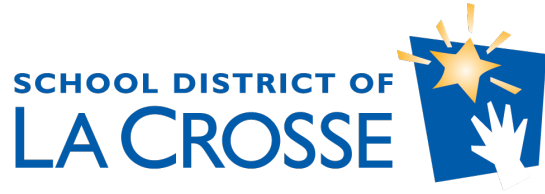


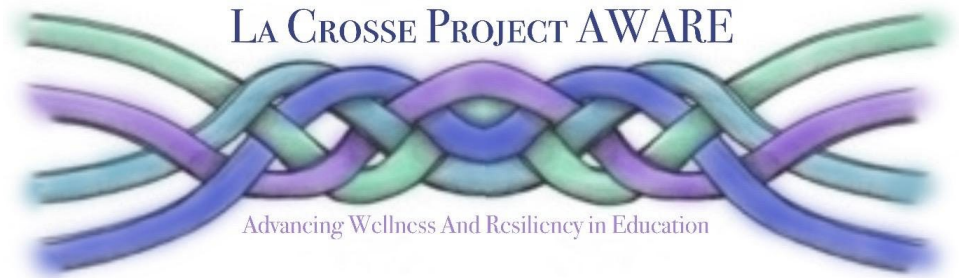
Whole Child Framework



Project AWARE

Project AWARE Goals:

1. Increase the capacity for schools to respond to onsite mental health crises.
2. Increase youth and family voice and authentic engagement.
3. Improve cross-system collaboration to improve mental health supports.
4. Increase access to & engagement of mental health wellness treatment resources for children & youth.



Prevention



An ounce of prevention is worth a pound of cure.

- Benjamin Franklin

PBIS Framework

Universal (All Students)

1. Establish clear expectations and routines for the school.
2. Teach students the expectations and routines to fluency.
3. Positively reinforce and acknowledge expected behaviors (4:1)
4. Use effective methods for correcting unexpected behaviors.
5. Use data to inform decision-making

Selected and Targeted Interventions

1. Check-In/Check-out (CICO)
2. Social Academic Instruction Groups
3. Individualized CICO
4. Mentoring
5. Academic Seminar
6. Brief Functional Behavior Assessment (FBA)
7. Complex FBA
8. Wraparound



Social Emotional Learning (SEL) Framework

Regular classroom-based instruction in SEL competencies

- Self-Awareness
- Self-Management
- Social Awareness
- Responsible Decision Making
- Relationships

Evaluation of SEL Skill Development



Mental Health Screening: Pilot at Longfellow

Currently in the works...

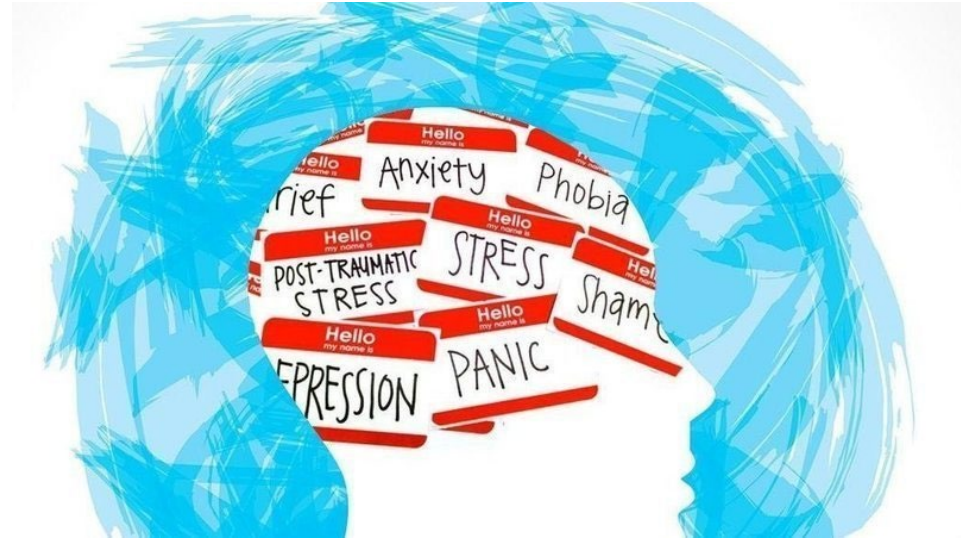
Strengths and Difficulties Questionnaire

Fall and Spring Administration

Parent Consent

Qualtrics Survey

School and Community Response



School Supports



School-Based Student Services: Counselors and Social Workers

SCHOOL COUNSELORS

Direct Services to Students:

1. Supporting SEL instruction
2. Responsive Services-individual/small group counseling
3. Crisis Response
4. Individual Student Planning-addressing specific needs
5. Academic and Career Planning

Indirect Services: Staff, Parents, Community Agencies

1. Consultation with community and school district specialists
2. Collaboration with parents and co-workers
3. Referrals to community agencies for additional support

Recommended Ratios 1 to 250 students

Elementary Ratio: 1 to 297*

Middle: 1 to 199

High: 1 to 271

***Elementary ratio includes dual role counselors/SW**

SCHOOL SOCIAL WORKERS

School social work services focus on students who are struggling in school due to barriers to learning that may exist within the students and their environments.

- *Home-School-Community Liaison: understanding of systems to help engage families
- *Develop and maintain collaborative relationships with community partners
- *Home visits and truancy intervention
- *Direct Services with students (individual and group)
- *Advocacy for students, parents/guardians, and families
- *Support safety, social-emotional interventions, academic achievement, attendance

Recommended Ratio: 1 to 400 students

Current Ratio (Secondary): 1:387*

***includes 2 new Community Social Workers**

School-Based Student Services: Psychologists and Nurses

SCHOOL PSYCHOLOGISTS

1. Special Education Assessment and Support of Coordination of special education services
2. Direct student counseling support
3. Participation in wrap around supports with community based teams
4. Collaboration and Consultation with school staff in supporting students with barriers to learning
5. Data analysis and data based decision making at student and system level
6. Planning and implementation of prevention activities/early intervention

Recommended Ratio: 1 to 600 students
Current Ratio (PK-12): 1:722

SCHOOL NURSES

School nurses play a crucial role in the seamless provision of comprehensive student services and health services to aid in the educational success of all students. This includes mental health.

1. Oversight and implementation of all school based health services
2. Preventative programming to promote overall health
3. Coordination with community based health providers and county health department
4. Screening of student health needs, vision, hearing, etc
5. Development and Implementation of School Health Plans

Recommended Ratio: 1 to 750 students
Current Ratio (PK-12): 1:1023

***added 1 nurse in 2020-21 to assist with pandemic response**

Community Social Workers

- 50% School/50% County
- Wraparound Facilitators
 - CCS Approved
 - Co-Funded by district and county
- System Navigators



Peer Parent Support Specialist

A Certified Parent Peer Specialist combines knowledge gained from parenting children and youth with social, emotional, behavioral, mental health and/or substance use challenges and training to increase their skills to support other parents or those in a parenting role.



Community Supports



Handle with Care

- 7 Rivers Region Partnership
- Schools and Police Departments
- Local ERs and SD La Crosse
- One way communication from partners to schools to inform them of students who may have been trauma exposed
- School principal and counselor/social worker notification
- Teacher suggestions for supporting the student



GUNDERSEN
HEALTH SYSTEM®

MAYO CLINIC
HEALTH SYSTEM

Mental Health Liaisons

- Volunteer community mental health providers assigned to each school.
- ~1 hour per month
 - School mental health consultation
 - Staff development
 - Conference night parent consultations
- Serve on District Mental Health Advisory Committee

Elementary School Mental Health Liaisons

Emerson - Amanda Burrows, Innovative Services

Hintgen - Jay Clark, Peace of Mind

Hamilton - Jeff Reiland, Gundersen Lutheran

Summit - Open

Southern Bluffs - Nancy Miller, Expanding Hope Counseling

Northwoods - Open

Northside - Rob Dixon, Coulee Psychological Services

Spence - Nicole Milliren, Peace of Mind

State Road - Open

Secondary Schools Mental Health Liaisons

Logan MS - Janice Schreier, Mayo

Lincoln MS - Karla Fennie, Peace of Mind

Longfellow MS - Jay Clark, Peace of Mind

Logan HS - Sarah Johnson, The Joy Labs

Central HS - Sarah Johnson, The Joy Labs

Polytechnic - Rob Dixon, Coulee Psychological Services

Student and Family Assistance Program

- Partnership with Gundersen Health System
- One full-time provider for elementary schools and one full-time provider for secondary schools.
 - School-Based Direct Care Services Development/Coaching
 - Parent Education/Outreach/Consultation
 - Short-term Early Intervention Services for Students



Community Mental Health Providers

- On-site Community Mental Health Program
- ~55 approved community mental-health providers
- District provides space in schools for therapeutic services
- Parent/guardian consent
- Care coordination with counselors and social workers
- LPEF Kids for Kids Grant Support - up to \$500/year to pay for community mental health supports.



Mental Health Framework Action Planning

FOCUS QUESTIONS

1. How do we determine the mental health needs of our students?
2. How do we make sure students who have needs find the right support?
3. How to build our support systems so they are capable of supporting expanded needs due to COVID?

PROPOSED ACTION

1. Screening/Identification/Needs
 - Meeting with counselors/SWs
 - Capacity to respond
 - Roles/responsibilities/barriers
 - Student compression planning
 - Expanding mental health screening
2. Referral Pathways/Strategies
 - Staff education on mental health literacy and helping students find support (referral pathway)
 - Explore Teen Mental Health First Aid (develop peer navigators)
3. Expanding Services/Capacity
 - Expanding on-site mental health access, SFAP overload support