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DECEMBER 2023

The Bobcat Bulletin

The newsletter of Southern Bluffs Elementary



Warm Greetings Bobcat Families,

The December weather has certainly graced us with her presence. Walking into the building in the mornings has been quite the temperature shock, so I am very thankful for our warm building and warm smiles from all our little Bobcats. December also brings about a multitude of celebrations. I hope you find the time to celebrate your family and friends and all that you share together. This month we will celebrate as a school family with our Winter Celebration on December 22nd.

As you may have noticed during the course of the school year, we have implemented a new math curriculum called enVision Mathematics throughout the district of La Crosse. This math curriculum implements the Common Core State Standards and was developed to help children see math. enVision Mathematics offers a variety of resources to help your child succeed and you can view topic and lesson support through their website links that were shared at conferences. Thank you for your patience as we navigate our new curriculum and teaching practices. Each topic, unit, and year, we will continuously improve, as will student's background knowledge. As always, please reach out to your student's teacher for support.

Over the last few weeks, we have shared a lot of experiences together: Honoring our Veterans, Flannel Bingo, and the PTO Holiday Fair Fundraiser. It has been a lot of fun to continue to get to know our students and families at Southern Bluffs. Our community is so strong and I am so thankful for the partnerships we have working together to make your child's experience fun and rewarding each day.

Go Bobcats! Magaie Maine. Principa



Important! Morning Orop Off Info

DROP OFF GENERAL RULES

- Not before 8:20 am
- Park in lot if walking student in
- Student should exit vehicle on curb side
 - Don't leave vehicle unattended
 - Don't use bus lane for drop off
- Please drive slowly and watch for children

Recently, we have had safety concerns reported regarding the following issues:

- Families are parking along the curb and getting out of their vehicle to walk their student to the door and/or engaging in long good-byes
- A "second line" is being created by parents who are dropping their children off and not exiting the vehicle
- Students are running across the parked cars that are pulling out and it becomes a safety concern

We highly encourage any family that wants to walk their children to the front door to park in the parking lot or the side street

Dates to Remember

DEC 7: ART CLUB 3:30-5:30

DEC 8: JUMP ROPE CLUB 3:30-5:00 (GR 3-5)

DEC 14: ART CLUB

BOARD GAME CLUB 3:30-5:30

DEC 16: JUMP ROPE CLUB (GR 1-2)

DEC 18: PTO MEETING 6:00 (STAFF LOUNGE)

DEC 21: ART CLUB (LAST DAY SESS. 1)

DEC 22: WINTER CELEBRATION/SING-ALONG

JUMP ROPE CLUB (GR 3-5)

WINTER BREAK: DEC. 25 - JAN. 1

JAN 2: SCHOOL RESUMES

Next PTO Meeting: Dec. 18th 6:00 Staff Lounge

DECEMBER to Remember

December 6 - Mad about Plaid (How much plaid can you wear?)

December 13 - Run, Run Rudolph (Get active & wear workout clothes)

December 20 - PT/Comty Clothes Day

December 22 - Festive Sweater Day Winter Celebration



DEC. 25 - JAN. 1



from the PTO...

Our PTO would like to send out a heartfelt "thank you" to our families and friends that participated in the Holiday Fair online auction, as well as attended our live event on December 2nd. We will be providing the total raised as well as teacher experience pictures in the next newsletter. As you know, this is our big fundraiser of the year and helps to provide field trip funding, classroom supplies and family events. It was a fun and successful event because of all of you!!





Winter Clothing: As the weather turns colder, please remember to send jackets, gloves, and hats with your student to school EVERY DAY. As the snow falls, we will request snow pants and boots to be worn at every recess time. With that being said, please LABEL all winter gear with your child's name or initials.

PE Shoes: Please remember to send gym shoes each day for your child to participate in Phy. Ed class. If your child needs a pair, please let Becky Lueck or the school office know.

STUDENTS of the Month



Maci is an amazing role model in our Preschool classroom. She enjoys helping others. She is kind and patient. She participates in our classroom activities and we know we can always count on Maci to make the right choices during her school day. Way to go, Maci!

PreK - Maci, Laszewski

Cameron is always striving to do his best work, has great problem solving skills, and is developing a growth mindset. He has developed great ways to solve friendship challenges and tries his best to be a good friend. Keep up the great work!



1st Grade - Toinyay Morton



Kindergarten - Cameron Williamson

Toinyay is a fantastic human. He is kind to everyone around him, and is always helping out, even when (he thinks) no one is watching. He's the type of person that makes the classroom better just by him being there. He should be so proud of his artwork; taking the time to sketch his ideas into beautiful pictures. He is determined to learn new skills, whether in reading, writing, or math. It has been so great to see him become a student who loves learning in first grade!

Olivia consistently does the right thing no matter what. She works hard at every subject, and always does the best she can. When she finishes her work, she often goes to help a classmate! She is kind, caring, and understanding. Olivia is also funny and open-minded. She will help anyone who needs it. Olivia is a great example of a respectful, responsible, and safe Southern Bluffs Bobcat!



3rd Grade - Layla Muri



2nd Grade - Olivia Colburn

Layla has a bubbly personality and always has a smile to share. She is a good friend and enjoys helping those around her. Layla is a hard worker and is very proud about doing well in the classroom. Keep up the good work, Layla.

Rowan is an exceptional third-grade student who embodies the values of respect, responsibility, and safety every day. His sense of humor brightens our classroom, spreading joy and laughter among his peers. His respectful demeanor and commitment to his work make him a natural choice for Student of the Month. He is a true joy to have in our class, uplifting everyone with his positive attitude and kindhearted nature.



3rd Grade - Rowan Hamilton





4th Grade - Jack Connolly

Jack is a sweet and kind student. He works hard and takes pride in doing his work well. He likes to share about things he knows and enjoys interacting with his peers. Jack is a good friend and a helper. We are glad to have him be part of Southern Bluffs.



SCHOOL DISTRICT OF LA CROSSE 2024-2025 4K Preschool Registration

New Student Online Enrollment for the 2024-25 school year will open on January 3rd, 2024

Students <u>must be 4 years old on or before September 1, 2024</u> to enroll into 4K Preschool.

4K Preschool Registration is a **2-step process**:

- 1. New Student Online Enrollment (opens January 3rd, 2024)
- 2. 4K Preschool Site Selection (opens **March 18th, 2024**). Families will receive emailed information on the site selection process after the New Student Online Enrollment (Step 1) has been completed.

Step 1— New Student Online Enrollment opens on January 3rd, 2024 to enroll your 4-year-old for the 2024-2025 school year.

Visit our 4K Preschool Enrollment page at
 https://www.lacrosseschools.org/enrollment/preschool/
 or scan the QR code and select whether you're an existing family or a new family to the district.



- **Existing Family in District:** You will log in using your Skyward family account information and click the New Student Online Enrollment on the top left.
- **New Family in District:** If you are new to the school district, follow the prompts to create an account and complete the New Student Online Enrollment process in Skyward.
- You may upload or email a picture of the student's birth certificate and your proof of address to the New Student Online Enrollment application or email to preschool@lacrossesd.org. These documents must be submitted to secure your site selection on March 18th.
- Note: If you want to participate in 4K site selection when it opens on March 18th, your student's 4K enrollment must be completed by March 1st. Applications submitted after March 18th will be processed as soon as possible.

Families are welcome to come into Hogan Administrative Center (807 East Avenue South La Crosse, Wisconsin - Monday-Friday 7:30am-3:30pm) to complete the enrollment process on a computer if needed.

4K Preschool Office preschool@lacrossesd.org 608-789-7006



YOUTH DAYS



MEN'S BASKETBALL: 01.06.24

GYMNASTICS: 01.12.24

WRESTLING: 01.18.24

Youth athletes between
Kindergarten - 8th grade, can
come to the sporting event
dates listed above wearing
their jersey/program t-shirt or
UWL camp t-shirt and get in for
free!

Any Questions? Contact: Emma - elero@uwlax.edu



MONDAY THURSDAY TUESDAY WEDNESDAY Breakfast is served with white milk. Breakfast choice #2 is always cereal. Lunch includes fruit, veggie, and choice of milk.

FRIDAY

day 4 **BREAKFAST**

#1 Pancakes

LUNCH

#1 Hamburger #2 Hot Ham & Cheese

Menu is subject to change.

day 5

BREAKFAST

#1 Pumpkin Bread LUNCH

#1 BBQ Pulled Pork Sandwich #2 Yogurt & Cheese Stick

day 6

BREAKFAST

#1 Breakfast Scramble LUNCH

#1 Wisconsin Chili #2 EZ Jammer & Cheese Stick day 1

BREAKFAST

#1 Cinnamon Roll LUNCH

#1 Cheese-Filled Breadstick #2 Yogurt & Cheese Stick

day 2

BREAKFAST

#1 Breakfast Burrito LUNCH

#1 Pepperoni Pizza #2 EZ Jammer & Cheese Stick day 3

BREAKFAST

#1 Egg & Sausage Sandwich

LUNCH

#1 Hot Dog #2 Turkey & Cheese Sub

day 4

BREAKFAST

#1 Banana Bread

LUNCH

#1 Chicken Patty Sandwich #2 Yogurt & Cheese Stick

day 5

BREAKFAST

#1 Biscuit & Sausage Gravy

LUNCH

#1 Garlic Cheese Bread #2 EZ Jammer & Cheese Stick day 6

BREAKFAST

#1 Ham & Cheese Omelet LUNCH

#1 Cheese Quesadilla #2 Yogurt & Cheese Stick day 1

BREAKFAST

#1 Muffin LUNCH

#1 Pepperoni Pizza #2 EZ Jammer & Cheese Stick day 2

BREAKFAST

#1 Pancake on a Stick

LUNCH

#1 Hot Dog #2 Hot Ham & Cheese

day 3

BREAKFAST

#1 Sausage Pizza Bagel LUNCH

#1 Chicken Nuggets #2 Yogurt & Cheese Stick day 4

8

BREAKFAST

#1 Egg & Sausage Sandwich

LUNCH

#1 Cheese Quesadilla #2 EZ Jammer & Cheese Stick day 5

19

BREAKFAST

#1 Cinnamon Roll LUNCH

#1 Cheese Omelet & Pancakes #2 Yogurt & Cheese Stick

day 6

BREAKFAST

#1 Banana Bread LUNCH

#1 Personal Cheese Pizza #2 EZ Jammer & Cheese Stick day 1

BREAKFAST

#1 Pancakes **LUNCH**

#1 Hamburger #2 Ham & Cheese Sub













HARVEST OF THE MONTH NEWSLETTER December 2023





Winter Squash is the Harvest of the Month!

Add winter squash to your favorite family meals:

- Dice, microwave or roast and add to salad, tacos, rice, or mac and cheese.
- Halve squash, roast cut side down, then add stuffing
- Puree microwaved or roasted squash for a soup or pie!

Make meals and memories together. It's a lesson kids will use for life.

- **Select** Choose squash that are heavy, firm, and have a full stem.
- Store Store in a cool, dark place for up to one month.
- Prepare Squash with thinner skin, like delicata and sweet dumpling, can be eaten without being peeled. Other winter squash, like butternut or acorn, have a hard rind that can be peeled with a vegetable peeler or sharp knife. You can peel squash before or after cooking.

Did you know?

In Aztec, Incan, Mayan, and Native American cultures, squash was grown in companionship with corn and beans. Squash, corn, and beans make up the traditional "Three Sisters".



Nutritious, Delicious, Wisconsin! #WIHarvestoftheMonth

This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. The University of Wisconsin-Madison Division of Extension is an EEO/AA institution committed to diversity among its employees and in its programs.

Recipe of the month

Roasted Butternut Squash Soup

Serves 4

Ingredients:

- 13-4 lb butternut squash
- 1 medium onion
- 1 head garlic
- · 2 Tablespoons oil
- · 1 teaspoon salt
- 1/2 teaspoon pepper
- 1 teaspoon dried sage
- 1 teaspoon dried thyme
- 3 cups cooking stock or water
- 1/2 cup milk (can sub cashew or coconut milks)

Directions:

Preheat oven to 425° and line baking sheet with parchment paper. Cut butternut squash in half and remove seeds. Remove onion skin and quarter. Cut top off garlic and drizzle all with olive oil and season with salt, pepper, sage, and thyme. Wrap garlic in foil. Arrange veggies and wrapped garlic on baking sheet. Bake for 45 minutes or until you can easily pierce flesh of squash with fork. Peel skin off squash, squeeze garlic cloves from the base. Place in blender along with some of the stock or water and blend until smooth. Pour into stock pot along with the remaining stock or water and cook on low until heated through. Stir in milk and season to taste.

Per serving: 196 calories, 7g fat, 5g protein, 30g carbohydrate, 7g fiber, 575mg sodium

Source: laxf2s.org

















