



DECEMBER 2021 NEWSLETTER



Dear North Woods families,

We are wrapping up our month of being risk-takers. The International Baccalaureate (IB) Organization defines being a risk-taker as: We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change. Personally, risk-takers is one of my favorite attributes in the IB Learner Profile.

One part of the definition that really hits home with me is the portion that talks about challenges and change. Growing up is hard enough to do--without a pandemic compounding it! It's hard to believe that for some of our littlest learners, the pandemic has been half their lifetimes. And yet they still come to school eager to face the challenge of learning with energy and joy. We could all learn a thing or two from their resiliency.

As I learn more about how to foster positive risk-taking in students, I think about how taking a risk and achieving their goal feels. I also remember that not every risk we take ends up in success. But struggling and overcoming is one of the most important aspects of learning that we take with us into our adulthood to face the challenge of life beyond our school walls.

As a parent, talk to your student about risks they've taken at school and the outcome. For some students, raising their hand to participate is a risk to take. For others, it might be trying a new skill like riding a bike in physical education class. No matter the form of the risk, the way that they overcome fear, test limits safely, and celebrate wins is a powerful form of learning. I encourage you to share with your student things that you've done to take healthy risks--both times that you have succeeded and times you have not. By modeling courage and the ability to bounce back when things don't go our way, we show our learners how to stretch themselves beyond their limits and truly grow into people who can help change the world.

-Keri Holter

North Woods International Principal

MARK IT DOWN! UPCOMING EVENTS!

Fri. Dec. 3rd: Early Release (1:15pm)

Dec. 23rd-Dec 31st:

No School Winter Break



Mon. Jan 3rd: School resumes!

Fri. Jan 14th & Mon Jan 17th: No School

Thurs. Feb 10th: 100th Day/Valentines
Celebration

Fri. Feb. 11th: No School

Mon. Feb. 14th: No School

Mon. Mar. 7th: Parent Teacher
Conferences NO SCHOOL

Thurs. Mar. 10th: 4pm-8pm Parent Teacher
Conferences (normal school day)

A note from the Kitchen

When students bring a lunch from home (cold lunch) and would like a milk from the kitchen, students will be charged \$0.50 (fifty cents) from their lunch account. Please be sure to send milk money to school if your child would like milk for their cold lunch! Checks can be made payable to North Woods International.



❄️ WINTER WEATHER! ❄️

A note from Mr. Hein!

Hello parents, caretakers, and friends,

As the weather gets colder these seasons, be sure to have your student dressed to be outside for recess and physical education classes. Boots are not necessary until we have snow, but we would love to see your kids with jackets, gloves, and hats in the meantime. If you have extra winter clothing (jackets, gloves, snow pants, and boots) that no longer fit your child, consider donating to North Woods so we can assist those who come without the layers and gloves. We are excited to be outside for various physical activities, and thank you for dressing your student accordingly!

-Mr. Hein



Veterans day

On November 11th, North Woods staff and students celebrated Veterans Day by learning about the remarkable ways Veterans serve our country and world. Although we were not able to have our usual Veterans Day Music Celebration, we instead had a video concert! We hope you enjoy! Link:
<https://www.youtube.com/watch?v=xX5kmkZSbmc>

Orchestra News

Thank you Veterans!

On Wednesday, December 15th, Fifth Grade Orchestra students who have learned their concert songs, attended orchestra rehearsals and demonstrated responsible behaviors (practicing, cooperation and remembering their instrument and music) will be performing at Springbrook Assisted Living Center. We will help residents celebrate their birthdays by sharing music and well-wishes with them; they in turn will be a great audience and might even send us home with treats :) Watch for a letter and permission slip coming soon. Make sure to get it signed and turned in and Keep Practicing!
Mrs. Becker

Library News

Mrs. Wilson's fourth grade ELA class began their inquiry unit in the LMC looking at articles, analyzing their text features (headings, captions, photos, diagrams, charts, lists, etc.), noting what they observed, what they learned and further questions and extensions they want to pursue. (see photos). Our second and third grade students learned about biographies and autobiographies within the Dewey Decimal system, where to find them in our LMC, as well as how they are considered Informational Texts. Our fourth and fifth grade students are firming up their teams for the new La Crosse Schools Battle of the Books. Our school's two winning teams will attend UWL in February 2022 (more details to follow) for a physical escape room, a virtual escape room among all the other festivities. Meanwhile our second and third grade are being presented a different list that they can read from. Currently, no battle is planned for our second and third grade teams. Finally, our third through fourth grade students have been participating in Chess Club during their WIN time as a part of our HPL for all programming. This will continue in December. It is going to be leveraged into the classrooms during WIN time for those who learned to mentor others. Currently we have over 50 participants. We will be creating brackets and have game challenges within our school. A Family Fun night is currently planned for Thursday, January 13, 2022 from 3:20 to 4:45, more details will be shared in upcoming newsletters.



Attribute of the Month:

September - Caring

October - Inquirers and Communicators

November - Risk-Takers

December - Principled

January - Open-minded

February - Balanced

March - Thinkers

April - Knowledgeable

May - Reflective

IB NEWS:

We have now had time to focus on four out of the ten learner profile attributes as a whole school. In December, as a school we are focusing on being principled.

IB's definition of Principled is:

"We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences."

Encourage your child to be principled.

Please ask your child to explain what they have learned about the learner profile attributes.

Upcoming IB events/Save the dates:

January 11th - 4K IB showcase night
from 5:30-6:30

- Please join us for a meal and student presentations of their learning
- More information will be sent out closer to the event

Jan. 20th - Kindergarten IB showcase night
from 5:30-6:30

- Please join us for a meal and student presentations of their learning
- More information will be sent out closer to the event

Feb. 10th - 1st grade IB showcase night
from 5:30-6:30

- Please join us for a meal and student presentations of their learning
- More information will be sent out closer to the event

Feb. 22nd - 2nd grade IB showcase night
from 5:30-6:30

- Please join us for a meal and student presentations of their learning
- More information will be sent out closer to the event

March 17th - 4th grade IB showcase night
From 5:30-6:30

- Please join us for a meal and student presentations of their learning
- More information will be sent out closer to the event

March 29th - 3rd grade IB showcase night
from 5:30-6:30

- Please join us for a meal and student presentations of their learning
- More information will be sent out closer to the event

April - 5th grade exhibition (date TBD)
5:30-6:30

- Please join us for a meal and student presentations of their learning
- More information will be sent out closer to the event



La Crosse SkiSparks



SkiSparks is an eight-week program that teaches cross-country skiing FUNdamentals in a recreational environment. Kids will play games, enjoy the outdoors, and learn physical literacy through our research-based curriculum.

SkiSparks is open to kids ages 4-14. You can find a SkiSparks program level that fits your child on the mysl.org webpage.

With registration fees of only \$40 per child and ski rentals available, SkiSparks is an easy and fun way for your family to get outside this winter. [Scholarships](#) are available.

Meets Sunday afternoons 3-4:30
at Hixon Forest Parking Lot

Contact Chris for
more information:
lacrosse@mysl.org

Session Dates for winter 2022:
1/2, 1/9, 1/16, 1/23, 1/30, 2/6,
2/13, 2/20 (Backup 2/27)



Register through mysl.org by creating a login, adding skiers and selecting the La Crosse SkiSparks club. Equipment and scholarships available during registration.



Photo from American Birkebeiner, Hayward, WI



GOLDEN ITEMS!

GOLDEN MANNERS (LUNCHROOM)-
MRS. KIES ROOM

GOLDEN ETIQUETTE-MS. GERSCH ROOM

GOLDEN BOOT (FIRE DRILL
PRACTICE) 4/5th grade hallway

GOLDEN TRASH CAN (CLEANEST
HALLWAY)

4K 1st & 2nd hallway

GOLDEN EATERS (LUNCHROOM)-
MRS. THIEL ROOM

GUEST TEACHER PIZZA PARTY: MRS. HOOPER

PBIS CORNER

October was a great month at North Woods! The PBIS team held the first community day and our special guest Chicken asked staff questions about chickens! The Chicken Dance (Chicken Polka) was our engagement activity! For our fun staff video, check out this link:

<https://www.youtube.com/watch?v=jOyW3ILP0dg>



PRINCIPAL 200 CLUB

Congrats to our 60 Principal 200 Club students!

Have you heard about the ice cream sundaes?! Students who earn a P200 club come down when their row of 10 fills to get their prize! We celebrate with an ice cream sundae!

Check out our P200 Wall of Fame when you visit. Each month, we add new pictures.

PAW PALS

Paw Pals are our universal acknowledgement system. If students are noticed following expectations, we utilize Paw Pals! Each month we have a school goal with a prize! In October, we earned movie and popcorn. November our goal was 2,500 paw pals to earn extra choice time! WE DID IT!





OCTOBER STUDENTS OF THE MONTH



These seven students were the Students on the Month for October. To treat our amazing students, these students had a Culvers luncheon with Mrs. Holter to celebrate! Great work!

- 4K: Niklaus Anderson
- KG: Owen Bendel
- 1st: Gabby Deml
- 2nd: Ryan Schmitz
- 3rd: Finley Fernholz
- 4th: Alice Baumann
- 5th: Scarlett Nieman

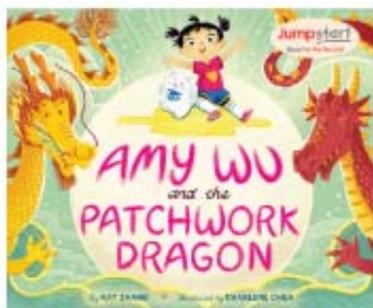
Title Tips: December 2021

Reading Aloud: Why Is It So Important?

When your child becomes a more independent reader, we often let him or her read on their own and stop reading aloud as often. It is understandable since we want them to practice reading alone and independently but it's important to remember that reading aloud is important for children of all ages. Even adults enjoy listening to books read aloud on tape. Take turns each night deciding who will read. When you read aloud to your child you are giving them time to sit and think about what they are listening to without the pressure of sounding out words or making sure they are reading smoothly. Listening to books read aloud also allows children to hear new words they may have difficulty reading on their own. If you want your child involved while you read aloud, be sure to track print and tell them you want to see them watching while you read. Don't forget to ask questions before, during and after reading too!

Why Can't We Skip Reading Tonight?

<p>Student A reads 20 minutes each day. This equals 3,600 minutes a school year. Student A will read approximately 1,800,000 words.</p>	<p>Student B reads 5 minutes each day. This equals 900 minutes in a school year. Student B will read approximately 282,000 words.</p>	<p>Student C reads 1 minute each day. This equals 180 minutes in a school year. Student C will read approximately 8,000 words.</p>
		



Read for the Record Story Walk October 28th

North Woods students walked, ran, and skipped through the story walk to read Amy Wu and the Patchwork Dragon. The story walk was used to celebrate "READ FOR THE RECORD", a national campaign to raise awareness of the need for early literacy. The story connected to our IB attributes of being principled, caring, inquirers, thinkers, communicators, and risk takers. Buddy classrooms read to younger readers and most classes stayed out of the rain. A big thank you to all the older students who stepped up to read!

Thank you also to the La Crosse Public Education Foundation and Coulee Bank for funding the story walk in 2018. It will give North Woods students 800 extra hours of reading this year!!!





DISTRITO ESCOLAR DE LA CROSSE

2022-2023 4K Registro Pre escolar.

****Vínculo de inscripción para nuevos estudiantes para el 2022-23 año escolar se abrirá el 17 de diciembre 2021 ****

El registro PreEscolar **es un proceso de 2 pasos**: Paso 1) **Registración General** del Nuevo Estudiante: Se usa el vínculo de inscripción de Nuevo Estudiante (se abre 17 de diciembre de 2021) y Paso 2) **Registración Específica** PreEscolar 4K (empieza el 1 de febrero de 2022) para la escuela donde va su hijo/a . Ambos pasos deben completarse en orden. **Los estudiantes deben tener 4 años antes del 1 de septiembre de 2022 para inscribirse en 4K Preschool.**

Pronto estará disponible un documento con instrucciones detalladas de inscripción. Este documento pronto estará disponible en varios idiomas y se distribuirá cuando esté listo.

Paso 1: La inscripción en línea para Estudiantes Nuevos (no importa edad) se abre el 17 de diciembre de 2021 para inscribir a su hijo de 4 años para el año escolar 2022-2023.

- Visite Lacrosseschools.org y haga clic en el botón "[Inscribase en nuestras escuelas](#)". Siga las indicaciones para crear una cuenta y completar el proceso de inscripción en línea para estudiantes nuevos en Skyward.
- Puede cargar o enviar por correo electrónico una foto del acta de nacimiento del estudiante y su comprobante de domicilio. Si estos documentos no se envían durante la inscripción, deberán enviarse antes del 4 de febrero para mantener su lugar.
- **Nota: Si desea participar en el registro 4k para Educación PreEscolar (paso #2), (empieza el 1 de febrero) el estudiante debe ser inscrito como Nuevo Estudiante del Distrito por el vínculo (paso #1) antes del 27 de Enero.**

Paso 2: El registro PreEscolar de 4K se abrirá en línea a partir del 1 de febrero de 2022 a las 7 a.m. El registro del sitio se realizará por orden de llegada.

- Inicie sesión en el acceso familiar de Skyward y haga clic en el botón Programación del área en el lado izquierdo de la pantalla. Debajo del título de PreEscolar, haga clic en el año 2022-2023. Luego verá la lista de clases preescolares.
- Seleccione la clase que desee y haga clic en Agregar botón. El **Agregar** botón no estará disponible si esa clase está llena. Si decide cambiar de clase, haga clic en "Eliminar" en la columna Opción.
- La programación del área se cerrará el 4 de febrero, sin embargo, aún puede inscribir a su estudiante. Por favor llame a la oficina de preescolar para cualquier cambio después de que cierre la programación del área.

Las familias pueden ingresar al Centro Administrativo Hogan (807 East Avenue South La Crosse, Wisconsin) para completar el proceso de inscripción en una computadora si es necesario.

Oficina de 4K
preescolar
dePreschool@lacrossesd.org
608-789-7006



SCHOOL DISTRICT OF LA CROSSE



2022-2023 4K Preschool Registration

****New Student Online Enrollment for the 2022-23 school year will open on December 17, 2021****

4K Preschool Registration is a 2-step process: 1) New Student Online Enrollment (opens December 17, 2021) and 2) 4K Preschool site registration (opens February 1, 2022). Both steps need to be completed in order. Students must be age 4 on or before September 1, 2022 to enroll into 4K Preschool.

A document with detailed enrollment and registration instructions will be made available soon.

This document will soon be available in multiple languages and redistributed when ready.

Step 1— New Student Online Enrollment opens on December 17, 2021 to enroll your 4-year-old for the 2022-2023 school year.

- Visit Lacrosseschools.org and click on the ["Enroll In Our Schools"](#) button. Follow the prompts to create an account and complete the New Student Online Enrollment process in Skyward.
- You may upload or email a picture of the student's birth certificate and your proof of address. If these documents are not submitted during enrollment, they will need to be submitted by February 4 to hold your spot.
- Note: If you want to participate in 4K site registration when it opens on February 1, your student's 4K enrollment must be completed by January 27.

Step 2— 4K Preschool site registration will open online starting February 1, 2022 at 7 AM. Site registration will be on a first-come, first-served sign up.

- Log into Skyward family access and click on the Arena Scheduling button on the left side of the screen. Under the preschool heading, click on 2022-2023 year. You will then see the list of preschool classes.
- Select your desired class and click on the **Add** button. The **Add** button will not be available if that class is full. If you decide to change classes, click on "Remove" under the Option column.
- Arena scheduling will close on February 4, however you may still enroll your student. Please call the preschool office for any changes after the arena scheduling closes.

Families are welcome to come into Hogan Administrative Center (807 East Avenue South La Crosse, Wisconsin) to complete the enrollment process on a computer if needed.

4K Preschool Office
Preschool@lacrossesd.org
608-789-7006



SCHOOL DISTRICT ntawm LA CROSSE



2022-2023 4K Preschool Registration

****Qhib kev cuv npe kawm ntawv ntawm xyoo 2022-23 rau lub 12 hlis, tim 17, 2021****

4K Preschool kev cuv npe yog muaj ob them: 1) Menyuam kawm tshiab cuv npe hauv Online (qhib lub 12 hlis, tim 17, 2021) thiab 2) 4K Preschool site cuv npe (qhib Lub 2 Hlis, tim 1, 2022). Ob kauj ruam no yuav tsum ua kom tiav nyob rau hauv kev txiav txim. Cov menyuam kawm yuav tsum muaj hnuv nyoog 4 xyoos ua ntej lub 9 Hlis, tim 1, 2022 thiaj tso npe tau kawm 4K Preschool.

Daim ntawv nthuav tawm thiab qhia cuv npe yuav muaj tshwm sai sai tom ntej no.

Daim ntawv no yuav muaj sai sai txhais ua ntau hom lus thiab muab faib tom qab thaum npaj txhij.

Kauj Ruam 1— Kev Cuv Npe Kawm Ntawv Tshiab Hauv Online qhib rau lub 12 Hlis, tim 17, 2021 txhawm rau tso npe rau koj tus menyuam muaj hnuv nyoog 4 xyoos rau xyoo kawm ntawv 2022-2023.

- Mus rau Lacrosseschools.org thiab nyem rau ntawm "[Nrawm Hauv Peb Lub Tsev Kawm Ntawv](#)" khawm. Ua raws li cov lus qhia los tsim ib tus as-khauj thiab ua kom tiav Cov Menyuam Kawm Tshiab Online Kev Sau Npe hauv Skyward.
- Koj tuaj yeem xa los sis xa email ib daim duab tus menyuam kawm ntawv daim ntawv pov thawj hnuv yug thiab koj daim ntawv pov thawj chaw nyob. Yog tias cov ntaub ntawv no tsis xa mus rau lub sijhawm cuv npe, yuav tsum xa ua ntej Lub 2 Hlis, tim 4 txhawm rau tuav koj qhov chaw tseg.
- Nco tseg: Yog tias koj xav koom nrog hauv 4K qhov chaw cuv npe thaum qhib rau Lub 2 Hlis, tim 1, koj tus menyuam kawm ntawv 4K kev sau npe yuav tsum ua kom tiav rau Lub 1 Hlis, tim 27.

Kauj Ruam 2— 4K Preschool qhov chaw cuv npe yuav qhib online pib lub 2 Hlis, tim 1, 2022 thaum 7 teev sawv ntxov. Kev sau npe rau qhov chaw no yog leej twg xub sau npe ces tus ntawm tau kev pab ua ntej xwb.

- Nkag mus rau Skyward tsev neeg nkag mus thiab nyem rau ntawm Arena Teem caij khawm ntawm sab laug ntawm lub vijtsam. Nyob rau hauv lub npe preschool, nyem rau ntawm 2022-2023 xyoo. Tom qab ntawd koj yuav pom cov npe ntawm cov chaw kawm preschool.
- Xaiv koj cov chaw kawm uas koj xav tau thiab nyem rau ntawm lub pob **Ntxiv**. Lub **Ntxiv** khawm yuav tsis muaj yog tias chaw kawm ntawd puv lawm. Yog tias koj txiav txim siab hloov cov chaw kawm, nyem rau ntawm "Tshem tawm" hauv qab Option kem.
- Lub sijhawm teem sijhawm Arena yuav kaw rau Lub 2 Hlis, tim 4, txawm li ntawm los koj tseem rau koj tus menyuam npe tau rau kev kawm ntawv thiab. Thov hu rau lub chaw ua hauj lwm preschool yog hais tias muaj kev hloov pauv tom qab lub sijhawm teem sijhawm kaw lawm.

Zoo siab txais tos cov tsev neeg tuaj rau hauv Hogan Administration Center (807 East Avenue South La Crosse, Wisconsin) kom ua tiav cov txheej txheem rau npe nkag hauv computer yog tias xav tau.

4K Preschool Office
Preschool@lacrossesd.org
608-789-7006



HARVEST OF THE MONTH
 NEWSLETTER 12/2021


December



cabbage

FUN FACTS

- Cabbage is one of the oldest known vegetables! Red cabbage is one of the many varieties grown around the world.
- Cabbage is Russia's national food. Russians eat about seven times as much cabbage as the average North American.

NUTRITION INFO

One cup of raw cabbage has 22 calories and provides fiber and vitamins A & C.


Savory Roasted Cabbage

Serves 5

Ingredients:

- 1-pound cabbage, roughly chopped with core removed
- 2 Tbsp. olive oil
- ½ tsp. salt
- ¼ tsp black pepper

Directions:

Preheat oven to 400°F. Place cabbage in a large bowl. Add olive oil, salt and pepper; toss until evenly coated. Spread seasoned cabbage onto a sheet pan and place in oven for 10-15 minutes, stirring occasionally. When edges begin to brown, remove from oven and serve warm.

Per serving (1/2 cup): 70 calories, 6g fat, 1g saturated fat, 1g protein, 5g carbohydrate, 2g fiber, 250mg sodium

for more information visit www.laxf2s.org


PICK

Choose firm, heavy cabbage heads with unblemished leaves. Cabbage can be found as whole heads or shredded near bagged salad mixes.

STORE

Store cabbage tightly wrapped in the refrigerator and use within a few weeks. Once cut, place the remainder in a plastic bag or covered container and use within a few days.

PREPARE

To prepare cabbage, remove the thick outer leaves, slice in half, and remove the hard white core. Wash thoroughly and slice into desired thickness.

USE

Cabbage can be steamed, microwaved, boiled, roasted, or made into coleslaw or sauerkraut. Cabbage is a great addition to casseroles, stews, salads and soups.