



# March Newsletter

Dear Hamilton/SOTA I Community,

## A NOTE FROM MRS. FERNHOLZ

As the days lengthen and the promise of spring hangs in the air, it's an opportune moment to reflect on the growth and achievements within our school community. We have had successful Family Nights, including our most recent Family Movie Night at the Rivoli. Our Read Across America Week was full of fun spirit that concluded with a book parade as Hamilton & SOTA I students lined the hallways to share their favorite books, some dressed as fun characters from their book. We have embraced the warm weather by taking some walking field trips, as well as having extra time to play outside. Our Family/Teacher conferences have allowed us to connect with families and celebrate the student growth we have seen this school year. Finally, we have planned for our next three months - filled with concerts, graduation & more Family nights!

Thank you for your continued support! We are looking forward to Spring!

Jenna Fernholz

- Monday, March 4th - NO SCHOOL, Family Teacher Conferences
- Tuesday, March 5th - Hamilton PTO 5pm, SOTA Steering Committee 6pm
- Thursday, March 7th - SOTA I Spaghetti Spectacular Fundraiser
- Friday, March 8th - Battle of the Books at UWL
- Thursday, March 21st - March Madness Family Night
- March 28th - April 2nd NO SCHOOL Spring Break
- April 8th - April 26th - FORWARD Testing (Grades 3-5)
- April 18th - Bike Rodeo Family Night
- May 1st - SOTA I Orchestra Concert
- May 9th - Music Concert (Hamilton & SOTA I)
- May 22nd - SOTA I Informance
- June 4th - Graduation (Hamilton & SOTA I) & Family Night

*Save the Date*



# BATTLE OF THE BOOKS!



THE TOP 2 TEAMS FROM EACH SCHOOL  
WILL PARTICIPATE IN THE DISTRICT  
BATTLE OF THE BOOKS COMPETITION AT  
UWL ON MARCH 8TH!

**SOTA**  
TOP 2 TEAMS



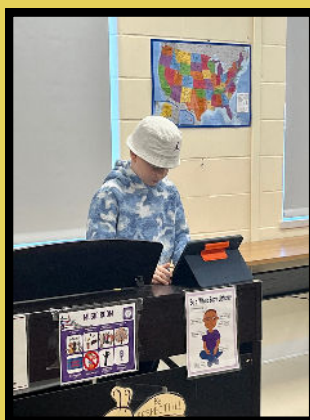
**HAMILTON**  
TOP 2 TEAMS

**OTHER  
TEAMS**





SOTA I Open Mic is once a month in the Community Room. This month featured piano playing, jokes, DJing, violin playing, song singing, beatboxing, the worm & the Griddy, and a fun game of Fact or Fiction

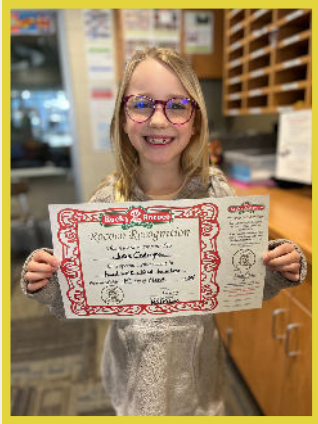




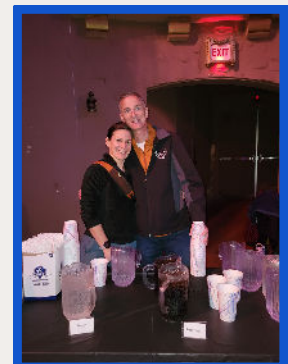
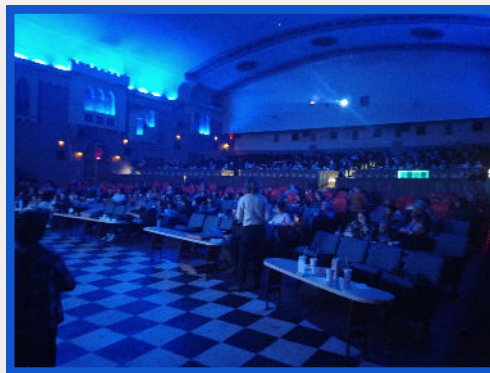


# STAR STUDENTS OF THE MONTH

## February



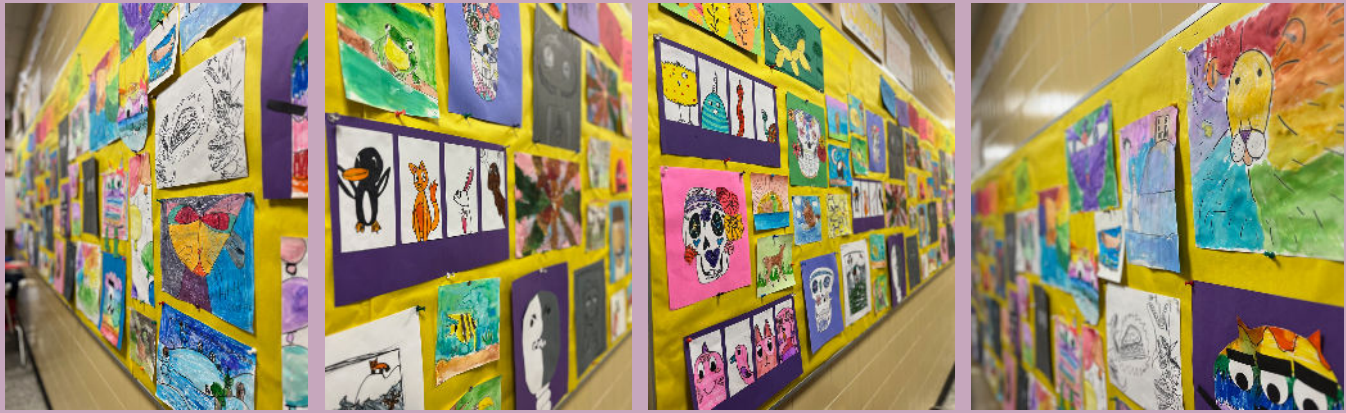
## fAmILy



# ART NEWS

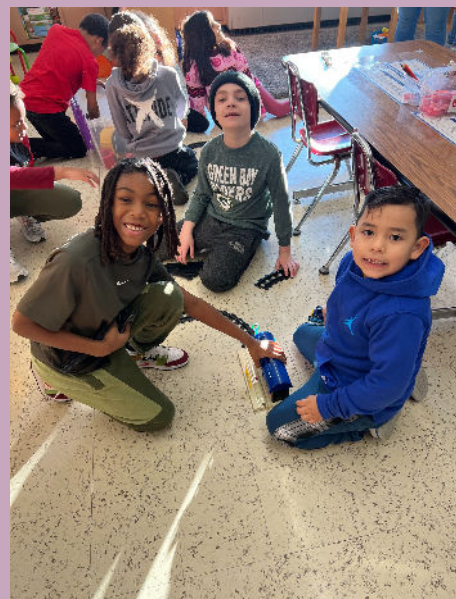


We're celebrating creativity during Youth Art Month at our school! Throughout March, we're showcasing the imaginative works of our talented students throughout the entire school. Each student has a piece of work displayed near their lockers and other displays around the building showcase projects we've worked on throughout the year!



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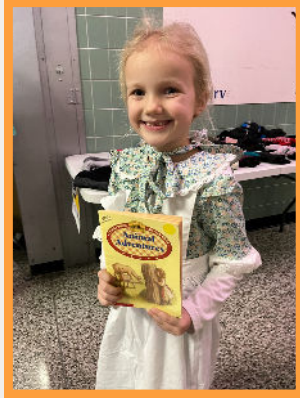
**GLOBAL PLAY DAY - We  
Celebrated on February 7th!**





# Read Across America

We celebrated Read Across America the week of February 26th - March 1st. Read Across America is an annual reading motivation and awareness program that calls for every child in every community to celebrate reading. We had a blast celebrating reading all week!



## Summer School Online Registration Instructions

### **For registration between February 28th - March 15th, 2024**

**Pre-registration for Reading/Math, Kindercapers, or Preschool Pals**

1. Visit the District website: [www.lacrosseschools.org](http://www.lacrosseschools.org) and click the "Skyward" button for Online Registration.

**OR**

2. Use the QR code or link provided on the Teacher Referral form that you may have received from your child's teacher.
3. Enter your Family Access Login and Password.
4. Click **Schedule** on the left side of the screen.
5. On the top right side of the Family Access screen, under **Course Requests now open**, click on **Request Courses for 2024-2025** school year.
6. Select the desired course and click **Add Course**. You can search by course number on the bottom of this column.
7. To remove a request, highlight the course and select **Remove Course**.
8. When you are done entering your courses, click the "x" in the upper right corner, this saves your selections and takes you out of that screen, then click the **Exit** button which takes you out of family access.

### **For registration between March 22nd - April 12th, 2024**

**All summer school courses including Music lessons/Camps, Reading/Math, Kindercapers, or Preschool Pals**

1. Visit the District website :[www.lacrosseschools.org](http://www.lacrosseschools.org) and click the "Skyward" button for Online Registration.

**OR**

2. Use the QR code or link provided on the Teacher Referral form that you may have received from your child's teacher.
3. Enter your Family Access Login and Password.
4. **Click the Arena Scheduling button on the left side of the screen.**
5. Under the Summer School heading, click on 2024-2025 under your child's name. (All of your children's names should be listed; if not, please contact your current school's office.)
6. In the lower right corner, you can search by **CourseDescription**. You may also search by Period or Subject by selecting an option from the drop-down menus at the top of the screen and click **Apply Filter**. It will display a list of classes that match your search criteria and your child's current grade level. The **CLASS** column will be listed to verify the correct course. The class number will match the course number in the Summer School catalog.
7. For each selected course, the system will display how many seats are available and if the course fits in your schedule. Click on the **ADD** button to add this to your schedule. It will now display that you are enrolled in this course. The system will not allow you to schedule classes that overlap.
8. **Please call the summer school office if any of your courses overlap with Reading/Math, Kindercapers or Preschool Pals.**
9. If your registration has taken the last spot for that course, it will show "Enr" under the "Fit" column and then "Closed" under the Seats Avail column.
10. If you decide to cancel enrollment from a course, click on **REMOVE** under the option column.
11. Once your course selections are complete, click on the **view/print schedule** tab.
12. If your schedule looks correct, click the **PRINT SCHEDULE** button to print a copy of your schedule. You can log into Family Access at any time and print your schedule.
13. Repeat these steps for each additional child that you wish to register for Summer School courses.

***Non-resident/Non-Open Enrolled Students: If your child is not currently enrolled with the district please contact the Summer School office at 789-8955 between 7:00am - 3:30pm for different enrollment directives.***

Summer School Office location: La Crosse Polytechnic School, 228 5th Ave S, La Crosse, WI 54601





# SCHOOL GARDEN NEWS

March 2024



## Pollinator Project Workshops

Thursday, March 21st and Tuesday, March 26th

5:30 - 7:00 PM

Horticulture Education Center

624 Vine Street, La Crosse

Engage in hands-on activities and discussions led by Tanner Pettit.  
Suggested donation of \$10.

Join us for an immersive workshop on the importance of pollinator patches in gardens! This family-friendly event welcomes beginners and seasoned gardeners alike to learn about the vital role pollinators play in our ecosystem.

To RSVP please visit: [GROWLaCrosse.org](http://GROWLaCrosse.org)

### *The Pollinator Project*

Did you know that pollinators are needed for every 1 out of every 3 bites of food you eat? All of GROW's programs this year will focus on the important role pollinators and diversity play in our food systems and communities. We need pollinators and diversity in plant life to make our gardens thrive, just like cultural diversity helps to make our community a vibrant place to live. Students will have the opportunity to enhance or create pollinator habitats through growing native plants in or next to their school gardens during garden lessons this spring.

### *Summer Offerings*

Look for opportunities to participate in GROW garden and farm programs in the Summer Enrichment Course catalogue.



### Thank You Garden Sponsors



[GROWLaCrosse.org](http://GROWLaCrosse.org)





WITH **POWER UP  
SWEET POTATO**



**Select** – Choose sweet potatoes that are firm and smooth.

**Store** – Store in a cool, dark place for 3-5 weeks.

**Prepare** – Rinse under cool, running water and scrub to remove dirt.

**Sweet Potatoes are the Harvest of the Month!**

**Add sweet potatoes to your favorite family meals:**

- Slice, toss with oil and seasonings, and bake to make sweet potato fries.
- Mash with butter and cinnamon for a sweet side dish.
- Bake whole and top with black beans & salsa or maple syrup & toasted pecans.

*Make meals and memories together. It's a lesson kids will use for life.*

**Did you know?**

Sometimes people call sweet potatoes yams, but yams and sweet potatoes are different vegetables! Sweet potatoes are root vegetables that came from the tropical regions of Central and South America. Yams are large, starchy roots from Africa and Asia.



Nutritious, Delicious, Wisconsin!  
#WIHarvestOfTheMonth

This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. The University of Wisconsin-Madison Division of Extension is an EEO/AA institution committed to diversity among its employees and in its programs.

## RECIPE OF THE MONTH

### Chocolate Sweet Potato Pudding

Serves 4

**Ingredients:**

- 2 medium mashed sweet potatoes
- 1/4 cup cocoa powder
- 3 Tablespoons sweetener (sugar, brown sugar, maple syrup, honey)
- 1 teaspoons vanilla extract
- 1/4-1/2 cup liquid (milk, water)

Place all ingredients in a blender or food processor and blend until smooth. Chill and serve.

Per serving: 117 calories, 1g fat, 2g protein, 27g carbohydrate, 2g fiber, 37mg sodium

Source: laxf2s.org

MON

TUE

WED

THU

FRI



2024

Breakfast is served with white milk.  
Breakfast choice #2 is always cereal.  
Lunch includes fruit, veggie, & choice of milk.

|   |  |  |  |  |                                     |  |  |  |  |
|---|--|--|--|--|-------------------------------------|--|--|--|--|
| <div>2024</div> <div>Breakfast is served with white milk.<br/>Breakfast choice #2 is always cereal.<br/>Lunch includes fruit, veggie, &amp; choice of milk.</div>                             |  |  |  |  | <div>NO SCHOOL!</div>               |  |  |  |  |
| <div>day 1</div> <div>4</div> <div>BREAKFAST</div> <div>#1 Pancakes</div> <div>LUNCH</div> <div>#1 Beef Nachos</div> <div>#2 EZ Jammer &amp; Cheese Stick</div>                               |  | <div>day 2</div> <div>6</div> <div>BREAKFAST</div> <div>#1 Egg, Bacon &amp; Cheese Sandwich</div> <div>LUNCH</div> <div>#1 Pasta with Meatballs</div> <div>#2 Yogurt &amp; Cheese Stick</div>    |  | <div>day 3</div> <div>7</div> <div>BREAKFAST</div> <div>#1 Muffin</div> <div>LUNCH</div> <div>#1 Cheese Pizza</div> <div>#2 EZ Jammer &amp; Cheese Stick</div>                         |                                     | <div>day 4</div> <div>8</div> <div>BREAKFAST</div> <div>#1 Breakfast Pizza</div> <div>LUNCH</div> <div>#1 Fish Sticks</div> <div>#2 Chicken, Bacon, Ranch Wrap</div>             |  |  |  |
| <div>day 5</div> <div>11</div> <div>BREAKFAST</div> <div>#1 Cinnamon French Toast</div> <div>LUNCH</div> <div>#1 Orange Chicken</div> <div>#2 Yogurt &amp; Cheese Stick</div>                 |  | <div>day 6</div> <div>12</div> <div>BREAKFAST</div> <div>#1 Chicken Patty on a Biscuit</div> <div>LUNCH</div> <div>#1 Walking Taco</div> <div>#2 EZ Jammer &amp; Cheese Stick</div>              |  | <div>day 1</div> <div>13</div> <div>BREAKFAST</div> <div>#1 Scrambled Eggs</div> <div>LUNCH</div> <div>#1 Breaded Ravioli</div> <div>#2 Yogurt &amp; Cheese Stick</div>                |                                     | <div>day 2</div> <div>14</div> <div>BREAKFAST</div> <div>#1 Breakfast Burrito</div> <div>LUNCH</div> <div>#1 Cheese Pizza Wedge</div> <div>#2 EZ Jammer &amp; Cheese Stick</div> |  |  |  |
| <div>day 4</div> <div>18</div> <div>BREAKFAST</div> <div>#1 Mini Bagels with Cream Cheese</div> <div>LUNCH</div> <div>#1 Chicken Patty Sandwich</div> <div>#2 Yogurt &amp; Cheese Stick</div> |  | <div>day 5</div> <div>19</div> <div>BREAKFAST</div> <div>#1 Pancakes</div> <div>LUNCH</div> <div>#1 Pork Street Taco</div> <div>#2 EZ Jammer &amp; Cheese Stick</div>                            |  | <div>day 6</div> <div>20</div> <div>BREAKFAST</div> <div>#1 Egg, Bacon &amp; Cheese Sandwich</div> <div>LUNCH</div> <div>#1 Meatball Sub</div> <div>#2 Yogurt &amp; Cheese Stick</div> |                                     | <div>day 1</div> <div>21</div> <div>BREAKFAST</div> <div>#1 Muffin</div> <div>LUNCH</div> <div>#1 Pepperoni Pizza</div> <div>#2 EZ Jammer &amp; Cheese Stick</div>               |  |  |  |
| <div>day 3</div> <div>25</div> <div>BREAKFAST</div> <div>#1 Cinnamon French Toast</div> <div>LUNCH</div> <div>#1 Chicken Tenders</div> <div>#2 Yogurt &amp; Cheese Stick</div>                |  | <div>day 4</div> <div>26</div> <div>BREAKFAST</div> <div>#1 Chicken Patty on a Biscuit</div> <div>LUNCH</div> <div>#1 Beef &amp; Cheese Burrito</div> <div>#2 EZ Jammer &amp; Cheese Stick</div> |  | <div>day 5</div> <div>27</div> <div>BREAKFAST</div> <div>#1 Scrambled Eggs</div> <div>LUNCH</div> <div>#1 Cheese Omelet &amp; Pancakes</div> <div>#2 Yogurt &amp; Cheese Stick</div>   |                                     | <div>day 2</div> <div>22</div> <div>BREAKFAST</div> <div>#1 Breakfast Pizza</div> <div>LUNCH</div> <div>#1 Mac &amp; Cheese</div> <div>#2 Ham &amp; Cheese Sub</div>             |  |  |  |
|   |  |  |  |  | <div>29</div> <div>NO SCHOOL!</div> |  |  |  |  |
|   |  |  |  |  | <div>28</div> <div>NO SCHOOL!</div> |  |  |  |  |