

Health & Physical Education

Mr. Jon Baudek
Supervisor
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MEMO

TO: *Parents/Guardians of First Grade Students*

FROM: Mr. Jon Baudek, Supervisor of Health and Physical Education

SCHOOL YEAR: 2017-2018

SUBJECT: *Information Concerning the School District's Human Growth and Development Curriculum*

Human Growth and Development (HG&D) is a curricular strand of objectives that is integrated across the grade levels according to student developmental level, Wisconsin Academic Standards for Health Education and Developmental Guidance, and recommended practice. The School District of La Crosse has long provided accurate, age-appropriate health education and guidance programs that include human growth and development concepts that have been well-received by students and approved by parents. HG&D Curriculum, including family life as well as HIV/AIDS Education, is taught in grades K, 1, 3, 4, 5, 6, 7, 9 or 10 and in the elective holistic health class.

A state statute requires that all public schools shall provide parents with an outline of the human growth and development curricular objectives offered to students in the district. The information provided below represents the major topics that are included at your daughter/son's grade-level. If you have any questions about this aspect of our Health Education and Guidance Curriculums, contact your child's **teacher or principal as soon as possible**. Our expectation is that all students should receive this very important curricular content. However, if you wish to exempt your daughter/son from this part of the curriculum, you are required to file a written statement to that effect with their schools principal. Parents can also obtain the entire district Health Education Curriculum for review by contacting the appropriate teacher.

- I. Major Objectives
 - A. The students will learn that all forms of life reproduce likenesses of the adult species and that plants reproduce by seeds.
 - B. The students will develop a respect for human reproduction through the use of simplified but realistic facts.

- C. The students will learn that family units may differ and each member is important and needs to belong.
 - D. Students will learn that animal life reproduces likenesses of the adult species by laying eggs or giving birth to live babies.
 - E. Recognize child abuse and determine ways to get help for self and others.
 - F. Predict what should be done when encountering strangers and determine the people in the community who can help when a stranger seems threatening.
 - G. Describe comfortable and uncomfortable touch and how to safely/smartly respond to each.
- II. Major Topics - Growth and Development
- A. Asexual and sexual reproduction (plants)
 - B. Sexual reproduction (animals)
 - C. Protective behaviors

NOTE:

Per state and federal recommended guidelines, formal HIV/AIDS education will be taught beginning in grade 4. However, all elementary teachers will be provided with HIV/AIDS information so that they can respond to students' questions or concerns as they may arise in the classroom.