat Free Milk Lowfat White Milk Marinara Sauce	15 Lasagna Rollup Chicken Nuggets Yogurt Lunch Green Beans Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit Garlic Toast Chocolate Fat Free Milk Lowfat White Milk Chicken Nugget Sauces	16 Beef Nachos Hot Ham & Cheese Yogurt Lunch Cowboy Corn Salsa Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit WG Tortilla Chips Chocolate Fat Free Milk Lowfat White Milk	17 Grilled Chicken Burger Homemade Cheese Pizza Yogurt Lunch Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit WG Bun WG Snack Crackers Chocolate Fat Free Milk Lowfat White Milk	18 No School
21 No School	22 Macaroni & Cheese Hot Dog /Bun Yogurt Lunch Carrot Coins Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit Seasoned Breadstick WG Cookie Chocolate Fat Free Milk Lowfat White Milk Hot Dog Fixins	23 Orange Chicken EZ Jammer Yogurt Lunch Roasted Veggies Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit Brown Rice Apple Oatmeal Bar Chocolate Fat Free Milk Lowfat White Milk	24 Turkey Club Sandwich Homemade Sausage Pizza Yogurt Lunch Green Beans Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit WG Snack Crackers Chocolate Fat Free Milk Lowfat White Milk	25 Mini Corn Dogs Wisconsin Chili Yogurt Lunch Smiley Fries Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit WG Cornbread Chocolate Fat Free Milk Lowfat White Milk
28 Macaroni & Cheese Chicken Nuggets Yogurt Lunch Roasted Broccoli Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit WG Snack Crackers WG Seasoned Breadstick Chocolate Fat Free Milk Lowfat White Milk Chicken Nugget Sauces	29 Chicken Patty Sandwich Meatballs & Gravy Yogurt Lunch Mashed Potatoes Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit Assorted Graham Snacks Dinner Roll Chocolate Fat Free Milk Lowfat White Milk	30 Sausage Patty <i>served with</i> French Toast Sticks Smoked Turkey Deli Sub Yogurt Lunch Potato Wedges Fresh Veggie Bar Assorted Canned Fruit Assorted Fresh Fruit WG Snack Crackers Lowfat White Milk Chocolate Fat Free Milk Lite Mayo Packet Mustard Packet	31 Wisconsin Chili Homemade Cheese Pizza Yogurt Lunch Fresh Veggie Bar Assorted Fresh Fruit Assorted Canned Fruit WG Cornbread Chocolate Fat Free Milk Lowfat White Milk	

Yogurt Lunch Assorted Yogurt (4 oz) - Cheese Stick (1 oz) - Sunflower Seeds - Apple Oatmeal Bar - Strawberry Oatmeal Bar - WG Cheez-It Crackers - Animal Crackers - Goldfish Crackers - Cinnamon Goldfish - Chocolate Elf Grahams - Scooby Doo Grahams - Graham Bug Bites - Cinnamon Gripz - Graham Cinnamon Crips - Teddy Grahams
Condiments & Dressing Ketchup Packet - Mustard Packet - BBQ Sauce - Lite Mayo Packet - Ranch Dressing - French Dressing
Price Information Breakfast(\$1.60), Reduced Price Breakfast(\$0.30), Lunch(\$2.80), Reduced Price Lunch(\$0.40), Adult Breakfast(\$2.50), Adult Lunch(\$3.85), Milk Half Pint(\$0.50)
View more: <http://schools.mealviewer.com/school/NorthsideCouleeMontessori>

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