

1800 Lakeshore Dr
La Crosse WI 54603



(608) 789-7980
(608) 789-7175 fax

April 26, 2024

Greetings Summit Families,

I want to start with a note of gratitude to our retired teachers. For the next two weeks, several of them will help with the spring cleaning and beautification of our grounds, but the most important thing is that they teach the students how to maintain and care for a garden. These retired teachers keep giving so much to Summit, and we need to thank them and recognize their contributions to Summit.

We are nearing the end of the year. May is going to fly by, and there are many things to accomplish before we say goodbye to the 23-24 school year. The next is the Chicken Que on May 2 from 4-6pm. If you didn't buy tickets, we have a small number of walk-up tickets.

We also have several field trips in May. Please be sure to send the permission slips back to teachers so your child can participate.

The week of May 6-10 is Teacher Appreciation Week. The PTO is planning different ways to celebrate the staff. Notes of gratitude and care are always lovely. If you feel like sending one to your child's teacher or the staff, do not hesitate. At the end of the year, some staff members are moving on to other things, and we have been working hard at hiring highly qualified staff members. I am very excited about the staff joining Summit next year. Besides skilled educators, we are hiring people who are a good match for the Summit Way and want to be part of something special, not just find a job. We will start highlighting them one by one this summer on our Facebook page.

If you have any questions or concerns, please call or email me so I can help you.

**With Thanks,
Oscar Uribe
Principal**

DATES TO REMEMBER

Chicken Que
Thurs. May 2nd

PTO Meeting
Wed. May 8th

Kindergarten/1st Grade Concert
Tues. May 21st

No School
Memorial Day
Mon. May 27th

5th Grade Campout
Thurs. May 30th thru
Fri. May 31st

PE Fun Day
Tues. June 4th

Last Day of School
Weds. June 5th

Check us out—we're on
the WEB!

www.lacrosseschools.org

It is the policy of the School District of La Crosse, pursuant to s.118.13 WI Statute and P19, that no person – on the basis of sex, race, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional, or learning disability, may be denied admission to any public school in this district or be denied participation in, benefits of, or be discriminated against in any curricular, co-extra-curricular, pupil services, recreational, or other program or activities.

Classroom News



Hello Preschool Families,



Spring is finally here! We celebrated Week of the Young Child by doing something special each day of the week. For Music Monday: we made maracas. For Tasty Tuesday, we tasted guava juice and lychee fruit. For Work Together Wednesday, we spent time in our color groups and built something. For Artsy Thursday, the children created an art piece with a partner. And for Family Friday, we invited families to come join us for an hour at school. It was a great week celebrating young children. Thank you to all who were able to attend.

In addition, we created a Spring board for the spring theme. After the spring unit, we ended the month with our dinosaur unit.

Kindergarten is studying "Materials and Motion". We used a nylon parachute to move bean bags, large dice and a beach ball. Students also built ramps to move various items using the forces of pulling, pushing, and blowing. Students used kites, water squirters, balloons, and bubbles while investigating ways to create motion. In addition, the students explored with wood/paper and how it interacts with water. They also worked with a partner or small group to build a ramp indoors and find ramps outdoors in nature! As a way to be creative and help our earth, the students created an object out of recyclables to share on their special day!



Greetings 1st Grade Families,

The 1st graders have been working through place value, measuring, and shapes in math. These are all skills that your child can practice with at home. In Writing, we are preparing for our farm field trip in creating informational books. Just this last week we finished our Culture unit by creating our own totem poles. Now, we are in our Sound and Light unit to which students have become more familiar in understanding how vibrations can make sounds with hands on experiments. We are combining our social emotional learning with our outdoor education by designing nature inspired emojis. Students will be connecting through social stories that relate to them when creating their emojis. Please know the importance of reading with your child at night. While your child is reading to you incorporate conversations with them about what they have read to increase their comprehension.

Thanks! ~1st Grade Team





Second graders have been getting outside for learning as much as possible! We have been tending the garden and enjoying the warmer weather. We have been working on adding and subtracting

triple digit numbers and continue to improve our persuasive writing skills. Our ABC countdown will start soon, keep an eye out for the special days coming up in 2nd grade!

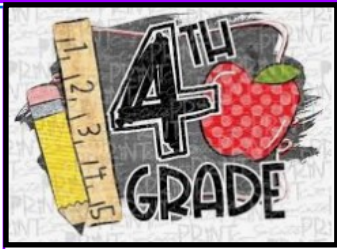


Happy April Third Grade Families!

The school year is starting to come to an end but we still have lots of learning to do! Third graders finished their very first round of state testing at the beginning of the month. We have rotated to our final sessions of Science: Structures of Life (Sparano), and Social Studies: Colonization (Welch) and the Fur Trade (Jahnke). We are wrapping up Topic 13 for math working with comparing fractions and plotting fractions on a number line. Third graders are finishing their informative writing pieces and in reading they are working on nonfiction text features and a Littlest Voyager read aloud project. We've had fun learning about ways to reduce our impact on the Earth, finding creative ways to recycle used items such as making seed paper, and learning about different plants and pollinators in the school garden.



We can't wait to see what our final full month together will look like.
Mrs. Jahnke, Mrs. Welch, & Ms. Sparano



April was busy with state testing for 4th grade. Our 4th graders worked so hard for almost 3 weeks straight to accomplish these tests, we are super proud of the hard work they put in! At the end of April we will be taking a field trip to the Hmong Cultural

Center. In preparation for this field trip we have been learning about the Hmong culture so we have some background knowledge. We also have started new reading groups. We are still plugging away at our research writing piece.



The month of April flew by here in 5th grade. Our fifth graders learned all about the world of fractions, and the art of adding, subtracting, and multiplying their fractions. Their confidence in tackling these complex mathematical concepts continues to grow every day. The fifth graders also faced the challenge of the Forward State Exam. We are super proud of their hard work and resilience throughout the testing period. Looking ahead to

May, the 5th graders will be visiting Logan Middle School, DARE gradua-



PBIS



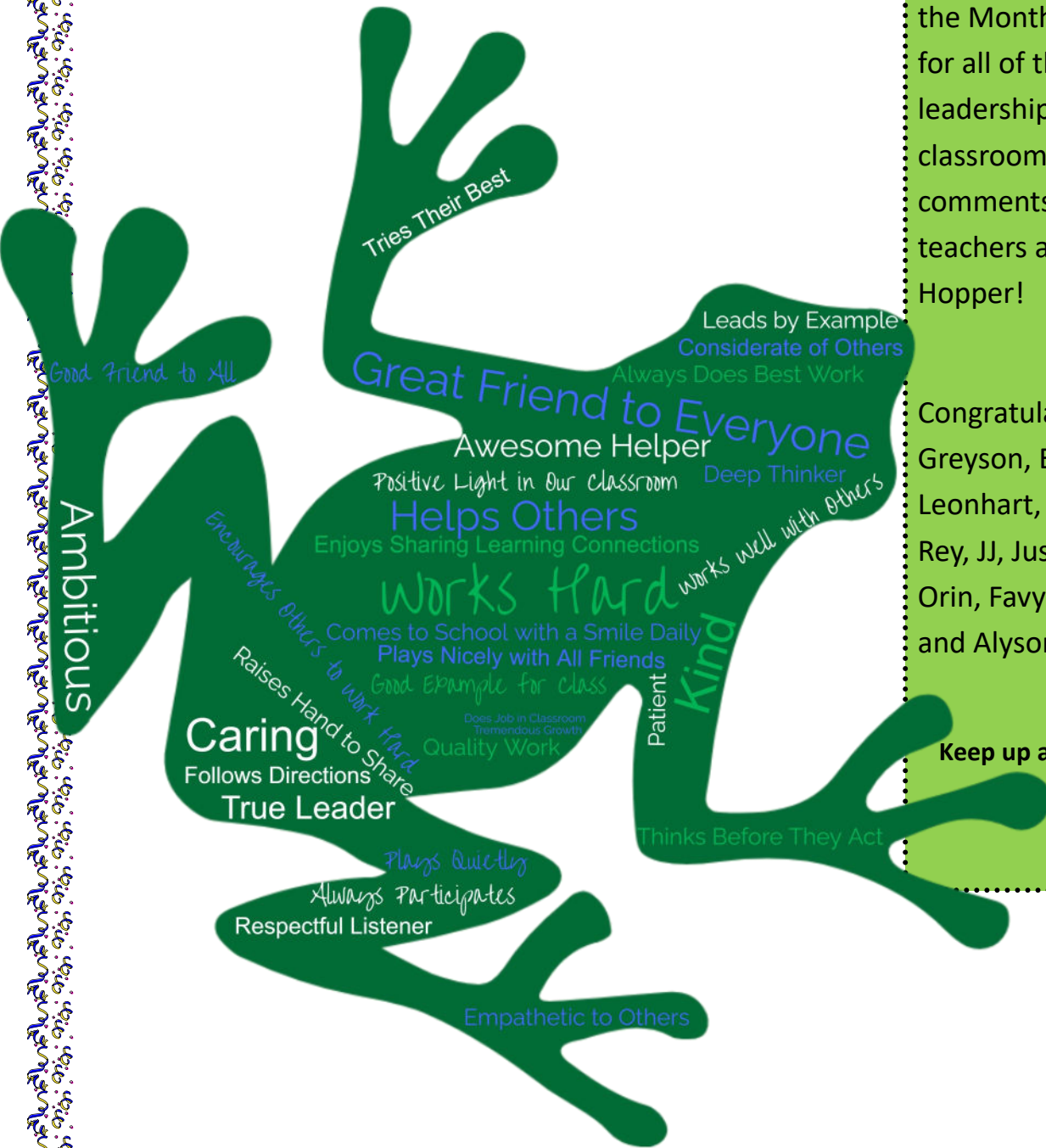
Every month our students meet to celebrate our positive behaviors. Students are drawn from the “Bucket Fillers” for prizes and fun.

Next Assembly is May 14th.

Our March Bucket Fillers of the Month were recognized for all of their hard work and leadership within their classrooms. Some common comments from their teachers are showcased on Hopper!

Congratulations to Savanna, Greyson, Elliott, Amelia, Leonhart, Bowman, Nora, Rey, JJ, Justin, April, Holden, Orin, Favyen, Ezekiel, Camryn and Alyson.

Keep up all of the hard work!!!



Welcome to Art 2023-2024



What an amazing month for Art!!

- Grades K-2 created 3 dimensional worlds, collages, and explored printmaking.
- Grades 1-2 created fortune tellers and practiced their writing skills.
- Grade 3-5 created reverse paintings using transparency sheets, as well as using magazines to create mosaic collages.
- Grades K-5 learned new techniques to create Alma Thomas inspired art using erasers to paint.



Great job to all of our Summit artists, especially to our featured artists in the YAM Art Show!



THIS MONTH IN PE

Springtime means *Fishing Time* for Summit PE!

~ Mr. O



Welcome to Music Class



This month in music students in grades 2-5 learned about traditional Hmong music this month. We learned about and watched performances of instruments and students got the chance to play an instrument called the Xim Xaus. We also learned two dances—one of which we learned using a video made by students from Logan High School.

Kindergarten and 1st grade students also got the chance to try the Xim Xaus and learn one of the dances. The students have also been working hard on their concert music throughout April! Their concert “Summertime Fun” will be on Tuesday, May 21.

ALL LIBRARY BOOKS ARE DUE BY FRIDAY, MAY 24TH



Any questions
or concerns?

email Mrs. Maxwell at
dmaxwell@lacrossesd.org

A poster for an Earth Day Celebration. It features a green globe in the background, two green pine trees on the left and right, and a green grassy field at the bottom. The text is centered and includes the event name, date, location, and a list of highlights.

JOIN US FOR SUMMIT'S
**Earth Day
Celebration**
APRIL 26TH 4-6 PM
Summit Environmental School
1800 Lakeshore Drive, La Crosse, WI 54605

OTHER HIGHLIGHTS:

- River Valley Raptors, Inc. Presentation
- Environmental Activities
- Pizza Dinner Available for Purchase
- Orchestra Concert in LMC 4:45-5:15pm
- SOLS - Solar Power Demonstration
- Smithworks Bikes
- The Blueberry Man
- Pine Tree Giveaways
- Environmental Books Giveaways

RVR
RIVER VALLEY RAPTORS, INC.
MAIN EVENT:
Raptor Show 4:30 - 5:15pm
in Cafeteria

Upcoming Announcements & Events

Missing an Item?

LOST & FOUND



Our Lost & Found bins are currently overflowing. Please stop by before or after school to check for any missing items.

Unclaimed items at the end of the month may be donated or tossed.

Be sure to stop by before/after school to claim any missing items from the Lost & Found.

Chicken Que—May 2nd

Chicken...It's what's for Dinner!

Come join us for our annual Chicken Que fundraiser catered by Pogy's. Tickets were sold earlier this month and include a half chicken, potato salad, baked beans, and dinner roll. There will be a limited amount of additional meals available for drive-up purchase..



Dinners will be available for pickup from 4-6 pm in the Summit School parking lot.

Student Council Update!

The Student Council has been working hard to make our school a welcoming and inclusive place for all. We have been busy planning fun days for our students, celebrating important days, creating bulletin boards and packing food backpacks that get sent home to some of our students.

Check out our most recent bulletin board by the gym when you come to Summit for our Earth Day Celebration!



Yearbooks!

Thank you to our generous PTO for offering to purchase yearbooks for all of our Summit Environmental students.

Yearbooks have arrived and were sent home with your child(ren) last week.



SCHOOL DISTRICT OF
LA CROSSE



PLAYGROUP



Summit Elementary

1800 Lakeshore Drive

About the Program

The playgroup is open to children with or without a disability who are age 3 and 4 who are not yet eligible for 4K. Our program will provide opportunities for your child to learn and grow their skills through developmentally appropriate, play-based activities.

Focus on: *social-emotional learning *independence/self-help skills and *strengthening our motor skills

Playgroup Info

where: Summit Elementary

when: M/W or T/TH
from 9:00-10:30

cost: FREE

transportation: NOT PROVIDED - parents are responsible for transportation to/from playgroup

Contact Info

Teacher: Lindsey Fox

✉️ lfox@lacrossesd.org

☎️ 608-789-8833

Sign up by scanning the QR code below. Enrollment is dependent on availability



Double-Click Page to Access Links



SCHOOL DISTRICT OF LA CROSSE 2024-2025 4K Preschool Registration

****New Student Online Enrollment for the 2024-25 school year
will open on January 3rd, 2024****

Students **must be 4 years old on or before September 1, 2024** to enroll into 4K Preschool.

4K Preschool Registration is a **2-step process**:

1. New Student Online Enrollment (opens **January 3rd, 2024**)
2. 4K Preschool Site Selection (opens **March 18th, 2024**). Families will receive emailed information on the site selection process after the New Student Online Enrollment (Step 1) has been completed.

Step 1— New Student Online Enrollment opens on January 3rd, 2024 to enroll your 4-year-old for the 2024-2025 school year.



- Visit our 4K Preschool Enrollment page at <https://www.lacrosseschools.org/enrollment/preschool/> or scan the QR code and select whether you're an existing family or a new family to the district.
 - **Existing Family in District:** You will log in using your Skyward family account information and click the New Student Online Enrollment on the top left.
 - **New Family in District:** If you are new to the school district, follow the prompts to create an account and complete the New Student Online Enrollment process in Skyward.
- You may upload or email a picture of the student's birth certificate and your proof of address to the New Student Online Enrollment application or email to preschool@lacrossesd.org. These documents must be submitted to secure your site selection on March 18th.
- **Note: If you want to participate in 4K site selection when it opens on March 18th, your student's 4K enrollment must be completed by March 1st. Applications submitted after March 18th will be processed as soon as possible.**

Families are welcome to come into Hogan Administrative Center (807 East Avenue South La Crosse, Wisconsin - Monday-Friday 7:30am-3:30pm) to complete the enrollment process on a computer if needed.

4K Preschool Office
preschool@lacrossesd.org
608-789-7006



NEXT MEETING: May 7th, 6 p.m. in person at the school.

Missed a meeting?

View PTO news And meeting notes on the Summit School



Need to

CONTACT US

contact the PTO?

Jessica McGough - President

jess8neal@aol.com

Laura Steigerwald - Vice President

ljstokes06@gmail.com

Adriane Melby - Treasurer

SummitElementaryPTOWI@gmail.com

Michelle Powell - Secretary

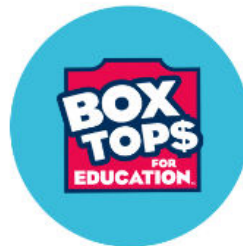
mipowell@lacrossesd.org

District Wide Rep - Open

BOX TOPS

Summit Students benefit from Box Tops, download the app and scan your receipt. Then select Summit Elemen-

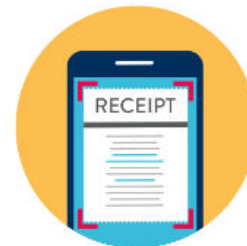
HOW IT WORKS



BUY

BOX TOPS PRODUCTS

Look for the logo. You can find it on hundreds of products you know and love.



SCAN

YOUR RECEIPT

No more clipping. Tap the scan button and snap a photo of your receipt within 14 days of purchase.



EARN

CASH FOR YOUR SCHOOL

It's that easy! Box Tops earnings are identified and automatically updated online.



Join us on Facebook for Updates

Summit Environmental PTO



WALK & ROLL TO SCHOOL DAY

Bike Bus from the south end of Caroline St to Summit

Meet us at any of the intersections at the times listed below and ride your bike with us to school.

Intersecting Road	Time	Distance Between Stops	Distance to Summit
Washburn/Clinton	7:30a	0.00 miles	0.90 miles
William St	7:31a	0.10 miles	0.80 miles
Dorn St	7:32a	0.10 miles	0.70 miles
Goddard St	7:33a	0.08 miles	0.62 miles
Alley by Dave's Sheet Metal	7:35a	0.15 miles	0.47 miles
Elm St	7:36a	0.08 miles	0.39 miles
Tellin Ct	7:38a	0.25 miles	0.14 miles
Summit Environmental	7:40a	0.14 miles	0.00 miles
	Total	0.90 miles	

Bike Bus from the north end of Lakeshore Dr to Summit

Meet us at any of the intersections at the times listed below and ride your bike with us to school.

Intersecting Road	Time	Distance Between Stops	Distance to Summit
Hanson Rd	7:20a	0.00 miles	2.41 miles
Kime St	7:21a	0.05 miles	2.36 miles
Lancaster St	7:23a	0.20 miles	2.16 miles
Breezy Point Rd	7:25a	0.25 miles	1.91 miles
Richmond St	7:27a	0.22 miles	1.69 miles
Lakeview Dr	7:29a	0.15 miles	1.54 miles
Spillway Dr	7:31a	0.24 miles	1.30 miles
Plainview Rd	7:32a	0.05 miles	1.25 miles
Fanta Reed Rd	7:34a	0.25 miles	1.00 miles
Callaway Blvd	7:36a	0.20 miles	0.80 miles
Church Dr	7:40a	0.40 miles	0.40 miles
Hinkley Rd (Turn here to Aiken Rd)	7:42a	0.20 miles	0.20 miles
Summit Environmental	7:45a	0.20 miles	0.00 miles
	Total	2.41 miles	

WELCOME

Spring

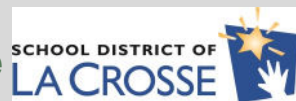
Cold weather is STILL here!

Be sure to send warm outdoor gear with your child each day!



VIRTUAL BACK PACK

This is where you can find out about different events, programs, and opportunities for your child(ren) in the community.

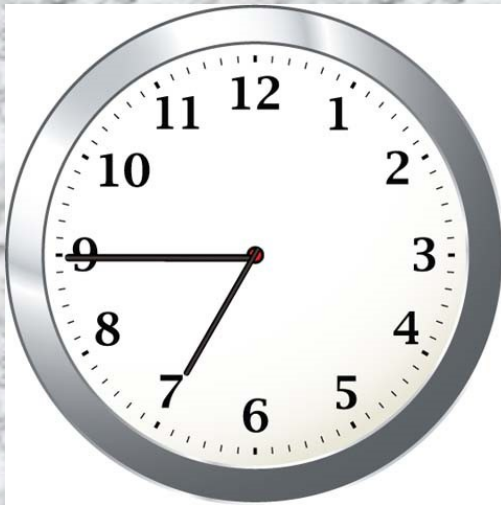


<https://www.lacrosseschools.org/parents/virtual-backpack/>



Parents need extra support? Call The Parenting Place at 608-784-8125 weekdays from 10-4:00 PM! A Parent Educator will answer your call – listen, support and provide suggestions to parents as well as share up-coming free classes, workshops, and schedule one-one-one opportunities. Give us a call!

**School Doors open at
7:45 a.m.**



**Please do not drop your
student off before 7:45 a.m.
as there is no supervision
until that time.**

DONATE GENTLY USED CLOTHING TO OUR HEALTH ROOM!

Our Summit Health room is looking for gently used clothing to use for students. These items are used for accidents, spills, and other needs for students.

ITEMS OF NEED:

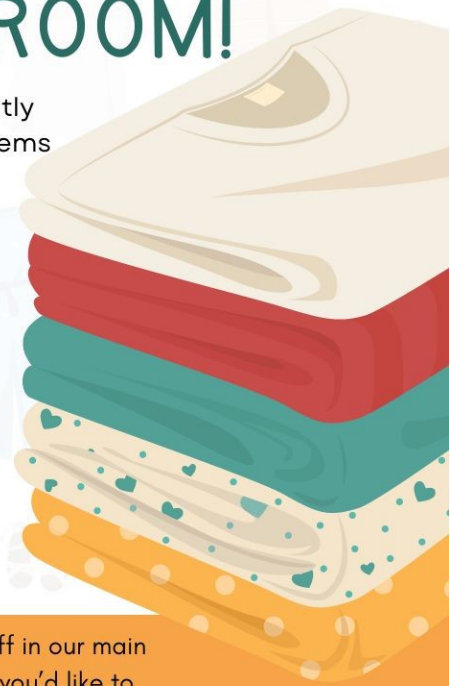
BOYS:

**SIZE 7/8 SHIRTS, PANTS
SIZE 4/6 PANTS**

GIRLS:

**SIZE 7/8 SHIRTS
SIZE 10/12 SHIRTS
4T UNDERWEAR* (NOT USED PLEASE)**

Clothing can be donated by dropping off in our main office. Please let the office staff know you'd like to donate gently used items.



Parents Health Guide



STUDENT HEALTH GUIDELINES

When should your child stay home because of illness?

FEVER: greater than 100 degrees.

VOMITING: return 24 hours after vomiting

DIARRHEA: return 24 hours after diarrhea

RASH: rash that is open and draining or a rash with a fever

STREP THROAT, IMPETIGO: return after 24 hours of treatment with antibiotic

SCABIES, RINGWORM: must be treated before returning to school

CHICKEN POX: child may return to school 5-7 days after onset of rash, with all sores dry and scabbed over

Please notify your child's school if your child is absent due to illness or injury.

If your child has a serious illness or injury that affects school participation, please notify your school principal or school nurse so a plan can be implemented to meet your child's needs.



Back2School

Need Help with School Supplies?

All needing help with receiving some free school supplies are welcome to participate in the Back2School Program. **Begin by filling out an online application at www.cclse.org.** If you need assistance with filling out the application, please call Catholic Charities at 608-782-0710, M-TH, between 9 am and 4 pm. The front desk volunteers will be available to assist you.

There will be four Back2School events where families can pick up supplies. Please choose your pick up location when you fill out your application.

Back2School Pick Up Locations, Dates, & Times

- Erickson BGC (*Northside students only) – July 9: 5 pm – 7 pm – 1331 Clinton Street, La Crosse
- La Crosse Center – August 6: 1 pm – 6 pm – Arena Floor
- La Crosse Center – August 7: 8 am – 12 pm – Arena Floor
- Mathy BGC – August 20: 5 pm – 7 pm – 811 8th Street South, La Crosse

*Please note – the event held on July 9th at the Erickson – Boys and Girls Club will only be for students who attend Northside Elementary.

- Immunizations for all school aged children without insurance or with BadgerCare will be available at no additional charge during each of the Back2School Fairs.
- Dental screening, teeth cleaning, fluoride varnish, and sealants will be offered at no charge to all school aged children during each of the Back2School Fairs.
- Information and sign-up/scheduling for lead testing and other free services offered through La Crosse County will be available as well.

Please understand our Back2School supply program is a supplemental program. We will do our best to make sure basic requests are met. If your family does not need help with Back2School supplies, but would like to assist fellow students that do, please join us by donating backpacks, school supplies or school clothing. Learn how you can join the efforts by calling one of the collaborators listed below or visiting www.cclse.org. Thanks!



FUNDRAISING

WITH THE LA CROSSE LOGGERS

SUMMIT ELEMENTARY

Friday, May 31
Game Time: 6:35 PM | Gates Open: 5:30 PM
Rochester Honkers vs. La Crosse Loggers

PROMO CODE: SUMMITLAX

TICKET OPTIONS

\$ 12 TICKET
\$6 BACK TO ORGANIZATION

\$ 18 TICKET
\$9 BACK TO ORGANIZATION
LOGGERS PROMO HAT WITH EACH TICKET

ORDER YOUR TICKETS



- 1) Go to LaCrosseLoggers.com
- 2) Click on the "Tickets" drop down & click "Buy Tickets Now"
- 3) Type "SUMMITLAX" in the promo column & click "Find Tickets"
- 4) Select your desired seats
- 5) Using the drop down, select if you would like a hat or not with the ticket. The default will be hat included.
- 6) Continue with checkout as normal, tickets will be emailed as a PDF

LA CROSSE LOGGERS TICKET OFFICE
LaCrosseLoggers.com | 608-796-9553 | tickets@lacrosseloggers.com
1225 Caledonia Street, La Crosse, WI 54603

KIDS FISHING DAY

Join the U.S. Fish and Wildlife Service and the Friends of the Upper Mississippi for a day of fishing fun!

Saturday, May 18, 2024
8:30 am – 12:00 pm
*8:30-9:00 Registration

Genoa National Fish Hatchery
S5631 State Hwy 35
Genoa, WI 54632

Ages 5-12 years old

Poles & bait will be supplied



PARENTING TIPS podcast

A podcast series to help parents of young or school aged children - From Child and Family Therapist, Jeff Reiland, MS.

EACH PODCAST IS FILLED WITH INFORMATION ABOUT:

- Why parenting well is so important for the physical and mental health of your child.
- What tools you can use to create the best possible relationship with your child.
- What the science of child development and parent-child relationships tell us works... and what does not work.
- Suggestions for what you can do - starting today - to become a more effective parent and have happier and healthier children.



SCAN THE QR CODE

to access the parenting tips website. <https://bit.ly/30J56jr>, or Search Spotify & Youtube - Find under the Podcast category using keywords Jeff Reiland or Gundersen Health.



FOR MORE INFORMATION
email: Erica_Rasmussen@fws.gov
or call: (608)689-2605



GUNDERSEN HEALTH SYSTEM.



Radishes are The Harvest of the Month!

Add radishes to your favorite family meals:

- Add cubed daikon radish to a pot roast or a pan of roasted vegetables.
- Sprinkle sliced fresh radish on soup, stew, or posole.
- Eat raw radishes with plain yogurt or ricotta cheese dip.

Make meals and memories together. It's a lesson kids will use for life.

Select – Choose smooth, brightly colored radishes.

Store – Remove tops before storing. Refrigerate radishes in a plastic bag and use within 1 week.

Prepare – Rinse under cool running water.

Did you know?

Not all radishes are red. Radishes come in different sizes, shapes, colors, and flavors. Next time you are at the grocery store try a new type of radish like Watermelon, Black Spanish, or Daikon.



Nutritious, Delicious, Wisconsin!
#WIHarvestoftheMonth

Check out
the video



This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. The University of Wisconsin-Madison Division of Extension is an EEO/AA institution committed to diversity among its employees and in its programs. Funding for this publication was made possible by the U.S. Department of Agriculture's (USDA) Agricultural Marketing Service through grant AM200100XXXXG060. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the USDA.

Recipe of the month

Quick Pickled Daikon Radish and Carrots

Serves 6

Ingredients:

- 1 cup daikon radish, scrubbed with clean vegetable brush under running water, peeled and julienned
- 1 cup carrots, scrubbed with clean vegetable brush under running water, peeled and julienned
- ½ cup apple cider vinegar
- ½ cup water
- 2 Tablespoons sugar
- ½ teaspoon salt

Directions:

Wash hands with soap and water. Pack julienned radish and carrots in clean canning jars or a glass container with a tight-fitting lid. In a medium saucepan, combine vinegar, water, sugar, and salt. Bring to a boil. Carefully pour the liquid into the jars, completely covering the vegetables. Close jars tightly and transfer to the refrigerator. Refrigerate overnight before serving. Drain before serving. Serve with sandwiches, rice bowls, wraps, or tacos. Store leftovers in a sealed jar or container in the refrigerator for up to four days.

Per serving: 30 calories, 0g fat, 0g protein, 8g carbohydrate, 1g fiber, 220 mg sodium

Source: laxf2s.org



LA CROSSE COUNTY
Health Department
Nationally Accredited



MAYO CLINIC
HEALTH SYSTEM



GUNDERSEN
HEALTH SYSTEM®



FOOD WISE
Healthy, Smart, Healthy Kids

LEARN



Watermelon

facts

- Spanish translation: *El rábano* • Hmong translation: *Zaub ntug hauv paus*
- Radishes originated in China thousands of years ago. They were also an important food of ancient Egypt, Greece, and Rome.
- Radishes are a type of root vegetable. "Radish" comes from the Latin word "radix" meaning "root."
- The most well-known variety of radish is the Red Globe. This radish is small (1-4 inches) and has red and white coloring. It is commonly eaten whole or sliced on salads. Other varieties of radishes grown in the United States include Daikon, Watermelon or Beauty Heart, Black Spanish, and French Breakfast.
- Winter radishes, like Black Spanish, are planted in mid to late summer and grow to be much bigger than spring radishes. They store well into the winter.

Black Spanish



EAT



nutrition & seasonality

- **Key nutrients:**
 - Vitamin C - Helps wounds heal, is important for the immune system, and is an antioxidant, which protects our cells from damage.
 - Potassium - Helps maintain normal blood pressure.
 - Fiber - Keeps digestion running smoothly.
- Fresh, small, red radishes grown in Wisconsin are available from May through June.



French Breakfast

TASTE



Nutritious,
Delicious,
Wisconsin!

taste testing

Have kids try a few new varieties of radishes, like Black Spanish, Watermelon/Beauty Heart, or Daikon. Before you cut the radish, ask kids to predict the color of the inside of the radish. Cut each of the radishes in half. Were the predictions correct? Slice a piece of radish for each child to try. Encourage kids to use their five senses to observe, smell, feel, listen, and taste the radishes. Are some spicier than others? Is there a class favorite?



ACTIVITY GUIDE • RADISH

FUN



activity: Dirt Made My Lunch

Objective: Kids will learn the connection between soil and food.

Supplies: Photos or drawings that illustrate how common cheeseburger ingredients can be traced back to the soil (see procedure below for a full list).

Procedure: Discuss the importance of soil with a series of questions: Could we have plants without dirt? Could we have food without plants? Could we have food without dirt?

Draw columns on a display board for several cheeseburger ingredients and place the appropriate image at the top of the column (bun, burger, cheese, pickle, tomato, and avocado). Then, taking one cheeseburger ingredient at a time, challenge the class to trace each ingredient back to the soil. Hand out images for students to post on the display board as you connect each ingredient to the soil. For example, the cheese pictures would include cheese, milk, cow, grass, and soil. For a pickle, use a picture of a pickle at the top of the column then a bottle of vinegar, cucumber, a cucumber plant, a dill plant, and soil. Here's an example of the chart:



Bun	Burger	Cheese	Pickle	Tomato	Avocado
Flour	Beef	Milk	Vinegar	Tomato Plant	Avocado Tree
Wheat	Soil	Cow	Cucumber	Soil	Soil
Soil	Grass	Grass	Cucumber Plant		
	Soil	Soil	Dill Plant		
			Soil		

This activity can be done in multiple settings: classroom, outdoors, garden, or virtual.

Tips for adapting to virtual learning: Share a video of the Banana Slug String Band singing "Dirt Made My Lunch" <https://youtu.be/MwgP2gCzSC4>.

Share pictures and engage with the Wisconsin Harvest of the Month community by using #WIHarvestoftheMonth on social media.

READ



books

- *Growing Vegetable Soup* by Lois Ehlert
- *Tops and Bottoms* by Janet Stevens
- *The Vegetables We Eat* by Gail Gibbons

— Activity adapted from:
Got Veggies?
A Youth Garden-Based Nutrition Education Curriculum

GARDEN CONNECTION




planting

Radishes are a great vegetable to use when learning the basics of gardening. Radish seeds germinate quickly, grow fast, and are ready to eat in just over three weeks! Plant spring radishes in early spring. Sow seeds $\frac{1}{4}$ to $\frac{1}{2}$ inch deep and $\frac{1}{2}$ to 1 inch apart. Make sure to keep the soil moist.

harvesting

Harvest radishes as soon as they are a usable size, about 1 inch. Pull radishes from the soil. You can eat the greens too!

May 2024

MON	TUE	WED	THU	FRI
 day 4 BREAKFAST #1 French Toast LUNCH #1 Orange Chicken #2 Yogurt	  day 5 BREAKFAST #1 Chicken Patty on a Biscuit LUNCH #1 Cheese Quesadilla #2 EZ Jammer & Cheese Stick	day 1 BREAKFAST #1 Egg, Bacon & Cheese Sandwich LUNCH #1 Cheese Omelet & Pancakes #2 Yogurt	day 2 BREAKFAST #1 Muffin LUNCH #1 Sausage Pizza #2 EZ Jammer & Cheese Stick	day 3 BREAKFAST #1 Breakfast Pizza LUNCH #1 Rib E Que #2 Yogurt
day 3 BREAKFAST #1 Mini Bagels w. Cream Cheese LUNCH #1 Chicken Patty on a Bun #2 Yogurt	day 4 BREAKFAST #1 Waffles LUNCH #1 Chicken Nuggets #2 EZ Jammer & Cheese Stick	day 6 BREAKFAST #1 Banana Bread LUNCH #1 Lasagna Roll-Up #2 Yogurt	day 1 BREAKFAST #1 Muffin LUNCH #1 Garlic Cheese Bread #2 EZ Jammer & Cheese Stick	day 2 BREAKFAST #1 Cini Mini LUNCH #1 Chef's Choice #2 Yogurt
day 2 BREAKFAST #1 French Toast LUNCH #1 Orange Chicken #2 Yogurt	day 3 BREAKFAST #1 Chicken Patty on a Biscuit LUNCH #1 Walking Taco #2 EZ Jammer & Cheese Stick	day 5 BREAKFAST #1 Egg & Cheese Sandwich LUNCH #1 BBQ Pork Sandwich #2 Yogurt	day 6 BREAKFAST #1 Muffin LUNCH #1 Personal Cheese Pizza #2 EZ Jammer & Cheese Stick	day 1 BREAKFAST #1 Breakfast Pizza LUNCH #1 Chef's Choice #2 Yogurt
NO SCHOOL!	day 1 BREAKFAST #1 Waffle LUNCH #1 Pork Street Taco #2 EZ Jammer & Cheese Stick	day 4 BREAKFAST #1 Banana Bread LUNCH #1 Breaded Ravioli #2 Yogurt	day 3 BREAKFAST #1 Muffin LUNCH #1 Cheese Pizza Wedge #2 EZ Jammer & Cheese Stick	day 6 BREAKFAST #1 Cini Mini LUNCH #1 Chef's Choice #2 Yogurt
day 5 BREAKFAST #1 Chef's Choice LUNCH #1 & #2 Chef's Choice	day 6 BREAKFAST #1 Chef's Choice LUNCH #1 & #2 Chef's Choice	day 2 BREAKFAST #1 Egg & Cheese Sandwich LUNCH #1 Meatball Sub #2 Yogurt	day 4 BREAKFAST #1 Muffin LUNCH #1 Pepperoni Pizza #2 EZ Jammer & Cheese Stick	day 3 BREAKFAST #1 Breakfast Pizza LUNCH #1 Chef's Choice #2 Yogurt



Breakfast is served with white milk.
 Breakfast choice #2 is cereal.
 Lunch includes fruit, veggie, and choice of milk.