

The Bobcat Bulletin

Southern Bluffs January 2021 Newsletter

Upcoming Events

- Jan. 20 ~ K-2 in person
- Jan. 25 ~ all other grades return in person
- Report cards go home
- Feb. 3 ~ School pictures taken during school day (CRVA 7:30-8:30 or 3:00-3:45)

Reminders

- Please send classroom supplies in your student's backpack or drop at the office between 7:30-4:00.
- Doors are locked and students cannot enter the building before 8:20 a.m.

2021: The Year We Came Back

By Mrs. Schreiner



I am not sure about your house, but I know in our schoolhouse the energy level has certainly amped up as we prepare to bring our students back into the building for face-to-face learning. We will be doing our best over the next couple of weeks to communicate out to families the many protocols, procedures and expectations in order to keep students and staff safe. I would be remiss if I did not first and foremost recognize the amazing work that our staff has been doing since last March to stay connected with and instruct students. I guarantee that no one, when entering the field of education, could have imagined this current reality.

Along with the excitement of welcoming students back comes a bit of trepidation. We have worked diligently to design, review and revise plans around safely educating your child(ren) when here at Southern Bluffs. Safety is at the foundation of all of our plans and because of that some of the procedures and practices at Southern Bluffs are different. There are some that I wish to highlight so that families can best plan for them. ...cont'd pg. 2

2021: The Year We Came Back...cont'd

- Surround Care will still be in the cafeteria, however, families will have to call or be met by the YMCA staff when dropping off/picking up their child.
- All of our doors will remain locked until 8:20AM. Students should not be dropped off prior to 8:20. They will relock at 8:40AM.
- Students will enter/leave the school from assigned doors located off of the playground. Students will access those doors by walking (maintaining social distance and wearing a mask) from the sidewalk near the end of the bus area, through the gate and around to their door.
- We are asking that parents/guardians wait in the parking lot/main entrance area to pick up their child(ren) at the end of the day. Please socially distance.
- Winter wear – boots, snow pants, coats, hats, mittens– will be needed EVERY DAY. PE and Recess will be held outside.
- If you need to pick up a child during the day, we ask that you notify the main office so that we can have your child ready to come out and meet you when you arrive. Call when you arrive, and we will have your child come out to your vehicle.
- Students will be eating breakfast and lunch in their classrooms. Classrooms are set up so that student desks are spaced six feet from one another.
- Masks are required for everyone 5 years old and up; both in and out of the building. Masks will be off when eating.

While some of the above procedures are different and may feel a bit restrictive, these steps along with many, many others are what allows for us to come together once again. Thank you for respecting and following them. Please continue to check the Message Center in Skyward Family Access as we continue to keep you updated and informed. If you have any questions/concerns, do not hesitate to call (789-7020) or email me at lschrein@lacrossesd.org.

Jan. 13 - Asynchronous instruction

Jan. 14 & 15 - No instruction as teachers plan/prepare to bring students back to school

Jan. 18 - Non-school day for students/staff

Jan. 19 - Non-school day for students
-Staff development

Jan. 20-22 - *Grades K-2* students return to F2F learning
Grades 3-5 - Synchronous remote instruction for grades
4K, 3-5 all three dates

Jan. 25 - *Grades 4K, 3-5* students return to F2F learning
-Report cards sent home



REMINDERS



Next PTO
Meeting
January 18th
6:30 pm

BREAKFAST CEREAL ROTATION

Monday-Cinnamon Toast Crunch

Tuesday-Trix

Wednesday-Frosted Flakes

Thursday-Cinnamon Toast Crunch

Friday-Trix

Make sure to download the "Here Comes the Bus" app for easy access to your child's bus route/times.



SCHOOL DISTRICT OF
LA CROSSE



Here Comes the Bus®

Now available to parents of Southern Bluffs students

- View the real-time location of your child's bus
- Access the app from your smartphone, tablet or computer
- Receive push notifications or email alerts
- Send your child to the bus stop at just the right time, every time

How to get started:

1. Download the *Here Comes the Bus* app* or visit herecomesthebus.com
2. Click the  button
3. Enter school code (**87866**) and click "Next" followed by "Confirm"
4. Complete the "User Profile" box
5. Under "My Students," click "Add." Enter your child's last name and student ID number (*accessible in [Skyward's](#) "Portfolio" tab*)
6. Once you confirm your information, you're ready to begin using *Here Comes the Bus*!

*Available at the App Store and Google Play

Here Comes the Bus® is a registered trademark of Synovia Solutions™ LLC

hat



gloves



jacket



snow pants



boots



It's incredibly important that all students come to school EVERY DAY with appropriate winter gear, as recess and P.E. class will be outside most days. We also can't share donated "community" items like we normally do. See the following page if you need help obtaining winter items for your child.



It's a winter wonderland
which means winter gear season!

When school is back in session, it will be important for children to bring winter weather gear every day for outdoor recess. Students should bring: coat, hat, mittens/gloves, snow pants and boots so they can have fun and be safe at recess.

There is a free community resource that helps families with winter gear. More information is here: <https://cclse.org/coats-for-kids-campaign/> You can sign up on through the Catholic Charities website listed above. Or call 782-0710 and dial one of these extensions: 1214 or 1241 or 1211. Appointments are needed this year for COVID safety.

If you have any questions about this resource, please be in touch with Becky Lueck, School Counselor, 789-7020 blueck@lacrossesd.org

If possible,
please send
extra pair of
gloves with
your child
each day



PREPARING YOUR CHILDREN FOR FACE-TO-FACE SCHOOL:

After an extended time at home, some children may require more preparation than usual to transition back into the school year. It's not too early or too late to listen to your child's hopes and fears, practice a goodbye ritual for drop-off, and preview changes in school procedures. Here are a few resources that may help. Please be in touch with me if I can help support you or your child(ren).

Talking With Children about Coronavirus

[How to Make Your Conversation Reassuring and Age Appropriate](#)

[My Hero Is You](#): A fictional book developed by and for children aims to help families understand and cope with COVID-19.

[My Hero Is You: VIDEO](#)

Returning to School

[2 minute video for parents/guardians--Talking to your child about returning to school](#)

[6 minute video for parents/guardians: 6 tips to help you prepare you children for back to school during the COVID-19 Pandemic](#)

Separation Anxiety

[Sesame Street Separation Anxiety Toolkit](#)

[What is Separation Anxiety and How Is It Treated](#)

[Back to School 2020 and Separation Routines](#)

General Anxiety

[Helping Your Anxious Child](#)

[Headaches and Stomachaches](#)



***SOUTHERN BLUFFS FOOD PANTRY
VOLUNTEER WANTED:***

We are looking for 1-2 volunteers to help with our school's food pantry. We anticipate the time commitment would be 2-4 hours a month during the school year (Sept-May). The dates/times are flexible to the volunteer's schedule. The volunteer(s) would need to complete the school district's volunteer background check and follow school's protocols for COVID safety (masks, social distancing, handwashing, etc).

The main duties include "shopping" for non-perishable food items 1-2 times a month at the Hunger Task Force. The Hunger Task Force is open 8am-3pm Monday-Friday and is located on La Crosse's north side, near the Erickson Boys & Girls Club. Also, delivering food items to Southern Bluffs Elementary School. At this time volunteers are not allowed inside school district buildings, but when COVID conditions improve, there could be opportunities to sort and prepare food boxes for the monthly giveaways.

If you are interested and/or have questions, please contact Becky Lueck at 789-5128 or blueck@lacrossesd.org



Scan the QR code to watch a PBIS video with your student/s



Definition of PBIS

- An approach designed to monitor and teach students more acceptable ways to behave through positive reinforcement. It is also teaches the children how to develop and maintain positive social relationships.
- An interactive approach that includes opportunities to correct and improve outcomes on behavior, practices of strategies, data used to analyze progress and changes, and supports needed to implement the program.

	Expectations in ALL Settings	Arriving to school	Entering the building	Walking the hallways	Eating in the classroom	Using the bathroom	Recess	Going to office/health room	Dismissal – getting on the bus	Dismissal – pick-up
Respectful	<ul style="list-style-type: none"> • Listen • Follow directions • Use appropriate voice • Treat others the way THEY want to be treated 	<ul style="list-style-type: none"> • Stay on the sidewalk 	<ul style="list-style-type: none"> • Wait for the person in front of you to enter the building 	<ul style="list-style-type: none"> • No talking while walking, whisper while waiting • Stay tight to the right 	<ul style="list-style-type: none"> • Wait patiently while food is passed out 	<ul style="list-style-type: none"> • Whisper while waiting 	<ul style="list-style-type: none"> • Wait your turn to get on the playground 	<ul style="list-style-type: none"> • Wait your turn • Enter the health room only when invited in 	<ul style="list-style-type: none"> • Wait in your classroom for your assigned bus to be called 	<ul style="list-style-type: none"> • Wait in your classroom for pick-up students to be dismissed • Stay on the sidewalk
Responsible	<ul style="list-style-type: none"> • Use your supplies only • Take care of environment 	<ul style="list-style-type: none"> • Walk to your assigned door 	<ul style="list-style-type: none"> • Enter at your assigned door 	<ul style="list-style-type: none"> • Follow the arrows • Use quiet walking feet 	<ul style="list-style-type: none"> • Follow meal time routine 	<ul style="list-style-type: none"> • Quick, quiet, clean • Try to use the toilet during your scheduled time 	<ul style="list-style-type: none"> • Follow the rules of the game • Line up when the bell goes off 	<ul style="list-style-type: none"> • Check-in with office staff first 	<ul style="list-style-type: none"> • Exit from your assigned door and walk directly to the bus • Sit in your assigned seat 	<ul style="list-style-type: none"> • Exit from your assigned door • Locate your adult and walk to them quickly
Safe	<ul style="list-style-type: none"> • Wear your mask appropriately • Stay within your 6 foot bubble • Wash/sanitize hands as you move in and out of spaces 	<ul style="list-style-type: none"> • Use each step as you leave the bus • Stay to the right of the yellow line 	<ul style="list-style-type: none"> • Walk directly to your classroom once you are inside 	<ul style="list-style-type: none"> • Go to where you should be going and back 	<ul style="list-style-type: none"> • Sit on your pockets • Wash your hands before and after eating • Sanitize desks after eating 	<ul style="list-style-type: none"> • Walk right to the sink and wash your hands with soap for 20 seconds after flushing 	<ul style="list-style-type: none"> • Stay with your cohort in the space you are assigned to play in 	<ul style="list-style-type: none"> • Stand and wait on floor sticker until it is your turn 	<ul style="list-style-type: none"> • Stay to the left of the yellow line • Face front 	<ul style="list-style-type: none"> • Only go with an adult you know • Stay with a school adult if your ride has not arrived yet



Lifetouch.

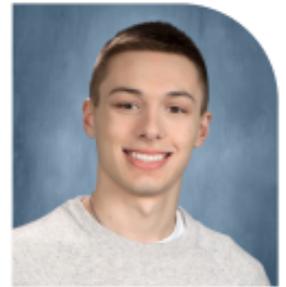
PICTURE DAY IS COMING



Order your school pictures
today on mylifetouch.com



Wednesday, February 03, 2021
Southern Bluffs Elementary School



- ① Visit mylifetouch.com
- ② Enter your Picture Day ID
EVTCB2R3H
- ③ Order your perfect package—
and don't worry about returning
anything on Picture Day!

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REWARDS™

Earn exclusive offers for your
online picture purchases.

**CRVA students are
welcome to come to
school for pictures either:
7:30-8:30am or
3:00-3:45**

Retakes will be
March 10th

New Staff Spotlight

MARIA FRANKE 2ND GRADE TEACHER

Where are you originally from? La Crosse

What was your favorite subject in school? Math

Tell us about your family: I have a younger brother who is 19. (He went to Southern Bluffs!) I have amazing parents, grandparents, and lots of cousins

Favorite activities/hobbies: Reading, cooking, spending time outside, crafting, spending time with friends and family

Favorite food: Brats and Sauerkraut

Favorite color: Red

Favorite movie: Matilda

Favorite book: A Bad Case of Stripes

Who is your hero? My mom is my hero because she is the kindest and most thoughtful person I know.

Fun Fact: Ms. Hemmersbach and I are roommates!

What influenced you to become a teacher? My mom is a first-grade teacher, so I grew up helping set up her classroom in the summer and going to her school on my days off. Since I was about 5, she would bring me to her class for “Bring Your Daughter to Work Day.” I loved being part of her class on those days and, as I got older, helping out with the kids.

What do you like about working at Southern Bluffs?

I love being a teacher because I get to know so many different kids and families and learn all about who they are. I also love helping and seeing kids grow so much in their learning and who they are throughout the school year.



Staff Spotlight!!

BRIAN SKILES-CUSTODIAN

Where are you originally from?

La Crosse, WI

What were your favorite subjects in school?

History and Phy Ed.



Tell us about your family: My wife's name is Jamie and we have been married for 4 years. We have 2 children. Henry is 3 years old and Chester "Chet" is 18 months old. We also have a 5-year-old dog named Winnie.

Favorite activities/hobbies: Going on walks, playing softball, golfing, watching sports, cooking/grilling, and spending time with family.

Favorite food: Pizza, with tacos being a close second

Favorite movie: Forrest Gump or Stand by Me

Favorite book: Little Blue Truck (favorite one I read to my kids)

Who is your hero? My mom is my hero because she has taught me many things in life, which shaped me into the person I am today.

Hidden talents? I've been known to whistle a tune or two throughout the hallways of our school.

What do you like about working at Southern Bluffs? I like Southern Bluffs because the kids are such fun to interact with on a daily basis. Whether it's the questions they ask me or just some random thing they might be thinking at the moment, the kids always seem to put a smile on my face or brighten my day just a little more. Also, the scenery around our school with the bluffs, river, and wildlife is amazing!

SCHOOL DISTRICT OF LA CROSSE

4K Preschool ** NEW enrollment process**



2021-2022 4K Preschool Registration

New Student Online Enrollment for the 2021-22 school year will open on November 16 2020.

4K Preschool site selection will be completed online starting January 18, 2021 at 7 AM. This will still be a first -come ,first -served sign up.

Families are welcome to come into Hogan to complete the enrollment process on a computer if needed. Students must be 4 on or before September 1 2021 to enroll into 4K Preschool.

Step 1– Starting November 16, enroll your 4 year old for the upcoming school year. Please visit Lacrosseschools.org and click on “Enroll In Our Schools” button. Follow the prompts to create an account and complete the New Student Online Enrollment process. You may upload or email a picture of the student’s birth certificate and your proof of address. If these documents are not submitted during enrollment, they will need to be submitted by January 22 to hold your spot.

Enrollment needs to be completed by January 14 if you want to enroll on Jan.18.

Step 2— Starting January 18 at 7AM– Log into Skyward family access and click on the Arena Scheduling button on the left side of the screen. Under the preschool heading, click on 2021-2022 year. You will then see the list of preschool classes. Select your class and click on the **Add** button. The **Add** button will not be available if that class is full. If you decide to change classes, click on “Remove” under the Option column. Arena scheduling will close on January 22, however you may still enroll your student. Please call the preschool office for any changes after that.

4K Preschool Office

Preschool@lacrossesd.org

608-789-7006





When does my sick child and other family members need to stay home?

If anyone in the house has:

- Cough
- Shortness of breath
- Difficulty breathing
- New loss of taste
- New loss of smell

Or at least 2 of the following:

- Fever
- Body aches
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Chills
- Headache
- Fatigue



When can we return to school and work?

	Sick person	Household members
Sick individual is diagnosed with a different illness	Follow guidance from medical provider	All well individuals may return to school and work
Sick individual tests negative for COVID-19	24 hours symptom free without using medicine	All well individuals may return to school and work
Sick individual tests positive for COVID-19	10 days after symptoms started AND fever free for 24 hours with other symptoms improving	14 days after last contact with sick person AND do not have any COVID symptoms
Sick individual does not test for COVID-19 and does not have a medical diagnosis of another illness	10 days after symptoms started AND fever free for 24 hours with other symptoms improving	14 days after last contact with sick person AND do not have any COVID symptoms

Note: There are other times a child will be required to stay home from school because of potential exposure to COVID. Public Health will provide directions if this happens.

IMMUNIZATIONS 2021

So many things have changed in our lives, but one thing that has not changed are the standard immunizations needed for our children! Annual wellness appointments with providers may be off schedule due to the pandemic, so it is important to remember what is needed for the *next school year*. Below is a chart indicating what vaccines are needed and when they are needed.

For Example: Children going into 6th grade need a Tdap (Tetanus, Diphtheria, and Pertussis-which is whooping cough). Providers may also discuss other recommended vaccinations in this age group such as HPV or Meningitis.

If you have any questions, please contact your school nurse.

When Do Children and Teens Need Vaccinations?

Age	HepB Hepatitis B	DTaP/Tdap Diphtheria, tetanus, pertussis (whooping cough)	Hib Haemophilus influenzae type b	IPV Polio	PCV13 Pneumococcal conjugate	RV Rotavirus	MMR Measles, mumps, rubella	Varicella Chickenpox	HepA Hepatitis A	HPV Human papillomavirus	Men- ACWY Meningococcal	MenB Meningococcal	Influenza Flu
at Birth (within 24 hours of birth)	✓												
2 months	✓	✓	✓	✓	✓	✓							
4 months	✓ ¹	✓	✓	✓	✓	✓							
6 months	✓ (6-18 mos)	✓	✓ ¹	✓ (6-18 mos)	✓	✓ ¹							✓ (6 mos and older)
12 months			✓ (12-15 mos)		✓ (12-15 mos)		✓ (12-15 mos)	✓ (12-15 mos)	✓✓ (2 doses given 6 months apart routinely at age 12-23 months)				
15 months		✓ ² (15-18 mos)											
18 months													
19-23 months									HepA vaccine (2 doses) is also recom- mended for children and teens not previously vaccinated.				
4-6 years		✓		✓			✓	✓					Influenza vaccine is recom- mended every year for every- one age 6 months and older.
7-10 years													
11-12 years		✓ (Tdap)								✓✓ ³	✓		
13-15 years													
16-18 years											✓	✓✓ ^{4,5}	

One dose each fall or winter to all people ages 6 mos and older. Some children younger than age 9 years need 2 doses; ask your child's healthcare provider if your child needs more than 1 dose.



Saint Paul, Minnesota • 651-647-9009 • www.immunize.org • www.vaccineinformation.org
www.immunize.org/catg.d/p4050.pdf • Item #P4050 (5/20)

FOOTNOTES

- 1 Your child may not need this dose depending on the brand of vaccine that your healthcare provider uses.
- 2 This dose of DTaP may be given as early as age 12 months if it has been 6 months since the previous dose.
- 3 Children with certain medical conditions will need a third dose.
- 4 This vaccine may be given to healthy teens. It is also recommended for adolescents with certain health conditions.
- 5 Your teen may need an additional dose depending on your healthcare provider's recommendation.

Monday

Tuesday

Wednesday

Thursday

Friday

Cereal offered every day for breakfast as choice 2.

Menu is subject to change.

Jan 20

Breakfast- wg snack bread
Juice & fruit
Lunch Choice 1-Colby Omelet
Mini Panckaes
Choice 2- Yogurt

Cheese Stick
Appleways Oatmeal Bar
Potato Babycakes
Fruit of the Day
Chocolate Fat Free Milk
Lowfat White Milk

Jan 21

Breakfast-Mini Cinni
Juice & fruit
Lunch Choice 1- Pepperoni Pizza
Choice 2- Yogurt

Cheese Stick
WG Snack Crackers
Baked Beans
Fruit of the Day
Mini Rice Krispies Treat
Chocolate Fat Free Milk
Lowfat White Milk

Jan 22

Breakfast-Frudel
Juice & fruit
Choice 1-Chicken Fajita Melt
Choice 2-Yogurt
Cheese Stick
WG Snack
Carrot Coins
Fruit of the Day Chocolate Fat
Free Milk Lowfat White Milk

Jan 25

Breakfast-Breakfast Bread
Juice & Fruit
Choice 1-Grilled Chicken Burger
Ketchup Packet
Choice 2- Yogurt

Cheese Stick
WG Snack
Fresh Veggies
Fruit of the Day
WG Cookie
Chocolate Fat Free Milk
Lowfat White Milk

Jan 26

Breakfast-Apple Bar & Cheese
stick
Juice & fruit
Choice 1-Lasagna Rollup

Garlic Toast
Choice 2- Yogurt
Cheese Stick
WG Snack
Green Beans
Fruit of the Day
Chocolate Fat Free Milk
Lowfat White Milk

Jan 27

Breakfast-WG Snack bread
Juice & fruit
Choice 1-Beef Nachos
Choice 2- Yogurt
Cheese Stick
Appleways Oatmeal Bar
WG Tortilla Chips
Cowboy Corn Salsa Fresh
Veggie
Fruit of the Day
Chocolate Fat Free Milk
Lowfat White Milk

Jan 28

Breakfast-mini bagel w/ cream
cheese
Juice & fruit
Choice 1-Cheese Pizza
Choice 2- Yogurt

Cheese Stick
WG Snack
Green Peas
Fruit of the Day
Chocolate Fat Free Milk
Lowfat White Milk

Jan 29

Breakfast-Mini Pancakes
Juice & fruit
Choice 1-Cheeseburger
Burger Fixins
Choice 2-Assorted Yogurt (4 oz)
Cheese Stick
WG Snack
Oven Fries
Fruit of the Day Chocolate
Fat Free Milk Lowfat White
Milk

HARVEST OF THE MONTH
 NEWSLETTER 1/2021

JANUARY
cabbage
FUN FACTS

- Cabbage is one of the oldest known vegetables! Red cabbage is one of the many varieties grown around the world.
- Cabbage is Russia's national food. Russians eat about seven times as much cabbage as the average North American.

NUTRITION INFO

One cup of raw cabbage has 22 calories and provides fiber and vitamins A & C.


Savory Roasted Cabbage

Serves 5

Ingredients:

- 1-pound cabbage, roughly chopped with core removed
- 2 Tbsp. olive oil
- ½ tsp. salt
- ¼ tsp black pepper

Directions:

Preheat oven to 400°F. Place cabbage in a large bowl. Add olive oil, salt and pepper; toss until evenly coated. Spread seasoned cabbage onto a sheet pan and place in oven for 10-15 minutes, stirring occasionally. When edges begin to brown, remove from oven and serve warm.

PICK

Choose firm, heavy cabbage heads with unblemished leaves. Cabbage can be found as whole heads or shredded near bagged salad mixes.

STORE

Store cabbage tightly wrapped in the refrigerator and use within a few weeks. Once cut, place the remainder in a plastic bag or covered container and use within a few days.

PREPARE

To prepare cabbage, remove the thick outer leaves, slice in half, and remove the hard white core. Wash thoroughly and slice into desired thickness.

USE

Cabbage can be steamed, microwaved, boiled, roasted, or made into coleslaw or sauerkraut. Cabbage is a great addition to casseroles, stews, salads and soups.

Per serving (1/2 cup): 70 calories, 6g fat, 1g saturated fat, 1g protein, 5g carbohydrate, 2g fiber, 250mg sodium

for more information visit www.laxf2s.org

Southern Bluffs Elementary School



“What families need to know for our return to face-to-face learning in January”

Due to an [update](#) from the Harvard Global Health Institute on their model for operating schools during the pandemic, in which they examined the evidence on how COVID-19 is spread in children and how it is spread at schools, the School District of La Crosse will begin transitioning to face-to-face instruction. Their multidisciplinary team found that schools with strong infection control practices successfully held in-person school, with very little transmission at school, even with high rates of community spread. As a result, their new recommendations indicate that with strong infection control practices, it is safe to hold in-person school for students. The most important elements of infection control cited are:

- universal masking
- hand and bathroom hygiene
- 4-6 air exchanges per hour
- 3-6 foot social distancing
- robust quarantine policies and contact tracing practices
- and, where feasible, surveillance/screening testing

As a result, we feel confident that our procedures are strong and are looking forward to seeing all our children and families in person again. Students in **kindergarten, first and second grades will return on Wednesday, January 20th**. Students in **early childhood, preschool, third, fourth and fifth grades will return on Monday, January 25th**. Students will be attending school every day. We know you have questions about safety and how the rest of the school year will look. Please know that we are committed to reducing opportunities for the COVID-19 virus to spread while still maintaining the close family/school partnership and excellent instruction that have always occurred at Southern Bluffs. We will continue to work together with you as our most valuable partner to make this a safe school year for your children.

Southern Bluffs will have **synchronous instruction Monday and Tuesday, January 11th and 12th and asynchronous instruction on Wednesday, January 13th**. In preparation for school starting on Wednesday, January 20th, we will **not have school Thursday, January 14th and Friday, January 15th**.

There is no school on Monday, January 18th in honor of Martin Luther King Day, and Tuesday, January 19th for staff development.

*Please note: students enrolled in the CRVA **will** have class on Thursday, January 14th and Friday, January 15th.*

Now that conditions have been determined to be safe for learning to take place in person, here are our current plans with respect to supporting the safety of our children and staff.

STAYING HOME

Children should stay home

- **If they or a member of their household have symptoms of COVID-19,**
- **If they or a member of their household have been tested for COVID-19 (while waiting for results), or**
- **If they have been exposed to someone who tests positive for COVID-19.**

By keeping ill children and staff away from others, we can limit the spread of the virus. (Please note that it is possible for people who do not have symptoms to spread the virus to others.) **CALL THE SCHOOL OFFICE WITH ANY ABSENCE.**

SYMPTOMS OF COVID19

- Fever or Chills
- Cough
- Shortness of Breath or Difficulty Breathing
- Fatigue
- Muscle or Body Aches
- Headache
- New loss of taste or smell
- Sore Throat
- Congestion or Runny Nose
- Nausea or Vomiting
- Diarrhea

SOCIAL AND EMOTIONAL CONSIDERATIONS

As in past years, we are committed to addressing the social and emotional needs of our children at all times but particularly during this COVID-19 period in our community. We will:

- Ensure that classroom and school spaces are safe, positive, welcoming and supportive learning environments.
- Have resources available that can help caregivers support children's mental wellness.
- Provide caregivers a confidential way to let schools know about concerns they have about their child returning to learning.

- Monitor and recognize early warning signs in children or identify children who may need support.
- Ensure the school counselor will be available to respond to emerging child needs at school.
- Ensure the school counselor will be available to support the mental health of children learning online.
- Ensure that children can access their mental health therapy services via teletherapy.

CAREGIVER/STAFF COMMUNICATION

- Caregivers are allowed in the school office only. Caregivers are not allowed to be in any other areas of the building.
- The number of caregivers in the office will be limited to **three** at one time and caregivers will be asked to follow social distancing practices.
- If a caregiver needs to pick up their child early, caregivers will be asked to wait outside until their child is in the office.
 - The caregiver should call the main office when they arrive
 - Office staff will call the parent when their child is ready.
- When a child is ill, caregivers must pick up the child within 30 minutes.
 - Symptomatic children will remain in an isolation room
 - Sick/Symptomatic children will be brought outside by staff to waiting caregivers
 - All contact information, including emergency contacts, should be updated in Skyward Family Access
- There will be no large-group evening gatherings such as concerts, family nights, until it is safe for us to do so

MASKS

- Staff must wear masks at all times in the building and out at recess. They will also wear a face shield if needing to be closer than six feet with another person.
- Caregivers must wear a mask when in the office.
- Children will be expected to wear masks in the class and out on the playground. 4K students will need to wear masks whenever outside of the 4K classroom.
- Children will be expected to wear a mask to and from home when riding the bus.
- Staff will provide two masks for every child to be used while in school.
- School-issued masks will be kept at school and washed everyday.
- If a student wishes to wear a mask from home, that is allowed as long as it is clean.

WHAT IS HAPPENING IN THE CLASSROOM

- Instructional plans for the 20-21 school year have been developed to provide instruction on missed standards from the previous school year embedded within the current school year curriculum.

- Classrooms will be set up and instruction will be designed to maximize the distance between children in accordance with social distancing guidelines.
- Breakfast and lunch will be delivered and eaten in the classrooms until it is safe to return to the cafeteria.
 - Proper disinfecting procedures will be used before and after each mealtime.
 - Breakfast and lunch for the 20-21 school year is free; however if a student brings a cold lunch and wants to buy milk, they will be charged \$0.50.
- Children should bring a water bottle with them to school as we will only have bottle fillers available to them.
- Classroom snacks will be distributed by an adult. Snacks will be placed on a paper towel/napkin or distributed in a prepared snack bag.
 - Desks will be sanitized before and after snack.
 - There will be NO homemade treats/snacks allowed.
- Children will have their own supplies and will not share a community set.
- All supplies, clothes, outerwear, etc., should be labeled with the child's name.
- There will be markings on the ground that will assist children to know where to stand at a safe distance from each other.
- There will be no field trips except walking to a nearby outdoor space. Masks must be worn and social distancing practices will be implemented on walking field trips.
- Assemblies or large group gatherings will be conducted virtually.
- Children will rarely be allowed to move about the building throughout the day. They will stay in their classrooms in order to minimize contact with children outside their classroom.
- Specialist teachers including art, music, PE, library and guidance will teach in the homeroom classrooms or outside to lessen children travelling in the building. Specialists will meet with a class for two complete 6-day cycles.
- During recess, the playground will be sectioned off and classes will stay together. Playscapes will be available but equipment will not be able to be shared yet. When it is safe to share playground equipment, we will bring it back out.
- We will provide English Language and Special Education instruction in a safe way specific to the needs of the individual children.
- Should La Crosse County require a student quarantine or isolate due to COVID-19, we will move to a temporary virtual learning environment delivered by your child's teachers using their district provided iPad.

GENERAL CLEANING OF BUILDING ENVIRONMENT

- All classrooms will have hand sanitizer available for children as they enter and leave the building/room.
- Hand sanitizer stations will also be set up throughout the building.
- Classrooms will be cleaned each evening.
- Air handlers will circulate air in learning spaces anywhere from six to 20 times an hour.

ARRIVAL AND DISMISSAL

- **Caregivers are not allowed to enter the school with their children.**
- Children can be dropped off no earlier than 8:20am. If caregivers and children arrive before 8:20am, please ask your child to wait in your car or away from the door of the building (remember to maintain a safe social distance from others).
- Families utilizing the YMCA's Surround Care should follow the expectations for drop off and pick up provided by the YMCA.
- We are encouraging families to transport their children to and from school if able, however, we know that is not always possible. Bus riders will have assigned seats, family members will sit together. We will load buses from back to front but we will still keep our PreK students in the first few seats.
 - Again, students should wear a mask while on the bus.
- Children will go straight to their classroom upon arrival and can begin entering the building when the doors unlock at 8:20am.
- Students will use different doors to enter and exit the building.
 - Door A - Main Entrance for Office business only
 - Door B - PK, Early Childhood, Special Education Students needing supports
 - Door C - Kindergarten
 - Door D - 1st Grade
 - Door E - 2nd and 3rd Grades
 - Door F - 4th and 5th Grades
- Students will be dismissed in various groups to limit contact and congregating: Surround Care, Caregiver pick-up, Walkers, By specific bus numbers based on their arrival
- Caregivers are asked to:
 - Wait in their cars along the curb
 - Keep the lane to the left of the curbside cars clear for others to pull out and leave
 - Not double park
 - Park their cars in the lot or street if they wish to meet students by the flagpole. Use the sidewalk along Sunnyside Drive to get onto campus near the flagpole.
 - Not wait for students on the sidewalk along the bus lane (socially distanced pawprints have been painted on the cement to indicate where you should stand just in case). We will have staff there to supervise and direct students to the flagpole area.
 - NOT CROSS the BUS LANE
 - Drive SLOWLY and BE PATIENT
- Caregivers will be reminded to wear masks when they pick up and drop off their child

- **Caregivers should complete the online screener with their student(s) each morning prior to leaving the home.** If a student shows signs/symptoms of illness, they will be referred to the health room and will wait in an isolation room as they wait for their caregiver to come and pick them up.

Arrival/Departure DOORS

Grade Level	Location	Door
Caregivers with Office Business/Late Arrivals	Main Door	A
Early Childhood/PreK/SPED	Bus Lane Door	B
Kindergarten	EC Playground	C
1st Grade	Playground by Bench & Tire Swing	D
2nd & 3rd Grades	Playground by Shed	E
4th & 5th Grades	Playground by Courts	F

Rest assured that we are doing all that we can to ensure the safety of your children and our staff. Please do not hesitate to contact me with any questions that you may have.

Together We Can,

Lisa Schreiner

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