

Mr. Jon Baudek
Supervisor
789-3501

MEMO

TO: *Parents/Guardians of Third Grade Students*

FROM: Mr. Jon Baudek, Supervisor of Health and Physical Education

SCHOOL YEAR: 2017-2018

SUBJECT: *Information Concerning the School District's Human Growth and Development Curriculum*

Human Growth and Development (HG&D) is a curricular strand of objectives that is integrated across the grade levels according to student developmental level, Wisconsin Academic Standards for Health Education and Developmental Guidance, and recommended practice. The School District of La Crosse has long provided accurate, age-appropriate health education and guidance programs that include human growth and development concepts that have been well-received by students and approved by parents. HG&D Curriculum, including family life as well as HIV/AIDS Education, is taught in grades K, 1, 3, 4, 5, 6, 7, 9 or 10 and in the elective holistic health class.

A state statute requires that all public schools shall provide parents with an outline of the human growth and development curricular objectives offered to students in the district. The information provided below represents the major topics that are included at your daughter/son's grade-level. If you have any questions about this aspect of our Health Education and Guidance Curriculums, contact your child's **teacher or principal as soon as possible**. Our expectation is that all students should receive this very important curricular content. However, if you wish to exempt your daughter/son from this part of the curriculum, you are required to file a written statement to that effect with their schools principal. Parents can also obtain the entire district Health Education Curriculum for review by contacting the appropriate teacher.

- I. Major Objectives
 - A. The students will learn how the digestive system breaks down nutrients and uses the energy as fuel.
 - B. Recognize positive role models.

- C. Evaluate groups to which they belong and describe a sense of being connected to others.
 - D. Accept a sense of power or control over his/her own decision-making.
 - E. Demonstrate effective techniques for building and maintaining friendships in peer as well as adult groups.
 - F. Use Effective communication/speaking skills to include assertive language, “I” statements, eye contact, nonverbal communication.
 - G. Discriminate between abusive and healthy communication in relationships.
 - H. Identify personal resources and support and an awareness of when, why, and how to get help from whom.
- II. Major Topics - Human Growth and Development
- A. Digestive System
 - B. Communication
 - C. Relationship Development
 - D. Support Resources

NOTE:

Per state and federal recommended guidelines, formal HIV/AIDS education will be taught beginning in grade 4. However, all elementary teachers will be provided with HIV/AIDS information so that they can respond to students' questions or concerns as they may arise in the classroom.