

RAU: Cov kawm qib Ob niamtxiv/cov saib xyuas menuam

LOS NTAWM: Mr. Jon Baudek, Thawj coj saib Health and Physical Education

XYOO KAWMNTAWV: 2021 - 2022 (Gr. 2)

YAM KAWM: Ntsiab Lus Hais Txog Tsev Kawmntawv Kev Kawm Txog Tibneeg Kev Loj Hlob

Lub Nroog La Crosse Cheeb Tsam Tsev kawmntawv muaj kev kawm kom meej tseeb, phim noob nyooq txog kev noj qab haus huv thiab kev qhia txog ntau yam nrog rau kev Xwmtxheej, Tus kheej kab mob nkees thiab kev noj qab nyob zoo, Dej caw, Luam yeeb, thiab lwm yam kev siv Yeeb siv Tshuaj, Tiv thaiv kev phom sij, txawj noj khoom zoo rau yus, Siv yus lub cev ua haujlwm, Lub hlwb thiab Kev Xav, thiab Tibneeg kev Loj Hlob uas tau kev raug qhuas los ntawm cov menuam kawm thiab tau kev tso cai los ntawm cov niamtxiv.

Cov kev qhia uas txog Tibneeg Kev Loj Hlob muaj qhia txog tsev neeg lub neej, qhia rau cov qib kawm K., 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, thiab hoob elective holistic health class. Lub xeev no muaj ib txoj cai hais tias txhua lub tsev kawm ntawv uas yog kawm dawb yuav tsum tau qhia cov niamtxiv saib lawv cov menuam yuav kawm txog yam dab tsi rau qhov kev kawm txog Tibneeg Kev Loj Hlob nyob rau hauv lawv lub cheeb tsam. Yog hais tias koj muaj lus noog txog tej yam kev kawm no, noog tau mus rau koj tus menuam tus naikhu lossis tus thajkhu sai li sai tau. Peb lub homphiaj yog xav kom txhua tus menuam yuav tsum kawm qhov kev kawm nov vim tseem ceeb heev. Tabsis, yog koj xav rho koj tus tub/ntxhais tawm tsis pub kawm hoob no, koj yuav tau sau ib tsab ntawv tias vim li cas mus rau lub tsev kawm ntawv tus thajkhu. Niam txiv muaj cai tau cov ntaub ntawv uas qhia txog cov hoob no coj los saib los ntawm koj hu rau tus naikhu uas yuav qhia cov hoob no.

Cov Ntsiab Kawm – Tibneeg Kev Loj Hlob

## Tseem nstiab 1

- SH1.2.5 Qhia ntau yam kom paub tiv thaiv cov kab mob uas kis yoojyim. (HBO 3)

## Tseem ntsiab 4

- SH 4.2.1 Kom paub hais tau tawm yam uas yus yuav tsum muaj, yam xav tau xwb, thiab yus kev xav uas yog los txhawb kev phoojywg nrog cov neeg loj hlob ib phaum nrog yus thiab tsevneeg kev sib raug zoo.